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The *Winkler Morden* Voice

THURSDAY,
APRIL 7, 2022

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Helping hands

Winkler fire Chief Richard Paetzold (left) and firefighter Ryan Paetzold with some of the local firefighting gear bound for Ukraine. Departments across southern Manitoba have stepped up to help their peers overseas with supplies. For the full story, see Pg. 3.

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Rising lake levels bring optimism in Morden

By Lorne Stelmach

The rising level of Lake Minnewasta means increased optimism for the City of Morden as conditions improve this spring.

In the days following the city moving its drought response stage to normal, Mayor Brandon Burley, like many other Mordenites, watched as the lake level reached the top of the spillway last week.

"We're quite happy with the winter conditions that were to our benefit," said Burley, who noted having recently received reassurances from provincial staff that the lake level would rise.

"There was a point where I was getting a little nervous. We had only gone up about one foot, and it appeared

that a lot of the moisture was off the fields already," he noted. "Then it went up about seven feet in 30 hours and went up another five feet ... so the lake was then projected to run over [the spillway]."

The water level had risen to one foot below the full-supply level as of Monday, March 28. It started to flow over in the days that followed.

"The overflow as well is beneficial to the lake in terms of the health of the lake," said Burley. "It's just a shame there isn't a way to capture more of this moisture, but we're quite pleased to have the lake full.

"Now we hope for obviously a spring and summer without drought conditions and if normal conditions



PHOTO BY LORNE STELMACH/VOICE

Lake Minnewasta inched over the spillway last week, days after the City of Morden downgraded its drought response stage to normal.

prevail, we expect everything to remain pretty normal."

Burley cautioned though that residents shouldn't think the community is entirely out of the woods—people still need to be mindful of conservation wherever possible.

"We do have licence limit issues out of the lake where we're permitted to only draw so much water out of the lake, after which point we have to purchase from Pembina Valley Water Co-op, and that is a more costly option, so that can impact water rates.

"We're still encouraging people to take advantage of the low flow fixture rebates, watch their water con-

sumption," he continued. "And just be mindful of the water they are using because it does help our residents' bottom line when we conserve water.

"In the long term, we're looking at ways to increase our water licensing volume out of the watershed," Burley said.

He also emphasized the importance of having an expanded partnership with the water co-op and working together as a region.

"We learned this past summer that if any one of us is not secure with water, then none of us are secure," said Burley. "These are conditions that affect all of us and not just one of us in isolation, so we do need to as a region build these contingencies in our network ... we have to be good neighbours and good stewards.

"We have long term projects in hand, and planning for those things is progressing. Drought has happened before, and it will happen again ... so we need to make sure that we're building capacity."

"NOW WE HOPE FOR
OBTAINING A SPRING
AND SUMMER WITHOUT
DROUGHT CONDITIONS ..."

Toddler dies in accident

By Voice staff

A toddler was killed after being hit by a vehicle near Roland last week.

On Wednesday, March 30 at 5:40 p.m., officers from the Pembina Valley RCMP received a report of an unresponsive three-year-old boy at a farm site about 11 kilometres southwest of Roland.

Police say it appears the boy wandered away from a group of children and was struck by a pickup truck that was backing up at the time of the collision.

The child was taken to hospital, where he succumbed to his injuries.

Pembina Valley RCMP continue to investigate.

"We're a big firefighter family"

By Ashleigh Viveiros

Fire departments across Manitoba are coming together to help equip their counterparts in Ukraine.

Yevgeniya Tatarenko, who heads up the Morden-based Help Ukraine group, says fire services in Winkler, Morden, Altona, Miami, Darlingford, Brandon, Steinbach, and Dau-

phin have all answered the call for gear for Ukrainian firefighters going without as the war with Russia continues.

"They have lost a few firefighters already and so they're training new people, volunteers, but they don't have any uniforms, any gear to put them in," she explained, noting the city of Kharkiv has been especially hard hit by Russian bombings of late, with a some fire halls taking damage.

