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The **Voice** Winkler Morden

VOLUME 8 EDITION 4

THURSDAY,
 JANUARY 26, 2017

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Disaster ready

By Ashleigh Viveiros

Talk about good timing. Just a day after the Southern Emergency Response Committee purchased 30 new cots to add to its growing arsenal of emergency supplies, nearly half of them were needed to help the Boundary Trails Health Centre weather the mid-December blizzard that stranded staff at the hospital.

Situations like that are exactly why SERC has about 100 cots on hand, says residential shelter manager Ron Vanderwees, who notes this latest batch was purchased thanks to a \$3,000 grant from the Winkler Community Foundation.

Vanderwees was at the Winkler Fire Hall last week to show off the cots and highlight how they'll be used in future emergency situations.

"The thing is, you never know what you're going to come across," he says. "It could be flood relief, it could be a snow storm comes over the valley."

"We had an incident a number of years back ... where the Winkler Flyers were playing and there were lots of people in from out of town and a storm descended on the area," Vanderwees recalls.

Fortunately, the poor road conditions eased just as the game ended and spectators were able to safely leave town, but had that not been the case there would have been hun-



SERC residential shelter manager Ron Vanderwees with the 30 cots the regional emergency organization purchased last month.

dreds of people needing a place to spend the night. "It would have overwhelmed the hotels," says Vanderwees. "We would have had to open the emergency reception centre."

SERC has plans in place to set up emergency recep-

tion centres in the community halls at the Winkler Recreation Complex and the Morden Access Event Centre.

Continued on page 2

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Morden student up for prestigious national award

By Lorne Stelmach

A Morden student has earned a shot at a prestigious national scholarship.

Finley Wheeler is among 84 national finalists for a Loran Scholarship which could potentially earn the Morden Collegiate Gr. 12 student an award valued at \$100,000.

Even if he doesn't land that big prize, the process that earned him a trip to Toronto for the final selection process Feb. 3-4 has already been a beneficial experience.

"Overall, I think it will really help me going forward ... getting experience with interviews is going to help me in the future," said Wheeler, who plans to study engineering in university. "I feel like it's been good to get some recognition for my hard

work, but also it feels very special to represent our community ... our school in this way."

Founded in 1988 and formerly known as the Canadian Merit Scholarship Foundation National Awards, the scholarship program is now run by the Loran Scholars Foundation.

The charitable organization had a team of 350 volunteers assess over 4,438 applications from across Canada for the qualities of service, leadership, and character.

From there, 398 students were invited for interviews that eventually narrowed the field down to 84 finalists for

the national selections next month.

The award includes a \$10,000 annual stipend for four years, tuition waivers from any one of 25 partner universities, mentorship, funding for summer internships, annual retreats, and a

"IT FEELS VERY SPECIAL TO REPRESENT OUR COMMUNITY ... OUR SCHOOL IN THIS WAY."



Morden Collegiate senior Finley Wheeler is in consideration for a \$100,000 Loran Scholarship.

PHOTO BY LORNE STELMACH/VOICE

week-long orientation expedition in Algonquin Park. As well, finalists not selected as Loran scholars are still eligible to receive a \$3,000 finalist award.

For Wheeler, the process started

with an in-depth online application followed by a trip to the University of Manitoba for the regional interviews.

Continued on page 5

Preparing for emergencies big and small

From Pg. 1

They've run through setting up those centres in mock disaster exercises but, to date, have never had to get them up and running in a real emergency.

"To this point, no. But part of SERC's responsibility is to be prepared for these kinds of events when they happen," Vanderwees explains. "So that when we're called out we're organized, we know exactly what to do, we know where to set up, how to set up

according to the standards that are given to us, and we can quickly have a shelter in place."

SERC has been growing its collection of cots over the last few years and Vanderwees says they will continue to do so as funding allows.

"We're feeling pretty good about our cot level, but sometimes you never know what the size of an emergency is going to be and how many people are going to be evacuated," he says, adding the cots could also be borrowed out to help other communities weather a disaster. "So even though an emergency may not happen here, we may be able to assist in another region that's having problems ... we'll help any other [area] that needs help."

Beyond the need for cots, additional communications equipment is another big item on SERC's wish list.

"One of other aspect of SERC besides the residential shelter is the coordination of emergency services. We open what's called an emergency operations centre and through that we assist fire, police, ambulance, paramedics with communication and coordination," Vanderwees says, pointing out that they use devices that work even when cell towers and power stations are down.

The south-central community has always been very supportive in ensuring SERC is well-equipped for any potential disaster, and Vanderwees sends out his thanks on behalf of the organization.

"Any kind of assistance we can get from the community increases our preparedness and allows us to be able to serve the community," he says, "so it's a wonderful thing."

"WHEN WE'RE CALLED OUT, WE'RE ORGANIZED, WE KNOW EXACTLY WHAT TO DO ... WHERE TO SET UP."

Expert dino builder sharing his skills with CFDC

By Ashleigh Viveiros

Adolfo Cuetara has spent over 20 years building dinosaurs for museums around the world, and now he's putting those skills to work for the Canadian Fossil Discovery Centre.

Cuetara, who moved to Morden from Spain two years ago, is helping the CFDC create a new exhibit that will explain the differences between prehistoric marine reptiles, which make up the bulk of the museum's extensive collection, and dinosaurs, their land-based counterparts.

"People get confused about that all the time," Cuetara says, pointing out that many incorrectly refer to creatures like the CFDC's famous mosasaurs simply as "underwater dinosaurs."

To help outline some of the differences between the two kinds of animals, the display, which will open later this year in the museum's mosasaur gallery, will include a scaled-

down version of an Edmontosaurus.

Cuetara hopes his 1:10 scale sculpture of the dinosaur will help bring the beast to life for people as they check out the three-foot long femur fossil that will also be on display.

The exhibit will also include an Allosaurus fossil replica assembled by Cuetara.

"Dinosaurs are always something special for people, for children," he says. "In this museum they have some very good pieces, very good finds, but people want to see dinosaurs, too. The marine reptiles are very impressive, but people ask, 'Where are the dinosaurs?'"

"The museum has a very good name for itself ... and I believe that it can cover all of the history of life, not just the local finds."

A UNIQUE CAREER PATH

Dinosaurs have been Cuetara's

Continued on page 6



Adolfo Cuetara with the 1:10 scale sculpture of an Edmontosaurus he created for the CFDC. Behind him is the actual femur of this species.

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Keeping you informed

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Explore Outdoors 5 classes of fun learning about Winter & Wilderness	Feb 13, 20, 27, Mar 6, 13 Morden Park with A Rocha		\$55
ZUMBA KIDS 5 dancing fitness classes Ages 7 - 11	Feb 13, 20, 27, Mar 6, 13 6:00-6:50pm- Access Event Centre		\$40
Early Dismissal Arts & Crafts	Feb 15, April 19, May 17 (GR 1-8) 2:30-3:45pm- Access Event Centre		\$10

mordenmb.com/recreation-programs, 204-822-5431

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30 no pick up scheduled today	31 ZONE 1	1 ZONE 2	2 ZONE 1	3 ZONE 3	For 2017 curbside collection schedule information contact the City of Morden.				
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Local author leaving 'Footprints of Hope'

By Ashleigh Viveiros

Henry Martens has spent much of his life striving to leave behind what he calls "footprints of hope."

Now his goal is to share that legacy with as many people as possible.

Martens, along with his wife Elma, was behind the creation of the A Rocha Pembina Valley Interpretive Centre, which has carved out a home on 100 acres adjacent to the Pembina Valley Provincial Park.

The decade since the centre was founded has been one of constant growth and improvement to the programs and services offered by the international Christian conservation organization in our area.

"The trails were there in the rough form, but we have really improved them and groomed them so that they're much easier to walk," Martens says, pointing to the seven paths that wind their way through A Rocha's forested property.

The trails themselves provide an avenue for people to commune with nature, but just as important are the 21 interpretive stations dotted throughout that tell the story of the valley and the flora and fauna that call it home.

It's a story Martens hopes to further share through the publication of his new book called, fittingly, *Footprints of Hope*.

Published last year, *Footprints* is designed to be both an invitation to the centre and a guide to its trail system.

"I thought we needed something to introduce and excite. Something that went along not only with the interpretive trail itself, but also along with the whole purpose of the centre," Martens says.

"Our idea is to get people into nature, because we believe if people don't understand nature, they will not actually respect it. You have to fall in love with something before you will care for it."

Footprints which the Voice will be running excerpts from in the year ahead (see the first one below), takes readers through the entire trail system, highlighting the many animals and plants they might encounter as they hike. Funds from its sale go to support A Rocha's programming.

The book has been a labour of love for Martens for several years. He finally completed and published it with the help of designer Yvonne Peters and artist Raymond Klassen.



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Henry and Elma Martens with *Footprints of Hope*, a book he published last year to showcase the natural wonders of the Pembina valley and the A Rocha Pembina Valley Interpretive Centre's trail system.

"There's 83 pictures painted in here," he says as he flips through it, stopping to showcase Klassen's depictions of the Pembina Valley's many natural wonders. "Richard painted them all while I tried to write a bit of text for each of them."

In the months since its release, *Footprints of Hope* has been met with a positive response, but Martens hopes this will be the year it reaches out to a much wider audience.

All this is very much in keeping with A Rocha's focus on educating people about God's creation and our unique place in it, which has been its goal from the get-go.

It all started, Martens recalls, shortly after he successfully spearheaded the

campaign to get the 440 acre provincial park up and running.

A life-long nature lover, Martens had fallen in love with the Pembina Valley as a young man.

"It had something I had always been longing for: exciting terrain, boulder-filled creeks, abundant wildlife, and lots of native trees," he says.

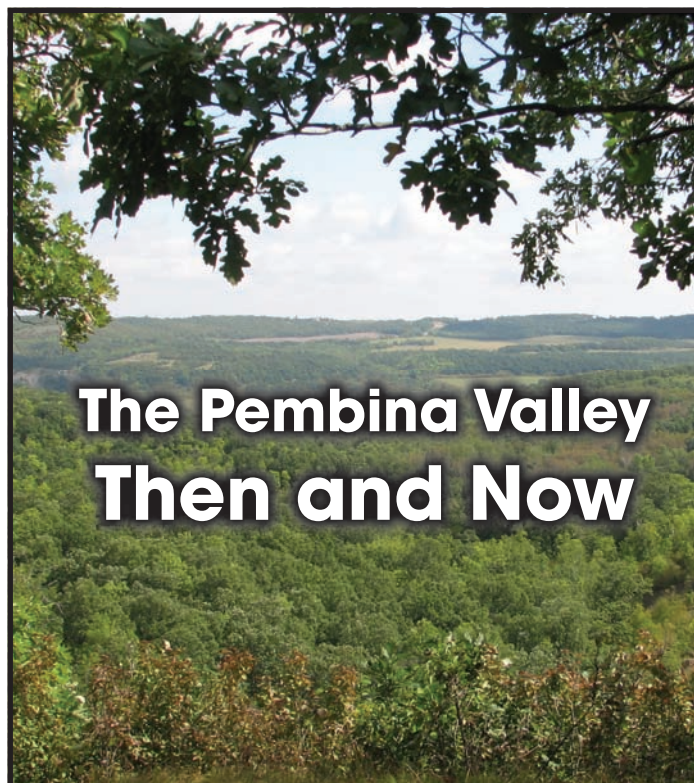
Much of his exploring, though, involved trespassing on private property, as much of the valley was owned by private landowners.

Martens felt strongly that this natural jewel should be open all, and so he set out to make that a reality. In the decades that followed, he slowly purchased hundreds of acres of wooded land, which he opened to the public to enjoy.

After securing property to establish the Pembina Valley Bible Camp, lobbying for the creation of the provincial park to protect the valley in perpetuity, and, finally, donating land for the A Rocha centre, Martens feels he's come a long way toward fulfilling his purpose in life.

"I see this whole thing as something God wanted us to do ... as three footprints of hope: the Bible camp, the park, and then us [A Rocha] as an interpretive centre," he says, pointing out that the centre, located smack dab between the other two, also very much serves as a bridge between the spiritual and the secular sides of life. "We have a unique opportunity to try and link those two realities into one ... I'd like to see us continue to work in harmony, complementing each other."

"I SEE THIS WHOLE THING AS SOMETHING GOD WANTED US TO DO ..."



FOOTPRINTS of Hope

The Pembina Valley, sometimes called a gorge, was formed when meltwaters from the retreating continental glacier created temporary glacial lakes along the southern edge of the melting ice. This great volume of meltwater carved a spillway flowing eastward where it created an even larger inland sea, called Lake Agassiz. It has since drained northward, leaving a fertile plain called the Red River Valley.

Today, the Pembina Valley is a ribbon of natural woodland, winding its way across the prairie landscape. The Pembina River flows in the floor of this spillway, fed by many seasonal creeks and hillside springs.

The natural beauty of the Pembina Valley is a valuable and largely unrecognized treasure of Southern Manitoba. It is truly a Footprint of Hope, and a Living Sanctuary for Wildlife and People.

- Excerpt from *Footprints of Hope* by Henry Martens Illustrated by Raymond Klassen

CANADA
AROCHA
Environmental Stewardship

'The potential is great'

From Pg. 4

A Rocha certainly has big dreams for the future. Following up on projects like the outdoor classroom and the trio of viewing decks built in recent years, plans are in the works to construct a giant tree house with a viewing station, develop a children's nature play space, and further restore the native prairie space at the centre.

"We didn't always have a clear vision as to where we were going ... but I think now we have found our footing and we're concentrating on developing the local centre as a hub of our activity," says Martens, noting they invite the general public, schools, and community groups to come check them out and learn a bit

"WHAT HAPPENS FROM HERE ON IN IS WHAT REALLY MATTERS."

more about what's in their own backyard.

"One of my biggest concerns right now is to establish a sustainable financial support base," he adds, explaining they've been reaching out to area businesses for sponsorship in addition to organizing fundraisers like the sale of Footprints of Hope.

"The potential is great," Martens says. "I am very happy and thankful for the past but, for me, it's not nearly as exciting as the future. What happens from here on in is what really matters.

"I want these three stations to actually be footprints of hope in the valley. But, more than that, I want myself to leave footprints of hope and as people walk the trails I want them to think that way for themselves: how is my life leaving footprints of hope for the people who



SUPPLIED PHOTO

Education has always been the focus of A Rocha's work in the Pembina Valley. The centre welcomes countless community groups each year to show them some of the wonders of the natural world.

follow?"

Footprints of Hope is currently available at McNally Robinson in Winnipeg and online, locally at the Bible Book Shop in Winkler, or by calling

204-822-8235.

You can also learn more about the A Rocha Pembina Valley Interpretive Centre online at arocha.ca.

Reinfeld residents facing copper theft charges

By Lorne Stelmach

Two residents of Reinfeld are facing charges that include break and enter and theft after being caught in the act.

On Jan. 21 around 2 a.m., an individual called police on behalf of a local business. The caller was conducting overnight surveillance at the business due to recent copper wire thefts and reported that two suspects had just broken into the building and were still inside.

Officers from both Winkler and Morden responded and found two people inside the building who were in the process of handling large quantities of copper wire.

A 29-year-old female and 24-year-old male, both residents of Reinfeld, were charged with break, enter and theft, possessing break-in instruments, and drug possession. The man is also facing two counts for breach of probation.

Other items of note in the most recent weekly police reports include:

- Morden police were called Jan. 17 by a homeowner concerned that a man she had a protection order against might be inside her home after having seen him earlier in the day.

Police were met at the door by the accused, who was also under an or-

der not to be in the City of Morden at all.

He was arrested for breaching his court order as well as break and enter and remanded into custody.

- A 51-year-old woman was held overnight under the Intoxicated Persons Act Jan. 20 after police received a number of 911 calls from her throughout the day.

Winkler police say the woman insisted she was accidentally repeatedly phoning 911 and did not need assistance. Officers located her in the lobby of an office on Main St. just before 5 p.m. and found her to be heavily intoxicated.

She was released the following morning once she had sobered up.

- Police received a complaint Jan. 19 from a Morden company that had a truck battery core stolen from outside their business overnight.

After viewing surveillance video, police were able to identify the suspect seen driving up to the business and stealing the item. Charges are pending.

- Morden police also received a complaint that same day about a snowmobile speeding on a sidewalk in the 100 block of 8th St. They were unable to locate the snowmobile, but remind users that bylaws prohibit the opera-

tion of snowmobiles on sidewalks as well as restrict them to lower speeds among other restrictions.

- A man's decision to drive in poor conditions proved to be his undoing Jan. 20 when Morden police were called about a vehicle weaving on the roadway as it came west into the city.

Officers pulled over the vehicle and determined the driver was not impaired but just having trouble seeing the road due to foggy conditions.

A subsequent check, however, revealed the driver had a warrant for his arrest. He was subsequently arrested.

> LORAN SCHOLARSHIP, FROM PG. 2

"There had two one-on-one interviews ... and then an interview in front of the panel of judges ... a 15-minute long interview," he said. "I think the process went really well. I've had lots of help from our guidance counsellor here and my parents, my family. It's been really good."

Wheeler suggested among the things that may have stood out to get him selected were his volunteer work at the middle school level as well as coaching hockey.

In addition, he undertook his own business venture that involved teaching swimming lessons from a backyard pool in Morden.

"I had over 400 students this past summer ... I ran the whole business myself ... the financing, booking, scheduling, and then I do all the teaching."

Regardless of how it turns out for him, Wheeler appreciates the opportunity.

"I feel good about being able to represent our community ... our

school ... I'm looking forward to the experience in Toronto," he said.

"This opportunity I'm presented with is amazing ... not only the money value but also the mentorship opportunity that the scholarship presents.

"I will do my best in Toronto, and we'll see what happens," he concluded. "I feel strongly about my abilities and I'm hoping they can see who I am and what I have to offer."

The *Winkler Morden*
Voice



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Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

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Mixture of technical, creative skills

From Pg. 3

business since the late '90s when he was invited to help with the creation of exhibits for Dinópolis, a museum being built in Teruel, Spain to house the area's growing collection of fossils.

He was hired to take part in digs in Colorado to bring back additional fossils for the museum.

"We sent back to Spain 15 metric tonnes of material," Cuetara says, noting his job included building customized steel frames to display original fossils as well as creating life-sized replica skeletons.

A pipefitter and welder by trade, building dinosaurs wasn't a career path Cuetara had ever envisioned for himself, but he soon realized his skills and keen interest in the subject made for a powerful combination.

"I knew how to make sculptures with the steel and welding, and I had experience with fibre glass and epoxies and polyester sculptures," he says. "I realized that this work was the same, all the same ... it's a mixture of the technical skills and the creative skills.

"So when they wanted to assemble, to mount the replicas in position for the displays, I said, 'I can do that. No problem.'"

After making hundreds of steel supports for fossils and dozens of skeletons for museums in several countries, Cuetara branched out into creating life-like sculptures, the largest of which was a 30 metre long, seven metre tall *Turiasaurus*, the largest dinosaur ever found in Europe.

"They're life-sized, fleshed-out sculptures," he says, explaining he works closely with paleontologists to



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Cuetara is loaning the museum this *Allosaurus* replica for a new display in the works that will highlight the differences between marine reptiles (the kind of ancient fossils found in our area) and dinosaurs.

create realistic depictions of what the dinosaurs would have looked like. "In the last 10 years I've probably done 45 or 50 of these kinds of sculptures."

It's work Cuetara loved, but he'd taken a break from it in recent years to relocate his family to Canada.

Morden was high on their list of potential new homes in part because of the CFDC, he notes.

"That this museum is here is an important point for me," he says, adding being centrally located should also make it easier to reach out to other prehistoric life museums across

North America as he starts up his dino-making business, *Dinokinetics*, once again.

"I look to the future and I think it will be good," he says, pointing out that while there are other companies in this business with many more employees, he is unique in the sheer number of services he can offer all on his own. "I cover all the steps—from the bones in the field right to the displays in the museum."

If you'd like to see more of Cuetara's work, find him online at dinokinetics.net.

Enns named to RRC board of governors

By Lorne Stelmach

An local resident will be helping direct and guide Red River College.

Altona-area resident Debra Enns has been appointed to the board of governors of the Winnipeg-based post-secondary institution that also has a campus in Winkler.

Enns said she appreciated the vote of confidence in her and she hopes to be able to make a good contribution to the board.

"I found it somewhat humbling when asked if I would be willing to let my name stand to be considered for this position," she said. "It is an hon-

our to actually be named to the board of directors. I am thankful for the opportunity and feel I will be a positive asset to the board."

Enns is the chief financial officer of Enns Family Farms. She is also chairperson of the BTHC Foundation and previously served as chairperson of the Altona and District Retail Merchants Association and with the W. C. Miller Home and School Parent Association.

She was among four new appointments to the board, which determines the general policies, administration, operation and programs of study at the college, provides services

and programs of study consistent with the mandate of the college, sets tuition and other fees, and provides for granting credentials for programs of study.

"Their collective knowledge and experience will benefit the college community greatly, and I'm confident this newly revitalized board will contribute many fresh, innovative ideas," Education and Training Minister Ian Wishart said in a news release. "RRC will benefit greatly from the wisdom and experience these individuals bring, just as it has from the contributions of outgoing board members."

Alzheimer Soc. working to erase the stigma

By Lorne Stelmach

Helping friends, families, and members of our communities face the personal and social impact of dementia is the ongoing challenge for the Alzheimer Society.

A large part of that is always the stigma that comes along with a diagnosis of Alzheimer's disease, said regional coordinator Kathy Fehr as the society's January awareness month neared an end.

"That's the thing that we would like to erase ... the stigma," she said. "These people are, even once they've been diagnosed, they're still a valuable person, and they still have needs ... they still have abilities. They are still able to live a good life."

About 25,000 Canadians are diagnosed with a form of dementia each year. It's estimated upwards of 564,000 Canadians are currently living with dementia and that this number could increase by 66 per cent to 937,000 within 15 years.

To help the families living with this disease in our area, the society's south central office participates in a number of ongoing support and education programs both locally and provincially.

For one, there is a monthly support group that gathers the first Wednesday of the month from 2-3 p.m. at Boundary Trails Health Centre. Fehr said the group's numbers vary.

"It kind of comes and goes. It kind of depends where you are in your walk," she said, adding it's just one way they reach out to people. "We do a lot of phone consultation too ... we do home visits. That's a large part of the support."

"We also support and offer education programs for people with dementia for their families and caregivers. That's one of the biggest roles that we do play here."

Educational programs include the regular tele-health sessions, with the next one taking place Feb. 21 on mental health. Future sessions include March 21 on understanding psychosis and anxiety in dementia and April 26 on

food and nutrition.

"Those are always very informative," Fehr said.

On a national scale, the Alzheimer Society is promoting an awareness program asking Canadians to be #InItForAlz and to help support research.

Through this campaign, the society aims to change the conversation about a disease that continues to be shrouded in silence.

Darren Dreger of TSN got behind #InItForAlz for his 76-year-old stepfather who was diagnosed with dementia.

"We need to get over our uneasiness about de-

mentia and start to recognize and talk about it more openly," he said. "Research is a top priority if we're to find a cure for people like my stepdad. And, we need to turn research into better resources for caregivers like my mom."

Visit alzheimer.ca/initforalz to watch a video about Dreger and his family, read the personal stories of other Canadians impacted by dementia, and donate to support research.

The Alzheimer Society is a leading Canadian funder of dementia research. Since 1989, it has invested over \$50 million in bio-medical and quality-of-life research.

Council okays new developments

By Lorne Stelmach

New residential and business developments got the go-ahead from Morden city council this week.

Planning hearings including rezonings, variation orders, and conditional uses at the Monday council meeting cleared the way for projects that include new apartment and office developments on the east end of the city.

One allowed for a professional, financial, and office development as a conditional use in an area zoned for commercial highway use.

The proposal for the Pembina Connection site near the new Morden entrance sign is for a 15,500 square foot commercial development that will include three single storey buildings. One potential tenant already identified is a financial institution.

Just west of that site is another Pembina Connection property north of Homestead South that will be rezoned

Manitoba Hydro – your energy expert



Unplug devices, turn on savings

Every electronic device has two price tags: The one you see in the store, and the one you see every month on your electricity bill. In a typical home, those televisions, computers, phones and other gadgets consume one-fifth of all energy used.

As your range or variety of devices grows, the energy you use may be increasing more than you realize. Canadian households own 160 per cent more electronics than 10 years ago. When plugged in, most of those devices are drawing power even if turned off. Just one idle gaming console can add \$75 to household electricity costs every year.

The good news is that there are ways to reduce the energy use of home electronics and communication devices. With a few simple changes, you can start saving right away.

Pull the plug on hidden energy "vampires"

- Unplug seldom-used devices to prevent them from consuming standby power.
- Give your energy bill a vacation. Before you go away, take a few minutes to unplug everything that isn't essential.

Reduce TV energy use

- Turn down the brightness on your TV. It saves energy and may provide a better picture, too.
- Buy the right size of TV. The ideal screen size is 1.5 times the viewing distance. That's 40 inches for a TV viewed from 5 feet away.
- Use "smart" power bars to make saving more convenient. Plug your TV into the main receptacle and your other A/V devices into "slave" receptacles. When the TV is turned off, the power will be automatically cut to the other devices.

Use your consumer power

- Look for the ENERGY STAR® symbol when buying electronics. The special features of these products are proven to reduce energy use by up to 50 per cent. The "ENERGY STAR Most Efficient" label means a product is the top energy performer in its class.
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NEWS > VIEWS > WINKLER > MORDEN > SURROUNDING AREAS

NPC students raise \$1,749 for Cheer Board

By Lorne Stelmach

Students at Northlands Parkway Collegiate did their part to help spread some cheer in Winkler this past holiday season.

Students with the Youth In Philanthropy group presented a \$1,749 donation last week to the Winkler and District Christmas Cheer Board.

YIP representative Robyn Wiebe said they held a number of fundraising events before Christmas, with students and staff challenged to do things like shave their heads or dye their hair in return for donations.

"I feel like the school really got involved with it," she said, adding the group felt the Cheer Board was a worthwhile cause.

"I feel like they really do a lot for our community," she said, adding that it feels good as students to be able to give back. "I really like helping people because it gives me a good feeling."

Kim Ewert, secretary for the Cheer Board, said they especially appreciated getting the support from the youth.

"It is extra special because it gets another part of our community involved in fundraising and seeing the importance of the Cheer Board," she said. "We get a lot of our funds from businesses in the area ... but to see these kids take some of their time and some of their money and creatively raise funds for us, that's really encouraging, and we greatly appreciate their support and involvement."