Word of the need for equipment came at the same time Tatarenko was at the Winkler Fire Hall accepting a \$1,000 donation from the city's firefighter's association to pay for medical supplies bound for Ukraine.

"I just started to think what if I asked the Winkler Fire Department if they have any gear that we could send like we're sending medical and other help to Ukraine?" she said.

Winkler fire Chief Richard Paetzold was more than happy to help.


"We're a big firefighter family. It doesn't matter where in the world they are," he said. "When the call comes in, we go. We do

Continued on page 5



SUPPLIED PHOTOS

Above: Gear from the Winkler Fire Department bound for Ukraine to help firefighters there do their jobs safely. Left: Members of the Darlingford Fire Department pack up some of the gear they were able to spare.



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ANNUAL GENERAL MEETING 2022

AGM

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WORK & WESTERN WEARHOUSE

Assiniboine College bringing nurse training to Morden

Rural site slated to open next January

By Lorne Stelmach

Mayor Brandon Burley hopes having Morden play a role in rural based nurse training could be a stepping stone for the city.

He heralded the announcement last week that Assiniboine Community College will have rural rotating sites for its practical nursing diploma program in Otterburne this fall and then in Morden next January.

Being done in partnership with Southern Health-Santé Sud, both sites will have capacity for 25 students.

"We're willing to do whatever is necessary to help keep our people here and to train here and be able to develop professionally and academically where they are, so there's a big opportunity right now for Morden to step up and be a player in this area," said Burley.

"We're hopeful it's a first step in being able to demonstrate the appetite in the region for post-secondary education and the demand for skills training, whether it's in nursing or any other discipline or profession," he added. "We're very grateful for the



SUPPLIED PHOTO

Dignitaries and health officials gathered in Brandon last week to announce Assiniboine Community College's plans to set up rural rotating sites for its practical nursing diploma program in Otterburne and Morden over the next year.

opportunity to host Assiniboine Community College."

The Manitoba government had announced in December that it was investing \$19.5 million to add 259 nurse training seats starting at five post-secondary institutions across the province as part of a multi-year plan to add close to 400 seats overall. There

were currently more than 800 nursing seats in Manitoba offered at six publicly funded post-secondary institutions across the province.

The proposal included an additional 55 licensed practical nursing seats through Assiniboine Community College in Portage la Prairie and rural rotating sites as well as an additional 32 registered nursing and registered psychiatric nursing seats at Brandon University and 120 registered nursing

seats at the University of Manitoba.

The Otterburne rural rotating site will use existing Providence University College campus facilities, while Morden's site will make use of a currently vacant facility in the community.

"This is a great opportunity to continue to expand our training to this part of the province," said Mark

Continued on page 5

AGM

THURSDAY, APRIL 28
6:00 PM CDT

All eligible members who wish to participate in the virtual meeting are required to register online:

accesscu.ca

Registration closes at 5:00 pm CDT on Wednesday, April 27, 2022.

ACCESS CREDIT UNION

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ANNUAL GENERAL MEETING OF MEMBERS

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Economic Development Officer
Neepawa, MB

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> FIREFIGHTING GEAR, FROM PG. 3

that locally and it's the same thing for them over there. Our fellow firefighter brothers and sisters, they asked for help and we're not going to say no."

Firefighting gear—everything from helmets to boots to jackets—is good for about a decade before it needs to be retired and replaced under North American standards.

But the old gear is often still in decent shape, and many fire departments keep that gear as backups or send it to developing countries for use by firefighters there.

That's why it wasn't too hard for the Winkler department to round up enough turnout gear for eight firefighters, as well as several large equipment bags to store it all in.

"Part of this is first responders help first responders," Paetzold said. "And the other part is we know if the shoe was on the other foot, if we needed help, people would be sending stuff to us.