PHOTO BY LORNE STELMACH/VOICE

Representatives of the Winkler and District Christmas Cheer Board were at Northlands Parkway Collegiate Thursday to receive a donation of just over \$1,749 from the high school's Youth in Philanthropy group.

Craving Change workshop tackles bad eating habits

By Lorne Stelmach

A workshop starting this week aims to help change your relationship with food.

Craving Change focuses on understanding why we eat the way we do and then changing the way we are thinking about food and the related eating habits.

The three two-hour sessions are for anyone who deals with some form of problematic eating, said Kathryn Penner, a chronic disease dietitian with Southern Health-Sante Sud.

"It's not a diet or weight loss program. You can be any shape or size to have unhealthy relationships with food," Penner said of the Craving Change program starting today (Thursday, Jan. 26) from 6-8 p.m. in the Boundary Trails Health Centre board room and running until Feb. 9.

"The primary focus is to help people examine why they eat the way they do, why do they frequently crave certain foods ... and why do they overeat to the point of feeling

stuffed."

Craving Change is a program that trains health care professionals to use a cognitive-behavioural approach with groups and individual clients to assist people who are keen to discover their problematic eating triggers and learn healthier ways of managing them.

"There's a number of us who are trained in the program," said Penner, noting that includes dietitians in both Morden and Winkler.

Saying no to temptation takes more than willpower and is more about learning and practising new ways of thinking, Penner pointed out. The basic questions are why is it hard to change and what needs to be changed.

"From there, they learn certain self awareness skills and strategies that

help them change their thinking and behaviour around food," she said. "Most of us know what healthy food choices are, for the most part. So this is trying to look at why aren't we choosing them more often."

She observed there can be many different triggers in our environments that help make it hard for us to change our thinking and habits.

The program offers something they call a change buffet of "different strategies ... some might work for some people but not for others," Penner said. "We encourage people to find what works best for them."

There are strategies as well to maintain good habits and not relapse back into the old ways and choices, whether that's grabbing that bag of potato chips in front of the television or getting that triple-triple at the

drive-thru window.

"We're not looking at any certain foods ... it's more about why, why do we eat the way we do, why do we eat that way when we are under stress?" Penner said.

The program has been offered a number of times in the region before and it usually has a group of about a dozen people to keep it a manageable size and comfortable for participants for sharing.

"I find people really enjoy hearing other people's experiences," suggested Penner. "They often have those 'ah-ha' moments ... I deal with the same thing. Then we can work together as a group to change those things."

Penner noted they usually offer the program a number of times throughout the year, so it likely will run again sometime in the spring.

The class is free, but space is limited, so call Penner at 204-331-8858 or e-mail kapenner@southernhealth.ca to register and for more information.

"YOU CAN BE ANY SHAPE OR SIZE TO HAVE UNHEALTHY RELATIONSHIPS WITH FOOD."

Fish is on the menu at PTM this Friday

By Ashleigh Viveiros

The Pembina Threshermen's Museum is kicking off its Fish Fry fundraisers with a patriotic flair this week.

The first of four monthly suppers takes place at the Hwy. 3 pioneer museum this Friday, Jan. 27 from 4:30-7 p.m.

"In celebration of Canada's 150th in 2017, we're dressing up," says museum manager Kim Striemer, explaining the entire dining hall and PTM's volunteer servers will be decked out in our flag's colours of red and white in honour of the mile-

stone birthday.

"If people want to join us in wearing red and white, that would be fun, or a toque with a maple leaf on it or something, that would just add to it all," she adds.

Admission to the Fish Fry is \$18 (no taxes, no tips required) for a four-course pickerel fish dinner that includes vegetables, soup, beans, buns, coleslaw, dessert and a beverage. Kids 6-10 are \$7, while under six eat for free.

The price has increased a bit this year to help cover the rising costs of fresh fish from Gimli, Striemer says.

"The price has gone up, but it's still

"THE PORTIONS ARE SO BIG, PEOPLE ROLL OUT OF THERE."



VOICE FILE PHOTO

The Pembina Threshermen's Museum's Fish Fry fundraiser returns this Friday. Additional suppers are planned for Feb. 24, March 31, and April 28.

so competitive and so worth it," she says. "The portions are so big, people roll out of there. You get your money's worth."

All the funds go into the upkeep of the heritage museum.

"Without these fundraisers, where would we be?" says Striemer.

If you can't make it this week, check out the future Fish Fry dinners on Feb. 24, March 31, and April 28.

Explore Outdoors program launches in Feb.

By Lorne Stelmach

A program aiming to get youth outside in the winter for some fun learning is growing in its second year.

Introduced last year in Morden, the Explore Outdoors program of A Rocha Prairie Canada will also be offered in Winkler this year.

"We thought it was a good program, so we wanted to expand it and get more involved," said co-ordinator Jamie Fox.

It's a weekly program for youth in Gr. 5-7 running for five consecutive weeks on Mondays in Morden starting Feb. 13 and on Wednesdays in Winkler beginning Feb. 15.

Explore Outdoors gives youth a

chance to try out a variety of activities, including snowshoeing, building quinzees, snow sculpting, making maple toffee, and playing broom ball.

The kids will also learn about the lives of animals in the winter and how humans have learned to thrive in the cold.

"It's a chance for youth to spend more time outside in the winter ... also to try different outdoor activities that they may not have had before," said Fox. "At the same time, they are learning about winter ecology ... the lessons are linked to the different activities."

"For example, with snowshoeing we would talk about how animals get around in winter. With quinzee build-

ing we talk about how snow is a really good insulator and then we talk about how animals live under the snow."

The goal is to make learning fun and encourage kids to get outside and be active year-round regardless of the temperature.

"There's more barriers [in winter] ... so we want to make it a little easier and encourage more activity," Fox said.

The program runs weekly at the

Winkler and Morden parks from 4-5:30 p.m. until March 7 in Morden and March 15 in Winkler.

Morden registration is \$55 and can be done by contacting Stephanie Dueck at sdueck@mordenmb.com or 204-822-5431. Jumpstart funding is available for families in need.

The cost for Winkler is \$50. To register, contact Fox at jamie.fox@arocha.ca or at 204-479-8217.

Participants in A Rocha's upcoming after-school program in Winkler and Morden will have the chance to try out a variety of winter activities, including snowshoeing and creating snow sculptures.

SUBMITTED PHOTOS



New weekly walk-in sports clinic kicks off

Agassiz Medical Centre teaming up with Morden Physiotherapy for new service

By Lorne Stelmach

A new community partnership will provide another treatment option in Morden for patients with sports-related injuries.

Agassiz Medical Centre is working with Morden Physiotherapy to provide a walk-in sport injury clinic one half day each week.

Dr. Kurt Kauenhofen has a speciality in sports medicine and will see patients at Morden Physiotherapy Wednesday mornings from 9 a.m. to noon.

Co-owner and therapist Tim Shantz said both he and business partner Jared Hildebrand have worked at clinics in the past that had sports medicine doctors, and they saw this as a good opportunity to provide an additional service to the community.

"It kind of provides an extra little service to the community ... where they're not waiting in as quite a long a line, and then you're getting speciality service as well," said Shantz. "We have quite a bit of space ... we thought that

it would be a good kind of marriage that way to provide a more specialized service and hopefully a quicker service to the general population."

He sees the arrangement presenting a number of benefits, including shorter waiting times and perhaps taking some pressure off the walk-in clinic at the medical centre.

"There's better communication between the therapists and the doctor," added Shantz. "For Agassiz Medical Centre, they've got a lot of doctors working under one roof, and they have limited space, so we're kind of providing an extra outlet space for them to use."

He noted the walk-in clinic can be for a range of minor injuries that don't necessarily have to be athletic in nature.

The doors will open every Wednesday morning at 8:45 a.m.

"There will be no triage ... it'll be first come, first serve," said Shantz, who suggested the service could be extended if the demand is there.

"We're definitely hoping ... this is



PHOTO BY LORNE STELMACH/VOICE

Therapists Tim Shantz, Ashley Froese and Jared Hildebrand will work with Dr. Kurt Kauenhofen of Agassiz Medical Centre to provide a walk-in sport injury clinic at Morden Physiotherapy every Wednesday morning.

kind of a trial period, so we'll see how things go," he said, adding there will be no cost to the patients. "It's covered under Manitoba Health, just like it is when you would see your general physician."

He believes it will be a good partnership.

"It's worked in the past at other facilities, and we're hoping to see good things from it here."

"WE THOUGHT THAT IT WOULD BE A GOOD KIND OF MARRIAGE ... TO PROVIDE A MORE SPECIALIZED SERVICE AND HOPEFULLY A QUICKER SERVICE."

Apollo Suns concert a homecoming for one member

Winnipeg group performs at the Kenmor on Feb. 25

By Lorne Stelmach

It's the chemistry of the band members that

makes the music work for Apollo Suns.

They have created a refreshing and innovative sound combining instrumental, rock, jazz, and

experimental music.

The Winnipeg-based band plays an improvisational style, so it is feeding off each other that drives their performances.

"It can be really exciting ... and it can be a disaster at times," joked guitarist and front man Ed Durocher in advance of the band's Feb. 25 Dead Horse Entertainment show at the Kenmor Theatre in Morden.

Apollo Suns got its start with a bunch of musicians just getting together and jamming.

"We would just get musicians for each show to come and join us ... and we got really good response from these one off shows," said Durocher. "So we wanted to keep that spark going."

The band's lineup came together from that experience, with Durocher and bass player Dave Guenette being joined by Ethan McKibben on drums and then Chad Braun on keyboards when the born and raised Mordenite was recommended to them through a common musical friend. Trumpet player Phil Collins and percussionist Paul Klassen often accompany their live shows as well.



SUPPLIED PHOTO BY MIKE SUDOMA PHOTOGRAPHY

Apollo Suns performs a concert at the Kenmor Theatre in Morden on Saturday, Feb. 25.

Continued on page 12



Children at the first Creative Play Date session last Wednesday at the Access Event Centre made colourful bags filled with water and glitter.

PHOTOS BY LORNE STELMACH/VOICE



Pre-schoolers and parents get creative

By Lorne Stelmach

A new program is encouraging pre-school age children in Morden to explore their creativity and imagination.

The Creative Play Date program of the Pembina Hills Arts Council started last Wednesday and continues with a free weekly one-hour session until March 22.

A key thing for the instructor of the program is that it is engaging parents with their children.

"The parent and child interact together, which I think is very important," said artist Willi Richardson.

She said their activities will all be built around sensory exploration for the kids to engage their senses of touch, sight, and sound.

Richardson also aims to introduce a variety of ideas for activities that the parents can take with them and use

at home, and she suggested it is good for them to have a chance to get away from all the other distractions.

"You don't always have the time to spend entertaining them and being with the child, and that's what this is designed for," she said. "I think that is one of the unique things about this is that it does release the parents ... giving them the freedom to explore with them.

"And we get down to the child's level," Richardson added, noting all of the tables were down at the children's height.

The first session last week was a hit with kids and parents alike.

"I was quite surprised with some of the comments I received from some of the parents ... this was such a unique experience for them because they could come and actually engage with the child and play like a child," Richardson said.

And while they had aimed to keep it to about 10 registrations, Richardson is open to taking a few more participants if there is interest.

"If we find that there are more people coming in ... I am going to ask to hold it twice a week ... and go with the

needs of the community."

The Creative Play Date program runs Wednesday mornings in the Kinsmen Room at the Access Event Centre.

Contact the Pembina Hills Arts Council for more information.

> COUNCIL, FROM PG. 7

from community reserve and commercial highway to multiple family residential use.

The proposed development, which also required a number of site variations, is for a 54-unit residential development. The project is to include five eight-unit buildings and one 14-unit building.

Another hearing led to final approval for the rezoning of a former Manitoba Hydro property on Ninth Street South from industrial business to multiple family residential use.

Council was told the plan was for one five-storey 26-unit building, but

the developers also have an alternate plan for two double storey 12- or 13-unit buildings if needed.

Finally, another hearing led to the approval of a conditional use and variations to allow for the conversion of the former commercial building at Stephen St. and Second St. to residential use, with plans for two dwelling units.

The new developments got the eager blessing of council members.

"It's wonderful to see this kind of new development happening," said Coun. Alex Fedorchuk.



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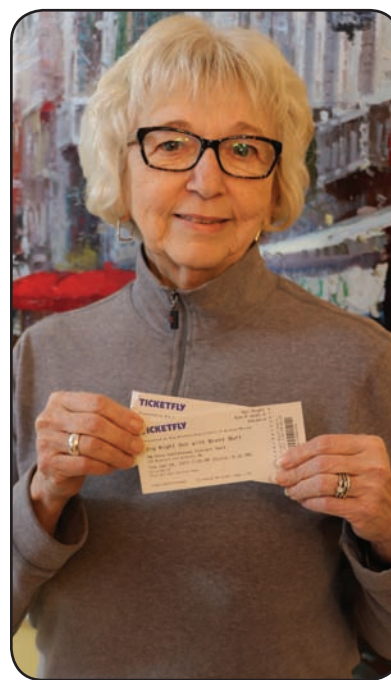
Just like flu season, tax time comes around every year. As a responsible citizen, you must declare your income to the government. Here's a tip: to make the experience as profitable — and as pleasant — as it can be, trust the experts to carry out this complex mission.

Do you know about the various deductions, credits and reimbursements that apply to a given situation? For mere mortals, it's easy to get lost in the complexities of fiscal law. If you use software to prepare your tax return yourself, you must be comfortable using computers and familiar with the minutia of fiscal jargon. If you aren't very good with computers, you can use the paper forms — at your own risk.