"We're used to mutual aid. We're in a mutual aid district where fire departments help each other, no questions asked. This is our way of a global mutual aid system."

Also part of both the local and global mutual aid system is Altona/Rhineland Emergency Services. Chief Greg Zimmerman explains they were able

to donate several set of gear, including boots, helmets, gloves, and balaclavas. The department, along with the Altona Police Service, also sent along some old FleetNet radios they no longer use.

"We've always been sending some of our gear out to different countries ... it just happened that the Ukraine is in need right now and it was easy to redirect everything there," Zimmerman said.

"Although the gear is used it's still perfectly safe," he added. "We're not sending out anything that has holes in the boots or rips in the jackets or anything like that. It's perfectly functional gear ... it's nice to get it out where people can still use it." Manitoba fire departments certainly aren't alone in doing what they can to help Ukrainian firefighters,

Zimmerman noted.

"Some of the other neighbouring countries have been sending in fire apparatus [vehicles]. That's a little hard for us to get on the plane, but we can send the gear and try to help them out that way."

Tatarenko is overwhelmed at the response this campaign has generated. It's been amazing, she said, to see departments both large and small give what they can.

"IT'S PERFECTLY FUNCTIONAL GEAR ... IT'S NICE TO GET IT OUT WHERE PEOPLE CAN STILL USE IT."



SUPPLIED PHOTO

Help Ukraine-Morden & Pembina Valley organizer Yevgeniya Tatarenko with the first sets of firefighter turnout gear sent to Ukraine last week. Thanks to the generosity of departments across Manitoba, Tatarenko says they have a couple dozen full sets ready to send.

"I think we have enough for 20-25 full sets of gear that we can pull together and send," she said last week, noting that several sets were already en route to Ukraine. Rather than putting everything in a shipping container that could take a month to arrive, they've been sending supplies with people travelling to Europe to get it where it needs to go as quickly as possible.

In addition to the firefighter equipment, Tatarenko has also been

spearheading efforts to send tactical medical bags, medicine, tourniquets, blankets, and other supplies to Ukraine.

They've been selling Ukrainian flags to support these efforts and also accept monetary donations. You can donate via e-transfer or PayPal to helpukrainemorden@gmail.com

You can also follow the group's work on Facebook at Help Ukraine - Morden & Pembina Valley.

Admission priority given to those who live in the area

From Pg. 4

Frison, president at Assiniboine. "Rural rotating nursing sites are essential to ensuring there are enough trained nurses to keep up with demand in all regions of the province."

Applications to both sites are open until May 23. Admission priority will be given to those who live in a rural community within 100 km of the site.

"The first conversations we had with Assiniboine Community College go back over three years, and our economic development officer has done an awful lot of leg work to see this realized," noted Burley. "It's fantastic news in that it's difficult, it seems, to draw medical profes-

sionals into rural communities ... so being able to train where those skills could be used will be incredibly valuable.

"We're also kind of looking at this as a first step," he added. "Council has always been committed to the idea that local education and options in post-secondary education need to exist in this region. We've always been committed to investing wherever we could and partnering where possible to deliver post-secondary education."

"Our skills, talent and knowledge strategy calls for programs to ensure people have more access to post-secondary education in Manitoba in sectors with high labour demand, such as health care," said Jon Reyes, Minister of Ad-

vance Education, Skills and Immigration. "Assiniboine's rural rotating nursing sites are an important contributor to the province's goal of increasing nursing seats in the coming year, and I am confident these programs in Otterburne and Morden will help address the need for nurses in Manitoba."

"In Morden, we have a growing community and a great opportunity to reach many potential students in a central hub of our region," said René Ouellette, regional lead, human resources with Southern Health-Santé Sud. "We look forward to strengthening our relationship with Assiniboine, developing a new relationship with Providence, and helping our region meet the high demand for nurses."

"WE'RE HOPEFUL IT'S A FIRST STEP IN BEING ABLE TO DEMONSTRATE THE APPETITE IN THE REGION FOR POST-SECONDARY EDUCATION AND THE DEMAND FOR SKILLS TRAINING ..."

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OUR SISTER PUBLICATIONS



getheard

EDITORIAL > VIEWPOINTS > LETTERS

You are not crazy

Recently I was talking to someone about some significant childhood traumas. In fact, I have begun to speak to them regularly now and it has been incredibly freeing and helpful.

I am seeing a counsellor and have been for months.

It is odd to write publicly about this. For years I have been a strong advocate for therapy and counselling for others, and yet when it came to myself personally I tended to avoid it. It was a last resort.

"That's for other people," I would

lie to myself.

"I'm too old for counselling." Another lie.

"Counselling is for weak people who cannot 'man up' and deal with it privately." The biggest lie of them all.

The truth is seeing a counsellor has allowed me to better understand some things about myself and take ownership over my mental health and well-being. I have begun to unravel some of what past brutalities have done to me and, on occasion, the people in my life. The perspective counselling has provided has been invaluable.

Like so many things related to mental health, therapy and counselling have often been dismissed or diminished by people. Nobody wants to look "crazy" in the eyes of others. Stigmas can be very powerful.

When I was a child I would hear discussions amongst the adults in my family: "Did you hear about so-and-so? They went to the nuthouse."

How absolutely awful to label a

place that offers mental health and well-being services such a thing. No wonder so many people bottle up their pain instead of seeking help to manage, navigate and heal.

"Did you hear about Peter? He lost his hand in a freak writing accident and actually went to the HOSPITAL for care ... CAN YOU IMAGINE?!?"

Sounds ridiculous, right? Here's the thing. There are people out there who have such damaged thinking about mental health care. But honestly you wouldn't allow this kind of idiocy to keep you from going to the hospital with a broken leg, so don't let it stop you from taking care of your mental health.

I should add that when seeking out a therapist and/or counsellor make sure you put yourself first and ask some questions. Don't just go to any old person or organization with the word "counselling" in their title—you and your mental health are worth

Continued on page 7

Letters

DOING THE MATH ON SCHOOL FUNDING

In the March 24th article "The single hardest budget we've ever had to work at" (*Voice*, Pg. 2), the Garden Valley School Division board links current budgeting challenges with "ongoing reductions by the government." I believe a response is in order.

Well into the article, there is a statement that is key to understanding what's really going on: "Over the past two years, 800 students have been pulled from Garden Valley schools in favour of homeschooling or private schools."

Eight hundred is a huge number; that is nearly 20 per cent of total GVSD enrolment, or one in five students, or 32 classrooms of students.

No other school division saw that kind of loss of students last year.

So what happens with education funding in such an extraordinary situation? In Manitoba, provincial funding for education is based on enrolment (student counts are reported by school divisions each September and used to calculate fund-

Continued on page 7

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Moody retires from Manitoba Justice after 15 years

By Becca Myskiw

After 15 years working with Manitoba Justice, Jan Moody is retiring.

When Moody and her husband lived in B.C., she took a legal assistant course and worked for a law firm for three years. They then moved to Winnipeg, and she took another job with another law firm.

Soon enough, a job opened at the Morden court office, so she successfully applied and became clerk of the court, staff justice of the peace, and deputy registrar. As clerk of the court, Moody would swear information in front of the staff justice of the peace when police agencies came to the counter. She'd then enter that on the computer system, and from there, a person would go to court.

Part of Moody's job in that position was to record proceedings and take short notes of what was going on in the courtroom. Then, after court, she'd prepare the paperwork for people whose charges were disposed of,

explain the conditions to them, and help them get on the road to doing things correctly and following their conditions properly.

"Court days are busy of course," she said. "There are lots of people coming in. You want to make sure they're dealt with fairly, give them time to understand what's going on."

She then worked in a Manitoba Justice position that required her to work wherever she was needed in Manitoba.