Just remember that a single omission or error can be quite costly and could even bring about legal problems. To avoid blunders, it's better to hand over your tax return to the experts — they know what's new in fiscal law. Thanks to their know-how, your refund will be maximized and you'll get it faster. Imagine the peace of mind you'll have!

The cost of having your income tax return prepared by a chartered accountant, tax specialist or specialized firm will depend on the complexity of your situation: for example, you may have investments or dependants, or perhaps you're self-employed. Whatever your situation is, contact a local tax professional to find out more.

Comedy night winners



Sheldon Bittner, shown at right with Andrea Zammit, and Rosemarie Haggerty were the big winners of our Brent Butt trivia contest this month. They each correctly answered "standup comedy" as Butt's favourite thing to do, winning tickets to his Tuesday night performance at the Winkler concert hall. We hope you enjoyed the show!



> APOLLO SUNS, FROM PG. 10

Durocher said they had a feeling right from their first rehearsal that it was clicking for them.

"It just kind of evolved from there ... It worked out really well ... the chemistry was there," he suggested, adding they soon began composing music and building the band's sound.

Braun said they listened to and were inspired by a lot of progressive music and jazz, so there are various sounds that come into play.

They constantly challenge themselves in their writing by constructing jazz influenced songs, with the end goal of still maintaining an overall accessible and catchy track for listeners.

"We have a pretty prominent improvisational element to it," said Braun, adding that at the same time they want "to create melodies that people could latch on to ... still have it accessible to the listeners as well as fun for us."

Durocher noted they don't want to pigeonhole their music.

"We usually go with something like psychedelic jazz rock ... to me, though, it's so much more than that," he said, describing their performances as open-ended.

"As the band keeps on playing together, we kind of stretch out a little bit more and more each time. The band gets a little braver and braver ... and a lot of trust is involved in that,"

he explained, adding they want to give each other "space to allow the other guys to do their thing ... then you bring it back to the main content of the song."

As they perform, they not only feed off each other but then from the crowd as well.

"They have the power to give energy as well to the band," Durocher said. "When people are responding to it ... dancing and grooving to it ... it's kind of like a back and forth with the audience as well."

Durocher said they are wanting to develop an audience and build up their fan base, so they welcome the chance to bring their show to communities like Morden.

For Braun, it is a bonus for him to have the opportunity to perform in his hometown.

"It's going to be high energy, there's going to be some great musicians playing," he said. "It's going to be a lot of fun. Ed's a good front man ... a high energy guy."

"Chad's told me a lot of cool things about the Kenmor," added Durocher.

"There's definitely a lot of good memories there," Braun said. "I'm excited to see it again."

Tickets for the Feb. 25 show are on sale now for \$20 each through Dead Horse Entertainment (deadhorseentertainment.ca).

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Three tips to care for your dentures

Having false teeth is far from unusual: millions of North Americans wear either full or partial dentures every day. Here are three expert recommendations on how to handle, clean and store your dentures for a smile that always sparkles.

1. Clean your dentures after every meal, as you would natural teeth. Remember that plaque and tartar cause equal staining on natural and artificial enamel. This type of buildup occurs near your gums and can lead to other problems such as halitosis (bad breath), gingivitis and periodontitis.

2. Maintain a thorough evening routine. Gently remove your dentures and then clean your gums and any remaining natural

teeth with a soft-bristled toothbrush. If you don't have any of your original teeth left, roll a piece of cloth around your index finger and carefully massage your gums before rinsing your mouth with warm water.

3. Before going to bed, place your dentures in a soaking solution at room temperature. This will help to dislodge plaque and tartar, making your false teeth easier to clean with a brush the next morning.

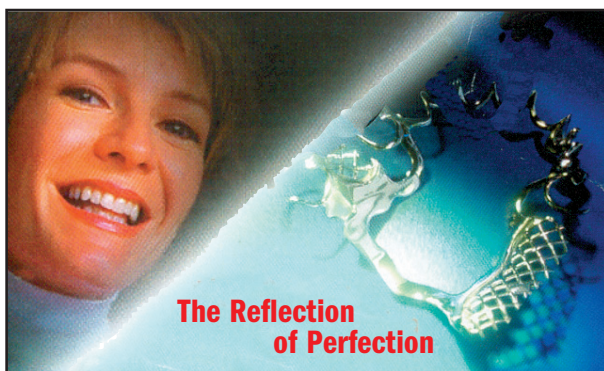
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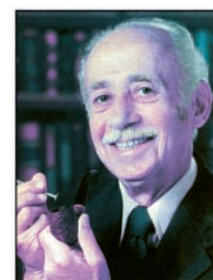


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Aging adults: take care of your skin!

As we age our skin goes through a series of changes. It may get dryer, lose its elasticity, develop dark spots and, of course, become wrinkled. Here are a few practical tips to help you keep your skin healthy and looking its best as time marches on.

Keep it moisturized

Older people don't feel thirst as strongly as younger adults. As a result, many senior adults don't drink enough fluids and end up dehydrated, which can make their skin peel, crack, itch or feel tight. The solution: drink six to eight glasses of fluid each day and moisturize often — especially during the winter!

Exfoliate sparingly

Eliminating dead skin cells with a scrubbing mitt or an exfoliating product keeps skin soft and helps prevent ingrown hairs. But doing so too

often (or too harshly) can be harmful, especially if you have more fragile skin due to age. Don't overdo it, and when you do exfoliate, be gentle.

Beware of the rays

Always protect your skin from UV damage, even during the winter. Overexposure to sunlight causes unsightly skin spots (which can become cancerous) and makes wrinkles more pronounced. Wear sunscreen and lip balm with at least 30 SPF every day, rain or shine.

Say yes to care

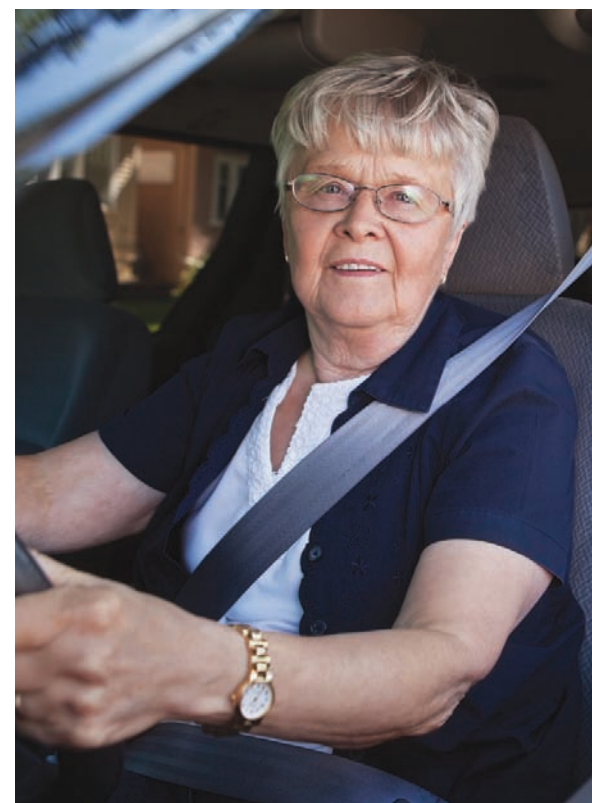
When it comes to repairing existing skin damage, seek expert advice. Dermatologists, estheticians and even plastic surgeons can recommend products and treatments that are suited to your unique skin type. Look good and feel great, inside and out!



Seniors: 12 tips for safe driving

Being able to drive is a way for people of all ages to affirm their independence. That being said, certain consequences of aging, such as weakened eyesight, can affect your driving abilities. As you grow older, it's important to be aware of these changes in order to deal with them appropriately. With that in mind, here are 12 tips to help you stay safe on the road while avoiding putting others in danger.

1. Make sure that your medications don't have any side effects that might affect your ability to drive.
2. Always make sure that your car's windshield and back window are clean.
3. Maintain a safety distance well above the two-second minimum that is generally recommended, and slow down whenever it rains, snows, and when the road is slippery.
4. Avoid driving long distances when possible.
5. Remain concentrated at all times, and don't drive when you're upset, tired or under the influence of alcohol or medication.
6. Plan your routes and choose roads that you know well, taking care to avoid rush-hour traffic and fast lanes.
7. Drive during the day, and avoid driving during periods of reduced visibility such as dawn or dusk.
8. Always wear your hearing aid if you have one, and minimize any background noise (turn down the radio, for instance).
9. Pay attention to your surroundings so as to have a general idea of the traffic conditions around you, and keep an eye



10. Check your blind spot more than once before you turn or change lanes.
11. Never assume that you have the right of way.
12. Consider taking a refresher driving course.

Do you manage your medications safely?

Anyone who takes a number of different medications, as is often the case for seniors, is at risk of making a mistake. These tips should help you prevent unfortunate incidents.

- Make a list of any medication you take (prescribed and over-the-counter), and keep it up-to-date. Bring it with you whenever you meet with a health professional.
- Get all of your medication from the same pharmacy and consult your pharmacist before starting a new treatment. Whether or not you have a prescription, it's important to make sure that new medicine won't interact with anything that you're currently taking.
- Never share your prescription medication with others, and never take someone else's medication.
- Always take your medication as prescribed at the times recommended for the entire duration of your prescription.
- Ask your pharmacist about anything you're unsure of regarding your medication, such as proper dosage and possible side effects, and read the printout that you're given when your medicine is dispensed.
- Do whatever it takes to remember to take your medication (buy a pill box, set reminders for yourself, etc.)

If you are in charge of administering an elderly person's medication, pay close attention to the task at hand. The smallest mistake could have dire consequences.



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arts & culture



Vlodymyr Rashchupkin and Elaine Hildebrand were learning the art of pottery from instructor Susan Pharaoh Saturday at the Pembina Hills Gallery in downtown Morden. The six week class introduces the basics of working on the potter's wheel, with the students going through trimming, drying, firing, and glazing their creations. A six week intermediate course also started last week under Pharaoh's guidance.

PHOTOS BY LORNE STELMACH/VOICE

Learning the basics



Devloo's Gym is open for business

Attention Morden-Winkler fitness buffs: there's a new gym in town.

Devloo's Gym opened its doors at 271 Loren Dr. (behind Boston Pizza) just after Christmas, offering everything you need to stay in shape.

Owner and fitness trainer Tyler Devloo had been running a home-based fitness business for several years now and decided the time was right to go bigger and better.

"I've been wanting to open a gym for a few years," he says. "I wanted to find the perfect location, pick the right place ... it's been a long process."

The result of all that work is a gym designed for all fitness levels and types.

"We have high-quality equipment, a great atmosphere to work out in, and a variety of different kinds of equipment—everything from bodybuilding, general fitness, power lifting, Strong

Man, athlete training," Devloo says, noting they have one of the largest arrays of strength-building equipment of any gym in the province. "And we have equipment that's custom-made that you won't find anywhere else."

But don't let the sheer number of machines scare you if you're new to the world of fitness—there's a place for you at Devloo's Gym.

"It really is a gym for everyone, regardless of whether it's your first time or if you're more experienced," Devloo stresses, adding that while he's not offering one-on-one training sessions right now, he's always willing to help members learn more about the equipment available to them. "I give everyone advice and teach them how to use the equipment if they have any questions or they need help."

The gym offers a number of member-

ship packages, starting at \$50 for one month up to \$43/month for 12 months. They also have a buddy plan for couples at \$86/month for three months, \$82/month for six months, or \$76/month for 12 months. All memberships include a key fob for 24/7 access.

For more information about Devloo's Gym, stop by weekdays from 9 a.m. to 8 p.m. or weekends from 10 a.m. to 3 p.m. or call 204-822-9674.

You can also check them out online on Facebook or at www.devloosgym.com.



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GVC, Morden wrestling clubs hosting tournament

By Ashleigh Viveiros

Wrestlers will be hitting the mats at Garden Valley Collegiate this weekend for the school's very first wrestling tournament.

The Winkler high school's wrestling team is partnering with the Morden Wrestling Club to host the event on Saturday, Jan. 28.

Elementary and junior high students (Gr. 4-9) will compete starting at 9 a.m., while the high school matches start at noon and will run until about 3 p.m. Admission is free.

Morden coach Lindsey Jacobs hopes to see the stands filled with fans supporting the local wrestlers.

"We're really hoping the community will come out and see what goes on at a wrestling tournament," he says. "It's great to support the younger kids. In the morning, when they're wrestling, there can be some really exciting matches. And then when you get into the high school kids, there's a lot more energy and skill and experience. It's very exciting to watch."

Jacobs estimates there will be upwards of 200 wrestlers competing this weekend.

"We have confirmation from six clubs already, from Winnipeg as well as the Peguis First Nation," he says. "And there might be a few latecomers as well."

Freestyle wrestling has certainly been growing in popularity locally in recent years.

The Morden club, which had its start at École Morden Middle School, has 27 members this season—up from nine just a handful of years ago.

GVC's team, meanwhile, had its debut at the school last winter and has around 20 athletes competing this winter.

"I think it almost goes back to the Manitoba Winter Games" hosted by Winkler-Morden-Stanley in 2014, Jacobs says. "That kind of brought the community together and created an interest in wrestling. We've really seen our numbers grow since then."

Hosting a tournament is very much the next step for the local teams, he adds.

"We've been doing a lot of driving to Peguis, to Winnipeg over the years and now we'd like to have the chance to host them here locally."

Jacobs hopes this could become an annual tournament on the youth wrestling circuit, alternating between being hosted in Winkler and Morden.

"Hopefully this could potentially lead up to hosting a provincial tournament one day," he says.



VOICE FILE PHOTO

Wrestlers from Winkler and Morden compete at Garden Valley Collegiate's first wrestling tournament this Saturday. Gr. 4-9 compete in the morning starting at 9 a.m., Gr. 10-12 in the afternoon.

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sports & recreation

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In sync

The Morden Figure Skating Club hosted the 2017 Skate Canada Manitoba Synchronized Skating Championships last Saturday. Over 200 skaters on 18 teams were in town to compete in events from beginner categories through pre-novice and adult. The local teams certainly proved their mettle, with the Pembina Pizzazz pre-novices (shown at right) earning a silver medal and the elementary team winning bronze for their routines.

PHOTO BY
RICK HIEBERT



Losses drop midget Hawks to sixth place

By Lorne Stelmach

A pair of losses not only brought a halt to their winning streak but also saw the Pembina Valley Hawks tumble to sixth place in the Manitoba Midget Hockey League.

The Hawks had been one of the hottest teams with a recent run of four straight wins and nine victories in their last 10 games, which had lifted them into fourth place.

That changed starting with a 4-1 loss to the Eastman Selects on Friday followed by a 6-0 shutout at the hands of the Winnipeg Thrashers Sunday.

It not only allowed the Thrashers to move two points up on the Hawks into fifth place, but the Selects to close within two points in seventh.

"Against Eastman, I thought that we started very, very well," observed

coach Rylan Price. "I think we had our best first period of the year ... we were flying ... then with 32 seconds left in the first, they scored kind of a stinker on us, and that set us back. Eastman took off and then we struggled from there.

"I don't think the effort was there on Sunday, and it cost us," he added. "We were only playing well enough to stay with the Thrashers."

A second period powerplay goal proved to be the winner in Beausejour Friday as the Hawks were sty-

mied while outshooting Eastman 39-29.

Everett Bestland opened scoring for Pembina Valley, but a late first period goal tied the game, which was put away with two more goals by the Selects in the third period, including an empty-netter. Aaron Brunn took the loss in net with 25 saves.

On Sunday, Pembina Valley fired 41 shots Winnipeg's way, missing the mark on them all.

Hawks netminder Martin Gagnon was pulled from net after he allowed

two first period goals on eight shots. Brunn went the rest of the way, allowing four goals on 17 shots.

The pair of losses dropped the Hawks' record to 21-13-0-0-1 for 43 points. Ahead of them are the Thrashers at 45 and then the Central Plains Capitals and Brandon Wheat Kings at 46. Trailing Pembina Valley are Eastman at 41 and Southwest at 30 points.

The Hawks continue a five game homestand this weekend, welcoming Central Plains Saturday and then Southwest Sunday.

The *Winkler Morden*
Voice

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Flyers on four game win streak

By Ashleigh Viveiros

The Winkler Flyers are on a four game winning streak after defeating the Pistons, Stampedes, and Blues this past week.

The Tuesday night game against the Steinbach Pistons saw Winkler run roughshod over their guests, getting the win 5-1.

Coltyn Bates contributed two goals to that tally, while Scott Gall, Branden Billany, and Tanner Lewis rounded it out with singles.

In net, Cole Weaver was poised to record a shutout before letting that lone Steinbach goal past him with just under three minutes to go in the game. Overall, Steinbach outshot Winkler 38-36.

It was a much closer affair Saturday night against the Swan Valley Stampedes.

Playing again before local fans, Winkler's Tyler Jubenvill drew first blood during a powerplay in the first period's 14th minute. Swan Valley matched that goal four minutes later but Jubenvill pulled the Flyers back into the lead with another goal at 19:41.

Period two saw goals from both sides, with Billany doing the honours for Winkler.

Gall then kicked off the final period by scoring on a powerplay three minutes in. The Stampedes matched

Winnipeg Blues captain Geordie Keane and Winkler Flyers captain Connor Harmonic battle for the puck in Sunday's Manitoba Junior Hockey League match. Winkler got the win 3-2, bolstering their record to 31-10-2 to put them in third place behind the Steinbach Pistons and the Selkirk Steelers.

PHOTO BY RICK HIEBERT



that a few minutes later but weren't able to get the final goal they needed to force overtime, and so the game went to Winkler 4-3.

Troy Martyniuk was in net this game for the Flyers, making 28 saves as Winkler outshot Swan Valley 34-31.

Sunday night's game against the Winnipeg Blues was also decided by just one goal.

The game was tied at 2-2 heading in the second period, with Winkler's

goals coming from Brett Opperman in the first and Lawson Macdonald in the second.

Period three saw the Blues fire 11 shots Weaver's way, but he denied each one while Jubenvill got the game winner midway through the frame.

The 3-2 victory brings Winkler's record to 31-10-2 and 64 points as of press time. That puts them in third place, six points back of the Steinbach

Pistons in first and just one point away from the second place Selkirk Steelers.

Earlier this week, Winkler hosted the Pistons on Tuesday. Results were not available at press time.

This weekend the Flyers hit the road to play at Swan Valley Friday, OCN Saturday, and Neepawa Sunday. They then return home to host the Steelers next week Tuesday.

Zodiac girls tops at home basketball tournament

The Garden Valley Collegiate Zodiacs has a fine showing at their home basketball tournament over the weekend.

The varsity girls team made short work of the Portage Saints (86-22) and the Northlands Parkway Collegiate (76-19) to finish first in their pool. They then downed Vincent Massey 66-49 in the championship match.

GVC's varsity boys battled their way to the championship match as well, besting Steinbach 71-55 and Linden Christian 63-51 before falling to Sturgeon Heights 68-80.

Also hosting a tournament were the

Morden Thunder boys varsity team, who took down Altona 43-39 and Prairie Mountain 56-51 before falling to Sanford in the finals.

In Zone 4 play, meanwhile, the Morden Thunder varsity boys bested Altona 63-54 last week but then fell to Sanford 42-53. The Morden girls posted losses of 25-41 and 23-42, respectively.

Also falling in their matches were the NPC Nighthawks boys, who were defeated by the Celtics 55-48 and the Renards 47-36. The NPC girls lost to the Celtics 27-49 but beat the Renards 33-19.

Off the court and out on the ice, the Zone 4 curling bonspiel took place over the weekend.

Representing GVC in the girls tournament, Team Ens won three in a row after an opening loss, finishing in second place. Also competing was Team Sandcock from Morden and Team Haney from NPC.

On the boys side, Morden's Team Peters won the A-side final but then fell to Altona 9-0 in the A-B playoff.

Clinching third place was GVC's Team Hamm. Fourth place went to GVC's Team Wiebe. NPC's Team Renner also competed.

Finally, in Zone 4 boys hockey action last week, the Zodiacs fell to the Aces 10-2, the Thunder downed Morris 6-1 and NPC 7-4, and the Nighthawks beat the Tigers 8-5 and the Aces 4-1.

On Sunday, the top players took part in the league's All-Star game in Carman, where Team Blue downed Team White 12-8. Competing for Team White was Griffin Dyck, Sam Voth, Braden Dyck, and Carter Wall from NPC, Owen Domitruk, Keane Boucher, Finley Wheeler, Brayden Jonasson, Jordan Blatz, and Tanner Wiebe from Morden, and T.J. Matuszewski and C.J. Lamkin from GVC.

Hawks, Chiefs split doubleheader

By Lorne Stelmach

The Pembina Valley Hawks split a doubleheader last weekend with one of the teams chasing them at the top of the Manitoba Female Midget Hockey League standings.

The Hawks saw a four game winning streak halted when they followed up a win Saturday over Yellowhead with a loss Sunday to the Chiefs.

Pembina Valley saw themselves starting the week in first place one point up on idle Westman, but the Wildcats also have three games in hand, so it sets up a big match-up between the top two teams this Saturday in Hartney.

"We've got to forget about what happened Sunday and move on," said coach Dana Bell, whose Hawks are now down to their final four regular season games. "Every game now, they're important two points for us."

The Hawks fired home three first period goals Saturday to drive themselves to the 4-2 win, with goaltender Halle Oswald backing up the victory with a solid 30 save effort.

Makenzie McCallum had a pair of goals for the Hawks, with other markers coming from Toni Conrad and Alyssa Alderson. Brooklyn Platt and

Kelly-Zdan chipped in a pair of assists.

On Sunday, Oswald was called on again for a strong game in net, but her 37 saves ended up one short this time for Pembina Valley, which kept the game tied 2-2 until giving up the winning goal in the third.

Mackenzie Hutchinson had a pair of goals for the Hawks this time with Katelyn Heppner contributing a pair of assists.

Bell said it is always a bit tough playing the same team back-to-back without time to recoup, and it showed in the second game.

"Saturday we played hard, came out, got an early jump on them," he said. "We kept pushing, and things worked out well for us. We moved the puck well, played very well as a team, Halle played very well for us in net.

"Sunday, we worked hard, we just couldn't generate anything. We weren't getting pucks to the net. Halle stood on her head again, and she kept us in the game," said Bell, stressing their effort can't lag at all, especially against a tougher team like Yellowhead. "We've got to continue to play a whole 60 minutes."

Continued on page 22



PHOTO BY LORNE STELMACH/VOICE

The Pembina Valley Hawks defeated the Yellowhead Chiefs 4-2 on Saturday and then fell 3-2 in Sunday's rematch in Morden.

Redskins fall to Maroons

By Ashleigh Viveiros

In South Eastern Manitoba Hockey League action last weekend, the Morden Redskins dropped a narrow decision to the Altona Maroons Saturday night.

Altona kept taking the lead in front of a hometown crowd, only to have the Redskins match them point for point.

The Maroons were up 1-0 at the start of the second period when Nick Doyle chipped one in for Morden. Kris Williams did the same early in the third to tie the game at 2-2 heading into the final 10 minutes.

There, Altona pulled ahead once more at 15:44, but Derek Holenski scored with less than two minutes to go to force an extra period.

In keeping with the trend of the night, it was Altona who scored first in those extra minutes, putting an end to the game 37 seconds in for a 4-3 victory.

Reed Peters went the distance in net, denying 46 shots on goal as Morden outshot Altona 54-50.

With that, Morden is in seventh place in the SEMHL standings with a record of 6-10-1 and 13 points, tied in points with Altona (though the Maroons have a game in hand). The Winkler Royals, who didn't play this past week, are in fifth place at 14 points and seven wins, nine losses.

This weekend, Winkler travels to play Warren Friday night and then hosts Portage on Sunday while Morden hosts Carman on Saturday.

Riels topple Twisters

By Lorne Stelmach

The Pembina Valley Twisters fell from first place thanks to a pair of losses in Manitoba Major Junior Hockey League action this weekend.

Strong goaltending from Riels' netminder Tyler Gagliardi did in the Twisters Friday in a 5-1 loss to St. Boniface. Then Pembina Valley was

outgunned Sunday in a 7-4 defeat by the St. James Canucks.

Michael Wirth's 19th goal of the season in the first period was the lone goal for Pembina Valley against St. Boniface, which had period leads of 2-1 and 4-1 despite being outshot 42-33.

Continued on page 22

Manitoba Hockey Standings

MANITOBA JUNIOR

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Steinbach Pistons	42	35	6	1	71	181	84
Selkirk Steelers	46	31	12	3	65	163	134
Winkler Flyers	43	31	10	2	64	159	103
Portage Terriers	43	28	14	1	57	184	139
OCN Blizzard	45	27	15	3	57	140	122
Winnipeg Blues	44	21	18	5	47	155	146
Virden Oil Capitals	45	19	20	6	44	119	146
Swan Valley Stampede	43	15	25	3	33	122	168
Dauphin Kings	43	12	26	5	29	99	153
Neepawa Natives	41	11	25	5	27	105	163
Waywayseacappo Wolverines	43	9	30	4	22	127	196

MANITOBA MAJOR JUNIOR

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Charleswood Hawks	33	21	7	5	47	104	82
Stonewall Jets	32	23	9	0	46	149	95
Pembina Valley Twisters	32	20	8	4	44	132	96
St. James Canucks	33	20	12	1	41	124	116
Raiders Jr. Hockey Club	32	18	11	3	39	136	91
St. Vital Victorias	33	16	12	5	37	129	130
Ft.Garry/Ft.Rouge Twins	34	15	15	4	34	126	138
St. Boniface Riels	33	13	15	5	31	114	127
Transcona Railer Express	34	14	19	1	29	109	134
River East Royal Knights	34	5	29	0	10	87	201

MANITOBA AAA MIDGET

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Wild	34	27	4	0	57	180	62
Yellowhead	34	22	4	2	52	155	93
Brandon	34	22	10	1	46	144	100
Central Plains	37	22	13	2	46	149	128
Thrashers	33	21	9	1	45	148	83
Pembina Valley	35	21	13	0	43	129	105
Eastman	35	19	13	2	41	125	101
Southwest	34	14	18	2	30	100	136
Kenora	36	12	20	0	28	97	164

Parkland	33	11	18	1	26	108	156
Interlake	34	9	22	0	21	94	164
Norman	35	6	28	0	13	90	227

AAA BANTAM

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Yellowhead Chiefs	26	20	3	2	43	137	51
Brandon Wheat Kings	25	18	5	2	38	132	63
Pembina Valley PV Hawks	25	18	6	0	37	162	65
Southwest Cougars	28	15	9	2	34	136	97
Central Plains Capitals	28	11	17	0	22	95	146
Parkland Rangers	27	6	21	0	12	61	166
Norman Wolves	31	1	30	0	2	34	283

MANITOBA FEMALE MIDGET AAA

HOCKEY LEAGUE	GP	W	L	T	OTW	OTL	Pts
PV Hawks	24	17	4	-	1	2	38
Westman Wildcats	21	16	2	-	2	1	37
Winnipeg Avros	24	13	7	-	4	-	34
Yellowhead Chiefs	25	16	8	-	1	-	34
Eastman Selects	21	8	7	-	2	4	24
Norman Wild	25	6	16	-	2	1	17
Central Plains	20	3	14	-	-	3	9
Interlake Lightning	22	-	19	-	1	2	4

HIGH SCHOOL HOCKEY

HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA
Morden Thunder	19	17	1	0	35	104	39
Carman Cougars	18	16	2	0	32	99	38
W.C. Miller Aces (Altona)	20	11	9	0	22	97	84
Morris Mavericks	17	10	6	1	21	82	63
Northlands Parkway Collegiate							
Nighthawks (Winkler)	18	10	7	0	21	81	58
Portage Collegiate Institute Trojans	18	8	9	0	17	54	51
Cartwright/Nellie McClung/							
Pilot Mound Tigers	19	5	12	2	12	67	98
Prairie Mountain Mustangs	17	5	12	0	10	68	99
Garden Valley Collegiate							
Zodiacs (Winkler)	18	0	18	0	0	23	145

STATS AS OF TUESDAY, JANUARY 24

Agriculture

Blumenort's Blue Water Wash wins Aherne Prize

By Harry Siemens

Back in May 2016, Steve's Livestock Transport said the new Canadian Food Inspection Agency requirements for Canadian Swine transports to be washed in the United States before returning to Canada would add up to a million dollars per year to its cost of washing and disinfecting swine transport trailers.

The CFIA ended a program which had allowed swine transport vehicles returning from U.S. farms to be washed and disinfected at Canadian wash facilities and as of last May, reverted back to the old way of doing things requiring those transports to be washed at U.S. facilities before returning to Canada.

Rick Peters, the vice-president of operations with Steve's, said the U.S. has had significant issues with PED, and forcing Canadian trucks to come with potential contaminated U.S. trucks at U.S. wash bays raises the risks.

"My concern is the possibility of picking up unnecessary unwarranted viruses due to having to go to these U.S. wash bays," he said. "Their protocols are quite different than the protocols in Manitoba wash bays and in western Canadian wash bays. The Canadian swine transport industry and, particularly the western Canadian swine transport industry, has responded very well to the threat of PED."

Peters said the industry keeps changing and upgrading to increase biosecurity at the farms. Producers keep increasing their biosecurity and training the staff to make this happen.

"There's also been an introduction of trailer baking bays built in Manitoba and we've also put in undercarriage washes for livestock trailers," he said. "We knew that that was a concern for a number of years and the undercarriage wash addresses that. Another thing is we've increased our ongoing biosecurity training for drivers, not only increased it but we also provide ongoing training as well for them."

Fast forward to the 2017 Banff Pork seminar where Blue Water Wash of Blumenort received the 2017 F. X. Aherne Prize for Innovative Pork Production Award.

Bill Rempel of Blue Water Wash accepted the award for the company's innovative new heavy equipment undercarriage wash.

Dr. Ben Willing, chair of the prize committee, says the award has become a major event in the pork industry. It's named after an industry icon, the late Dr. Frank Aherne, who was a professor of swine nutrition and production at the University of Alberta and a major force for science-based progress in the western Canadian pork industry.

"This prize recognizes individuals who have developed either original solutions to pork production challenges or creative uses of known technology," says Willing. "The quality and number of applicants is strong each year and keeps this award popular."



SUBMITTED PHOTO

Bill Rempel (left) of Blumenort's Blue Water Wash with Dr. Ben Willing, chair of the Aherne Prize Committee, at the 2017 Banff Pork Seminar.

And these grassroots innovations help anchor a promising future for livestock production to feed a growing world."

There has never before been a way to wash all organic material from underneath livestock trailers, according to Blue Water Wash. That leftover material has the potential to carry and spread diseases.

The company's system uses 24 high-pressure spinning nozzles along with 90 gallons per minute of water to thoroughly clean the underside of any livestock trailer that runs through it.

To finish off the undercarriage wash, disinfectant is then applied to the underside of the trailer as it exits the wash bay.



By Harry Siemens

One-for-one on regulation front

As President Donald Trump was telling business leaders from across the United States in the White House he's going to remove redundant regulations to make doing business easier, the Manitoba government marked the beginning of Red Tape Awareness Week by making a commitment to introduce new legislation that would reduce the burden of regulatory requirements, according deputy premier Heather Stefanson.

On Twitter, Morris MLA Shannon Martin, who is chairing the government's red tape committee, tweeted thanking all 12 agricultural groups that took time to participate at a red tape meeting at the recent Ag Days in Brandon.

"I appreciate your enthusiasm," he

said.

My question to Martin was and is will you actually do away with regulations and legislation?

"Yes, the whole point is to clarify, simplify, and eliminate," he said.

My first reaction is great, and my second reaction is more reserved. For years, introducing and enacting new legislation and regulations was always on the back of the last legislation and regulations.

Seldom, if ever, do governments repeal previous bad or outdated legislation. Therefore, the pile grows and inevitably someone looks underneath the pile when the other side wants to pass new laws to negate the last one and says, "Uh-uh can't do it because it says so under the pile."

Silly, you may say, and yes it is. So, when Martin says clarify, sim-

plify, and eliminate, that is what I'm counting on Premier Brian Pallister will do.

I once saw a business quote that U.S. businesses waste \$40 billion a year on meetings run poorly. I must assume that poor legislations and bad regulations often implemented against the will of those who must abide by them, that dollar value is much higher.

It isn't only the cost of those regulations and how they affect doing business, but take for example farming, and in particular the hog industry—it downright stops progress, and in many cases stops businesses from starting.

Ken Foster, who farms with his two sons at Arbor, says, "The guy down

Continued on page 22

Trump names Sonny Perdue as Sec. of Ag

By Harry Siemens

U.S. President Donald Trump has named his long-awaited nominee for Secretary of Agriculture.

Up for the job is Sonny Perdue, a farmer, veterinarian, and former Georgia senator. As a successful business owner, he concentrated in agribusiness and transportation logistics as a turnaround agent for multiple Fortune 500 companies.

It didn't take long and the biggest farm organization in U.S., the American Farm Bureau Federation, strongly endorsed the nomination

"We think President Trump has made a great decision on choosing Governor Perdue to be the next secretary and we just are excited about having an opportunity to work with him," says AFBF president Zippy Duvall.

"I've worked with him in the past and that was a good experience and we're looking forward to working with each other," he adds. "I know how much he appreciates agriculture and I think it's a great choice."

Duvall represented the Georgia Farm Bureau when Perdue was serving as the state's governor and he says Perdue understands the importance of agriculture.

"He recognized it was the number one industry in our state. He always said, 'Zippy, you and the farmers of this state are welcome through the front door of the governor's office, and his door was always open and willing to listen to our issues and our concerns. So I think he'll bring that same attitude to the secretary's posi-

tion."

Long-time American farm broadcaster Orion Samuelson, while admitting to not knowing the man personally, also says he has heard good things about Perdue.

Samuelson confirmed that Perdue is very supportive of and informed about agriculture. As a matter of fact, he has led several agricultural trade missions to foreign countries.

"My concern is that they are strong enough to stand up to President Trump because his rhetoric on trade agreements and agricultural trade really bothered me during the cam-

> SIEMENS SAYS, FROM PG. 21

on the farm needs to make a buck and I haven't seen a lot of that with all the rules that are imposed."

Good point Ken, a past president of the Manitoba Hog Marketing Board. When the former NDP government started to mess with hog production in Manitoba, leading to a 100 per cent moratorium on hog expansion, it literally shut down expansion and damaged the industry once it started to turn around financially.

Then came the first set of regulations to even begin to think of building a new barn, and once they eased on that one, they added a bunch more, making that process take from a year to 18 months.

I'm hopeful the Manitoba government now in power will take their process to eliminate red tape seriously.

In making her announcement, Stefanson says the government is com-

mitted to reducing unnecessary barriers for businesses, local governments, nonprofit organizations, and all Manitobans.

"Proclaiming Red Tape Awareness Week is evidence of our recognition of the burdens posed by the status quo," she says. "We want to make sure we remove unnecessary administrative burdens so Manitobans can access the services they need in order to make important contributions to their businesses and communities without the frustration of long waits or confusing instructions."

The Canadian Federation of Independent Business (CFIB) has advocated for many years that provinces adopt policies that reduce red tape for small businesses.

Laura Jones, executive vice-president, and chief strategic officer, CFIB says it's great to see the Manitoba government make this landmark an-

nouncement and become the first province to commit to legislate a one-for-one law. "There is nothing better than seeing a province go from a laggard to a leader on reducing red tape. Manitoba is now the province to watch on regulatory accountability."

The proposed legislation will allow the government to better track regulatory requirements, redesign approval and review processes to provide additional transparency and require more detailed analysis before regulations are put in place.

"Even more impressive is the government's bold commitment to introduce a stricter version of the rule: a two-for-one policy, which will be implemented for the next four years," says Jones. "This will certainly put Manitoba way ahead of the pack in showing leadership on regulatory reform."

U.S. than any other country.

"The thing about the Chinese government, and they are very aware of this, is they cannot afford to have hunger or starvation in their country because that would lead to some huge political unrest," Samuelson says. "I think they are aware they must feed their people who are getting accustomed to eating better thanks to Canadian, Mexican, and the U.S. farmers. They are eating better in the middle class, which is bigger than the population of the U.S. because the country's economy has increased that much."

Mackenzie Heide named Player of the Week

From Pg. 20

Earlier in the week, a three goal outburst on their first seven shots Jan. 19 had propelled the Hawks to a 4-1 win over the Central Plains Capitals.

Erin Doherty, Karsty Nicolajsen and Hannah Petrie each chipped in a goal and an assist, with the other Hawks' goal coming from McCallum.

Kadynce Romijn's shutout bid was spoiled in the third period, but she made 16 saves overall, while the Hawks fired 35 shots at the Central Plains net.

After the first place Wildcats this

Saturday in Hartney, the Hawks host the Capitals for a final time Sunday afternoon before closing things out with a Norman Wild doubleheader in Thompson Feb. 10-11.

> TWISTERS, FROM PG. 20

Twisters' goaltender Morgan Wall was replaced after giving up four goals on 25 shots through two periods and then Matt Kohlman allowed a goal on eight shots in the final frame.

St. James made the most of their chances against Pembina Valley, breaking open a 1-1 game after one period with three goals each in the next two.

HEIDE HONOURED

Mackenzie Heide was named the league's player of the week for the week ending Jan. 15.

The Mordenite in her second year

trailing the Stonewall Jets at 46 points and the Charleswood Hawks at 47. The Canucks closed to within three of the Twisters at 41 points, followed by the Raiders at 39 and St. Vital Victorias at 37 points.

The lone game this week for Pembina Valley has the Twisters hosting Stonewall on Saturday.

Fraser Mirrlees had a pair for the Twisters to put him at 18 on the season. The other goals came from Alex Tetrault and Corey Mazinke, who now also has 18 to date.

Shots on goal were 35-33 for the Twisters, who had Kohlman take the loss in net with 26 saves.

The Twisters' record dropped to 20-8-4 for 44 points, which now has them

on the blue line for the Hawks picked up four assists in two games which were both wins over the Central Plains Capitals.

The Twisters' record dropped to 20-8-4 for 44 points, which now has them

trailing the Stonewall Jets at 46 points and the Charleswood Hawks at 47. The Canucks closed to within three of the Twisters at 41 points, followed by the Raiders at 39 and St. Vital Victorias at 37 points.

The lone game this week for Pembina Valley has the Twisters hosting Stonewall on Saturday.

get inspired

> MEAL IDEAS

Mighty Mushroom Blended Burger



Prep time: 10 minutes
Cook time: 15 minutes
Servings: 4

1/2 pound any variety mushroom
2 tablespoons olive oil, divided
1 pound ground beef
1/2 teaspoon salt
4 buns

Finely dice mushrooms or gently pulse in food processor.

In skillet, warm 1 tablespoon olive oil on medium-high heat and add mushrooms, cooking 5-7 minutes, or until golden brown. Remove from heat and cool 5 minutes.

Transfer cooled mushrooms to medium bowl. Add ground beef and salt, mixing until combined. Make four patties.

Add remaining olive oil to pan and cook burger patties on medium-high heat until internal temperature reaches at least 160 F. Plate and add desired toppings to bun.

Recommended toppings include: pickled red peppers, crumbled blue cheese and watercress greens.



6-8 servings / 8 hrs 20 min
Prep 20 min / Cook 8 hrs

Having your meal in one pot when you get home is wonderful during the busy holiday season. The aroma in your home will certainly have you enjoying the time of year with hearty vegetables alongside your pork roast.

Ingredients

3 each large carrots and parsnips, peeled and cubed
3 cloves garlic, minced and divided
1 onion, sliced
2 tbsp (25 mL) chopped fresh parsley
2 tsp (10 mL) canola oil

1 tsp (5 mL) each dried oregano and dried basil leaves

1 tsp (5 mL) fennel seeds, crushed
1 tsp (5 mL) smoked paprika
1/2 tsp (2 mL) fresh ground pepper
1 boneless pork loin roast, trimmed, about 800 g

3/4 cup (175 mL) sodium reduced vegetable broth
1 tbsp (15 mL) tomato paste

Directions
Combine carrots, parsnips, garlic, onion and parsley in slow cooker.

In a small bowl, combine oil, oregano, basil, fennel, paprika and pepper. Rub all over pork roast and place on top of vegetables.

Whisk together broth and tomato paste and pour around roast onto vegetables. Cover and cook on Low for 8 hours or on High for 4 hours or until pork and vegetables are tender.

Remove roast to cutting board and let stand 10 minutes before slicing. Serve with vegetables and slow cooker juices.

take a break

> GAMES

SUDOKU

		2						
		1	9		7		6	2
7		5	6			4		
	4		8					
			1	3				
5		9	7		6			
						1	7	
1	8							3
					4			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	5	8	4	1	3	7	2	6
3	4	2	6	7	5	9	8	1
7	1	6	8	9	4	2	5	3
8	2	3	9	4	7	6	1	5
4	6	9	5	3	1	8	7	2
5	7	1	2	6	8	3	4	9
1	8	4	3	2	9	5	6	7
2	9	5	7	8	6	1	3	4
6	3	9	7	1	4	5	2	8

Sudoku Answer

Crossword Answer

CROSSWORD

CLUES ACROSS

- Part of a can
- A form of discrimination
- Doctors' group
- Expression of joy
- Spanish "be"
- A mongrel
- Helen was from here
- With many branches
- Fussy
- Male fertilizing organ of a flower
- Trap
- Long, angry speeches
- For instance
- Sticky, waterlogged soil
- Fasten
- Card game
- Seaport (abbr.)
- Dresses worn in S. Asia
- Midway between south and southeast
- Of the mouth
- Capital of Yemen
- Branches of a bone
- Very much
- TV host Leeza
- A way to change integrity
- Plants with dark green, glossy leaves
- Seedless raisin
- Agency
- Wear this when eating ribs
- Martial artists wear this
- Peanut butter
- Drinkers sit on these
- Pie ___ mode
- Hebraic
- River in India

CLUES DOWN

- City in Washington

			1	2	3		4	5	6	7	8	9					
12	13								11								
16			17							18			19	20	21		
22										23							
24								25		26			27				
									28	29				30			
31	32	33					34					35		36			
37					38				39								
40							41				42		43	44	45	46	47
48							49					50					
51												52					
													54				55
							56				57		58				
							59						60				

- Entertained
- Nakedness
- Exclamation of surprise
- Instinct
- Making a mistake
- "Borgias" actor Jeremy
- Phrases
- Millihenry
- Long ago
- Self-immolation by fire ritual
- Disfigure
- Horseshoe extension
- Regions
- Philippine Island
- Appropriate for a particular time
- Small constellation in the Milky Way
- Categorizes
- Malaysian boat
- Natives of Sri Lanka
- Type of vessel
- Prescribe
- Ranking
- Knickknack
- Funeral
- Mineral can be extracted from this
- Tide
- Lump in yarn
- Food on a skewer
- Letter in the Albanian alphabet
- Midway between south and west

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CAREERS



MENNONITE COLLEGIATE INSTITUTE

Menonite Collegiate Institute, located in Gretna, Manitoba, is searching for a Principal to start in August 2017.

Our mission is to educate young people in an Anabaptist-Christian context, seeking to develop each student's God-given potential, providing a practice ground for maturing faith in Jesus Christ, in thought, love and action.

Our Principal must be passionate about our mission, provide effective leadership, promote a vision for Christian education and build community – both within the school and its supporting constituency. We are seeking a person with a strong calling to serve within this dynamic context.

MCI continues to build upon a strong heritage of Christian education, which began in 1889. Our school includes students from Grades 9-12. Approximately one-half live on campus in the school's residence.

To find out more about this exciting position or to submit a resume, please contact the search committee at searchteam@mciblues.net. Applications close March 31st, 2017.

www.mciblues.net

FIND THE RIGHT PERSON FOR THE POSITION
with an **EMPLOYMENT/CAREERS AD** in



Call: **325-6888** or
Email: ads@winklermordenvoice.ca

VOLUNTEER OPPORTUNITY

Volunteer Leader OPPORTUNITY!

Looking for a rewarding volunteer opportunity that makes a difference in your community?

MADD Canada is looking for a Volunteer Leader in your community to work to save lives and support victims of impaired driving.

Contact us today to find out more.

Tel: 1-877-676-6233
Email: tcrawford@madd.ca

madd
Saving Lives, Supporting Victims

FOR RENT

Two bedroom apartment for rent. Seniors preferred. Non-smoking, no pets. For more info. call 204-325-7832.

MOBILE HOMES

3 only 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net.

STEEL BUILDINGS

Steel Buildings Sale ... "Really big sale is back - extra winter discount on now!"
20X19, \$5,145;
25X27, \$5,997;
28X27, \$6,773;
30X31, \$8,110;
35X33, \$11,376;
40X43, \$13,978. One end wall included.
Pioneer Steel 1-855-212-7036 www.pioneersteel.ca

WORK WANTED

Available to do renos, repairs, maintenance, painting, siding, roofs, fix-ups. Residential or commercial. Call Bill at 204-362-2645 or leave a message at 204-822-3582.

Do-it-yourself project gone bad? Need help to start or finish? I can help. Call 204-362-2645 or lve. message at 204-822-3582.

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!



CALL: 325-6888

HELP WANTED

Person needed with computer experience for online vehicle buying & selling as well as experience in auto mechanics. Phone Brian at 204-823-2289.

Oyen Seed Plant - F/T manager. Experience necessary; wage negotiable. For further information contact Dave Sullivan 403-664-3865 or email: scrockd@hotmail.com.

BUSINESS OPPORTUNITY

New amazing all cash business. Countertop Profit Centers. Low start up \$1,350. Potential return in 60-90 days. Plus raise money for Breast Cancer Research. For a free info package call now 1-866-668-6629.

MISCELLANEOUS

Hardy tree, shrub, and berry seedlings delivered. Order online at www.treetime.ca or call 1-866-873-3846. New growth guaranteed.

FOR RENT

GARDEN PARK ESTATES IN WINKLER OFFERS:

The privacy of home within a caring and cheerful community. We have several sizes of suites available, all suites have open, spacious floor plans. Rent includes heat, a/c, water, personal patio, repairs and maintenance, yard maintenance. Options: meals 7 days per week, heated common garage, activities, & much more.

Call Cindy at 1-866-449-0254 or 362-7151 for e mail cindyek@mts.net for more information, or check our website for floor plans at jacobmanagement.com.

FOR RENT

OAK WEST ESTATES

2 bedroom, 2 bathroom apartments available. 1205 sq. ft. and 1327 sq. ft. Rent includes: all utilities, yard care, snow removal, games room and more. All suites come with fridge, stove and dishwasher.

Kitchens have a walk in pantry, master bedroom has a walk in closet. All suites have a utility room with laundry hook ups, tenant brings their own washer and dryer. Heated attached garage also available.

For more information call Cindy at 362-7151, or e mail cindyek@mts.net. Check our website: jacobmanagement.com

NOTICES

RURAL MUNICIPALITY OF STANLEY - PUBLIC NOTICE REGARDING SPECIAL SERVICE PLAN 2/17 PROTECTIVE SERVICES BY-LAW NO. 2-17

PUBLIC NOTICE is hereby given pursuant to Subsection 318(4) of The Municipal Act that the Council of the Rural Municipality of Stanley has scheduled a public hearing in the Council Chambers of the RM of Stanley Municipal Office located at 23111 PTH 14 in the RM of Stanley on the 9th day of February, 2017 at 10:00 a.m. to present the following special service proposal:

Special Service Plan 2/17 to establish a rate for a Special Service levy for protective services within the municipality for the years 2017 to 2021. The special service tax will be levied on all taxable, grant-in-lieu, and otherwise exempt property within The Municipality. The cost for 2017 is \$629,000. The estimated costs for 2018 to 2021 are estimated below as follows:

2018	=	\$660,000
2019	=	\$690,000
2020	=	\$720,000
2021	=	\$750,000

The special service tax will be calculated on the portioned value of assessable property.

Based on 2017 actual assessment of 545,901,900 a mill rate of 1.152 will be required. Calculated on a property with a market value of \$250,000 (portioned value of \$112,500) a special service tax of \$129.60 will be levied for the 2017 tax year.

A written objection may be filed with the Chief Administrative Officer, at the Municipal Office located at 23111 PTH 14, Box 1600 Winkler MB R6W 4B5, prior to the commencement of the hearing. At the hearing, Council will hear any potential taxpayer who wishes to make a presentation, ask questions or register an objection to the Special Service proposal.

All objections, written or verbal, must be filed prior to the adjournment of the hearing and must include the name, address and property description of the person filing the objection and state the grounds of their objection.

Copies of the Special Service Plan No. 2/17 are available at the municipal office at 23111 PTH 14 during regular office hours of the R.M. of Stanley.

Dated at the RM of Stanley this 9th day of January 2017.

Dale Toews, C.M.M.A.
Chief Administrative Officer
Rural Municipality of Stanley



SUITE FOR RENT

1 bedroom suite for rent.
Utilities included.
Available immediately
Call Mike at 204-822-6228 for details.

COMING EVENTS

Thousand Oaks Ministries Inc.
GOSPEL MUSIC NIGHT
Sat., Feb. 4, 2017
7:30 pm at the
P.W. Enns Centennial
Concert Hall Winkler, MB
Featuring:
Instruments of Grace
(Steinbach, MB) *Boundless Love*
(Grunthal, MB)
Everyone Welcome! Freewill Offering
1000 Oaks Info Line (204) 822-1253
www.ThousandOaksInc.org

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The Winkler Morden
Voice

MISCELLANEOUS

Back in business. New merchandise. Open 5 days a week. Buy & Sell. I will buy anything of value at the right price. Call 204-362-0127, Evening 204-325-8839.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, leasing & financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

MISCELLANEOUS

Truck load sale!! Maple Cappuccino vanities, soft close \$225 each. 25" x 84" Granite slabs \$139 each. White, shaker style, (in-stock) kitchens, 60% off retail. Fehr's Cabinet Warehouse Ph: 1-800 758-6924.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

HEALTH

Canada Benefit Group - Attention Manitoba residents: Do you or someone you know suffer from a disability? Get up to \$40,000 from the Canadian Government. Toll-free 1-888-511-2250 or www.canadabenefit.ca/free-assessment

COMING EVENTS

Manitoba Riding for the Disabled Association 18th Annual Super Flea Market 2017. February 4th & 5th at Assiniboia Downs-Winnipeg. Vendor spots available - 80 vendors in the show! www.mrda.cc.

Hip or knee replacement?
Problems walking or getting dressed? The Canadian Government may owe you a:
\$2,500
Yearly Credit
\$20,000
Lump Sum Refund
The Disability Credit Service. Lowest rate in the industry.
For reliable expert service CALL
204-453-5372

McSherry Auction

Estate & Moving Sale
Yard * Recreation * Antiques
* Crocks * Household *
Saturday, Jan. 28 10:00 AM

Stuart McSherry
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

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Whey Protein
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**Sale \$35.97
Reg. \$48.75**

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Biz Cards
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MEMORIAL RESTORATIONS
CEMETERY SERVICE
Ph. 204.822.3454 Cell 204.362.2064
fmayor@mts.net

CAREERS

EMPLOYMENT OPPORTUNITY

GALLERY DENTAL
We are seeking a Clinical Coordinator for our Carman Clinic

We are looking for someone with strong administrative abilities to join our team for a term position starting March 1st, 2017 and lasting approximately 14-15 months. We like to think of this position as "Dental Triage", managing the schedule and engaging with patients through phone/email and as they come and go through our office. Dental knowledge is considered an asset however we are willing to train a strong administrator with the knowledge they need to be successful in this role.

Competitive wage dependant on experience

Starting Date: March 1, 2017 - Term Position (14-15 months)
Hours: Monday 11:30am - 8:00pm / Tues, Wed, Thurs 8:30am - 5:00pm

For full job description, questions or to submit an application, please contact Justin Zacharias, Business Manager.
Email: Justin@gallerydental.com
Phone: (204) 745-3770

CAREERS

LODE KING

ALWAYS MOVING FORWARD

Lode King Industries is one of Canada's largest manufacturers of commercial highway transport trailers. Lode King's dedication to cutting-edge product design and manufacturing equipment combined with a strong and dedicated team of employees has enabled the company to continually meet the evolving needs of the transportation industry.

WE ARE ACCEPTING APPLICATIONS FOR A PURCHASING MANAGER.

This position is the lead role in sourcing, supplier evaluation and product negotiation for continuous improvement in cost, quality and delivery. The purchasing manager will have direct responsibility for procurement of all raw materials. You will support sales, engineering and operations to ensure achievement of overall team goals in a cost effective and timely manner.

KEY RESPONSIBILITIES

- Manage, direct, and coordinate company's Purchasing Department.
- Continually builds and maintain excellent vendor relations as well as promotes teamwork with internal departments.
- Negotiate with suppliers to ensure that acceptable quality, lead-times, delivery terms and pricing are achieved.
- Actively involved in scheduling and quality assurance matters.
- Freight management of incoming raw material.

QUALIFICATIONS

- Strong understanding of mechanics and components used in a Manufacturing Environment
- Excellent interpersonal skills and must possess strong oral and written communication
- Strong negotiating skills with attention to detail
- Proficiency with Windows, MS Word, Excel and outlook, and knowledge of M2M a definite asset
- A team player with effective time management skills and the ability to multi-task with a high degree of integrity and initiative.
- PMAC certification an asset.

APPLY

Apply to Lode King Human Resources Department as follows:

Email hr@lodeking.com
Fax 204-325-5369
Mail Lode King Industries
135 Canada St
Winkler, Manitoba, Canada
R6W 4B2

LODEKING.COM

We thank all applicants for their interest; however only those candidates identified for further consideration will be contacted.

CAREERS

NEWSPAPER CARRIERS WANTED

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204-325-6888 OR
ads@winklermordenvoice.ca**

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ANNOUNCEMENTS



Western School Division

Kindergarten Registration for September 2017

Parents are requested to register their children for Kindergarten for the 2017-2018 school year by coming to the appropriate school office from **January 27 to February 3, 2017**, between 8:30 A.M. to 12:00 noon and 1:00 P.M. to 4:00 P.M. Children born in 2012 or earlier are eligible to enrol. All parents are asked to bring a copy of their child's birth certificate when registering.

Please enrol in the school within whose catchment area your residence is located. For Kindergarten program and registration information, call the schools directly.

Catchment areas are:

Minnewasta School, 1 Academy Drive, Mr. Andrew Volk, Principal, 204-822-4580

- Area south of North Railway; area west of Mountain St.; and all rural students.

Maple Leaf School, 225-12th Street, Mr. Mike Keith, Principal, 204-822-4458

- Area north of South Railway St.; east of Mountain St.; and all early years (K-4) French Immersion students.

OPEN HOUSE

Western School Division will be holding a Kindergarten Parent Information session on **January 26, 2017 from 7:00 p.m. to 8:00 p.m. at Minnewasta School**. We look forward to seeing all the new Kindergarten parents on this evening.

More detailed information is available online at www.westernsd.mb.ca, at the schools, or at Western School Division Office, 204-822-4448.

Remember Your Loved Ones with an Announcement in the



Call 204-325-6888 or ads@winklermordenvoice.ca

NOTICES

CITY OF WINKLER - NOTICE OF PUBLIC HEARING UNDER THE PLANNING ACT

The Council of the City of Winkler, under the authority of The Planning Act, will hold a Public Hearing, at the Winkler Council Chamber, 185 Main Street, Winkler, Manitoba, on Tuesday, February 14th, 2017 at 7:00 PM, at which time and place the Council will receive representations and objections from any persons who wish to make them in respect of By-Law No. 2168-16, of the City of Winkler.

The general intent of the above By-Law No. 2168-16, is to zone the land described below, Namely:

Block 4, Plan 57090 MLTO in the SE ¼ 8-3-4 WPM

as shown outlined in a heavy solid line on the map attached hereto as Schedule "A", and forming part of this by-law, be rezoned

FROM: "CR" COMMUNITY RESERVE ZONE

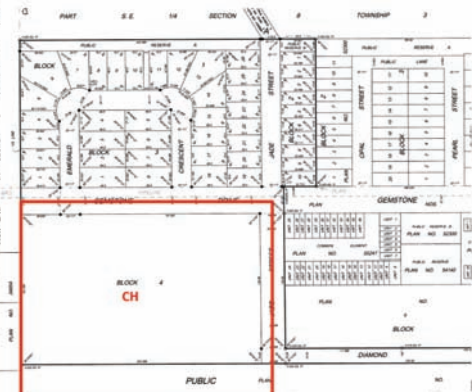
TO: "CH" COMMERCIAL HIGHWAY ZONE

A copy of the above By-Law No. 2168-16, and supporting material may be inspected by any persons between the hours of 9:00 AM and 5:00 PM, Monday to Friday, in the City Office.

DATED at Winkler, in Manitoba, this 30th day of December, 2016.

Designated Officer
City of Winkler

SCHEDULE "A"
To By-Law 2168-16



CAREERS



WEEDERS

Kroeker Farms Limited, a Winkler MB. based agribusiness will have part-time openings in our organic department beginning early June to mid - August to pull weeds in our organic crops, including onions, potatoes and other field crops.

Desired Requirements:

- Enthusiastic persons willing to take responsibility
- Positive team players
- Ability to focus

Wage rate is \$11.00/hour

Please send or email your resume to, drop off your application attention to:

Ed Klassen
Human Resources Manager
(204) 325 - 4333
777 Circle K Drive
Winkler, MB R6W 0K7
Email: edwin@kroekers.com

Deadline for applications - February 17, 2017

We thank all applicants for their interest. Only those candidates to be interviewed will be contacted.

NOTICES

CITY OF WINKLER - NOTICE OF PUBLIC HEARING UNDER THE PLANNING ACT

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The general intent of the above By-Law No. 2169-16, is to zone the land described below, Namely:

Lots 32, 33, 34, & 35, Plan 454 MLTO and Lot 18, Plan 613 MLTO

as shown outlined in a heavy solid line on the map attached hereto as Schedule "A", and forming part of this by-law, be rezoned

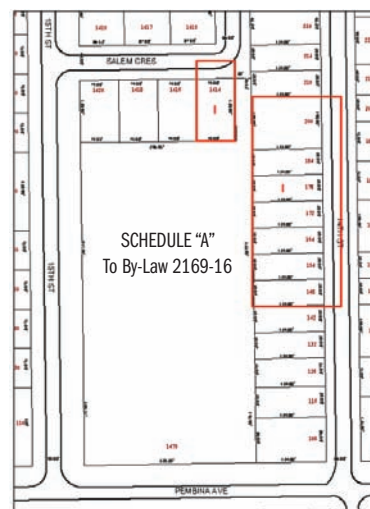
FROM: "RS" RESIDENTIAL SINGLE FAMILY ZONE

TO: "I" INSTITUTIONAL ZONE

A copy of the above By-Law No. 2169-16, and supporting material may be inspected by any persons between the hours of 9:00 AM and 5:00 PM, Monday to Friday, in the City Office.

DATED at Winkler, in Manitoba, this 30th day of December, 2016.

Designated Officer
City of Winkler



COMING EVENTS

Grace Valley Mennonite Academy
Non Government Funded Private School

FUNDRAISER!

Enchilada Supper

with Rice, Beans, Chips and Pie for Dessert

Friday, January 27
5:00 - 7:30

WINKLER MENNONITE CHURCH
31 WILLOWDALE CRESCENT

School Choir Singing at Intervals
EVERYONE IS WELCOME!
Admission by Freewill Donation
THANK YOU IN ADVANCE FOR YOUR SUPPORT

REGISTRATION



Morden Minor Baseball Association

MORDEN MINOR BALL REGISTRATION

Children from birth year 2012 (going into kindergarten)
Morden Access Event Centre
Feb 1, 6:30-8:30pm

** Bring 3 cheques per child. Copy of birth certificate for first time players**



CAREERS

PAULS' AUTO LTD.
204-325-7463
TRUCK CENTER

FULL-TIME MECHANIC REQUIRED

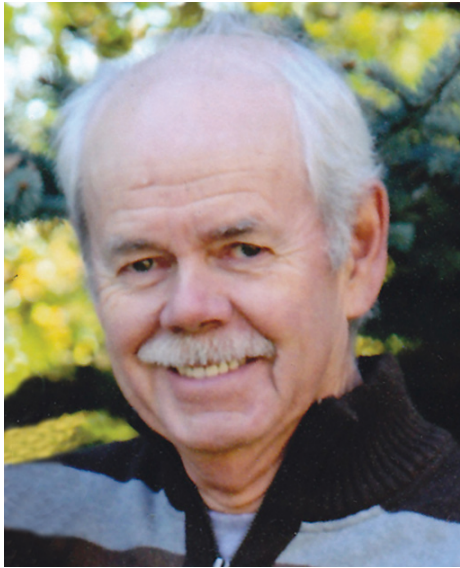
Experience on half-ton to 1 ton 4WD trucks is necessary. Positive attitude and ability to work well with our great team is required. Excellent wage & benefits package to the successful candidate chosen for this position.

Please send resume to Richard at richardpauls7@gmail.com

Announcements The Winkler Morden Voice

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IN MEMORIAM



Diedrich B. "Dick" Klassen
July 15, 1942 - January 26, 2012

My life goes on without you,
But nothing is the same;
I have to hide my heartaches,
When someone speaks your name.
Sad is the heart that loved you,
Silent my tears that fall;
Living my life without you,
Is the hardest part of all.
You did so many things for me,
Your heart was kind and true;
And when I needed someone,
I could always count on you.
The special years will not return,
When we were together;
But with the Love within my heart,
You will walk with me forever.

-Lovingly remembered,
Judith K.

IN MEMORIAM



In Memory of
Martha (Toews) Derksen
January 25, 2009

-Loving you forever,
Dave and family

Remember Your Loved Ones
with an Announcement in the

The Winkler Morden
Voice

Call 204-325-6888 or
ads@winklermordenvoice.ca

OBITUARY

Maria (Mary) Dueck (nee Driedger)
1928 – 2017

Mary Dueck, 88, daughter of John and Helena Driedger (nee Enns), passed away peacefully on Saturday, January 14, 2017 at Salem Home in Winkler, MB., after a short battle with cancer. She was baptized in 1947 and her faith was important throughout her life.

She married Peter H. Dueck on her parent's farm in Rudnerweide on August 8, 1948. During their 54 years together they lived in Lowe Farm, Plum Coulee, Morden, Portage la Prairie, and Winkler. In the 60's, Mary and Peter operated the Economy Store next to the Altona Hospital, happily waiting on customers of all ages. Mom started a new working career in 1971 as a Health-care Aide, first in Portage la Prairie and then from 1983-1991 at Salem in Winkler.

Her co-workers remember her as "so much fun to work with". Mom enjoyed gardening, knitting, word searches, phoning friends and family, attending her grandchildren's activities, hosting gatherings for relatives, and having us all over for supper on Wednesday's. She was a great cook and welcoming host.

She leaves to mourn her passing, three daughters, Marty and Doug Reimer, Sue and Paul Bradley, Katherine and Randy Klassen and one son, Larry Dueck and Kimberly Howland as well as 13 grandchildren, (Matthew, Jessica, Jonathan, Ryan, Stuart, Lynn, Riley, Regan, Zac, Brenna, Eli, Alexa, and Zoe) and seven great-grandchildren, (Sofia, Nicholas, John, Lola, Simon, Teela, Owen, Caleb), one brother, Abe and two sisters, Helen Penner and Susie Janzen. She was predeceased by her parents; her husband, Peter (2002); seven brothers and two sisters.

Funeral service was held at 2:30 p.m. on Sunday, January 22, 2017 at Winkler Sommerfeld Mennonite Church with interment at Rudnerweide Cemetery.

Thank-you to staff at Lion's Manor and Salem, Drs. Caswell, Basson and Woelk, Wiebe Funeral Home, Abe and Martha Heppner and the ladies group at Winkler Sommerfeld Church.

Wiebe Funeral Home, Winkler
In care of arrangements
wiebefuneralhomes.com



OBITUARY

Anders Christian (Chris) Andersen
1919 – 2017

On Friday January 13, 2017 at Brandon Regional Health Centre, Chris Andersen, aged 97 years of Morden, MB went to his eternal rest.

Anders Christian Andersen was born in Denmark to Augustinus and Maren Andersen and was a brother to Thomas, Eric, Maria, Maren, Anna and Helga. He attended school in Denmark and eventually moved to Canada when he was 30. He farmed and also worked at Manitoba Hydro for 23 years. Chris married Mary Elisabeth and together they had one son, Ernie. Later, he married Mildred Macauley in 2004. Chris enjoyed dancing, skiing, gardening, singing in the choir, curling, chess, travelling, being outdoors and walking but especially visiting with his family.

He leaves to mourn his passing his son, Ernie and wife, Tricia, two grandchildren and two great-grandchildren as well Mildred's family. He was predeceased by both wives, Mary (nee Towle) in 1989 and Mildred (nee Howard) in 2013.

Funeral service was held at 11:00 a.m. on Tuesday, January 17, 2017 at St. Paul's United Church with interment at MacGregor Cemetery.

In lieu of flowers, donations may be made in Chris' memory to the Manitoba Heart & Stroke Association.

Wiebe Funeral Chapel, Morden
In care of arrangements
wiebefuneralhomes.com



OBITUARY

Henry Thiessen
1936 – 2017

On Monday, January 16, 2017 at Lorne Memorial Hospital in Swan Lake, MB Henry Thiessen aged 80 years of Winkler went to his eternal rest.

He enjoyed camping and fishing throughout his life, visiting with his coffee shop buddies, as well as hanging out with his favorite companion, his dog, Daisy.

He leaves to mourn his passing his wife, Mary (nee Wiebe); one daughter, Beverly; two sons, Allan and Val, Jeremy and Sheryl; five grandchildren; two sisters; two brothers and their families. He was predeceased by his parents, Henry and Helena (nee Hiebert) Thiessen; two sisters and one brother.

Memorial service was held at 2:00 p.m. on Friday, January 20,

2017 at the Winkler Bergthaler Mennonite Church with a family interment prior at Westridge Memorial Gardens.

Wiebe Funeral Home, Winkler
In care of arrangements
wiebefuneralhomes.com



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