"That was great," she said. "I travelled the province for three years filling in."

Moody worked all over Northern Manitoba, in Steinbach, Dauphin, Brandon, and other court offices in the province. An administration job in Morden then opened up, and she applied for that and got it.

"Morden is a smaller court office so when you're working there, you're doing a bit of everything," she said. "Which has been part of the magic of the job because there's great variety."

As an administrator, Moody's job was to make sure everything ran smoothly in the court office. Because she worked in ones across the province, it was easy for her to deal with them when she was in Morden—she knew how each worked.

"There is a lot to the job but it's very rewarding," Moody said. "And you don't make everybody happy, that's just not possible, but you can certainly do your best to guide people to where they need to go. The success stories make it worthwhile."

One of the most rewarding experiences for Moody was when someone would come in feeling alone, with nowhere to turn, and she could make their court process as easy and as comfortable as possible for them. She said lots of times listening to their story is all it takes to help someone.

Moody is now stepping out of the job she loved simply because she believes it's time. Two young women at the Morden court office are taking over for her, and she knows they'll do



SUPPLIED PHOTO

a great job.

"You can't work forever," she said. "It would be easier retiring if I hated my job ... I truly love my job and the role that Manitoba Justice plays in our society, but there comes a time. It's easier to know I'm leaving it in good hands."

> CANTELON, FROM PG. 6

a few questions.

What training/certification do they have? I wouldn't recommend you see anyone who does not have at least recognized university-level training/education from an accredited institution. If they get dodgy and defensive about such questions just walk out ... you're worth it.

"Don't go to the hospital, for heaven's sake. Have your appendix removed by my neighbour Joe, he's pretty handy with a knife."

When someone lacks the proper training and certification as a counsellor you may as well be having "Joe" remove your appendix. Run the other way.

When I was in seminary training for ministry one of the wisest things we were taught was the following: "DO NOT counsel people if you

do not receive formal training and accreditation from a recognized body—you will do more damage than help."

Your pastor or spiritual leader may be a great person and mean well, but if they do not have significant training and accreditation in counselling from a recognized institution DO NOT seek them out for long-term counselling or therapy.

Now if you need to talk to someone about a recent crisis or grief such as a death, a pastor or spiritual leader is a wonderful resource. Like a friend, they are fine after a crisis to chat with once or twice ... but long-term therapy is not for them to offer.

Does your counsellor bring any kind of obvious bias or agenda into their practice? Ask around. Ask the counsellor directly about things that

might concern you. Make sure the counsellor is someone you can trust and be comfortable with.

For example, due to the nature of my specific traumas I do not see a male counsellor. I have some trust issues there I need to work through and they would be a barrier to my own healing.

If your trauma is related to certain people or organizations, if you have been subject to gender-based violence and abuse, you need to take this into account when choosing a counsellor.

> LETTERS, FROM PG. 6

ing). Now clearly the department of Education understands that a loss of 800 students is not a typical enrolment fluctuation; it's tied to the pandemic and the decision of many families in this area to homeschool (which is not the discussion here).

So what did the government do to address GVSD and this precipitous drop in students? What we DIDN'T do is reduce GVSD's budget by the equivalent of 800 students. Instead, the schools funding formula was reworked, adjusting the Sept. 2021 enrolment to mitigate the impacts of the pandemic on enrolment data and remove the anomaly of COVID-19. As a result, GVSD funding is largely held flat.

With all funding totalled up, in 2020/21 GVSD received an increase of 8.6 per cent (\$2.5M), and in 2021/22

Most counsellors and therapists will offer an introductory "get to know them" session at no cost. Feel free to ask for this and keep asking until you find the counsellor who is right for you.

My point is this: there are resources out there for you if you are in pain and keeping it bottled up. You don't have to go through it alone. Healing is available and helpful. I should have pursued therapy long ago but, hey, it is never too late to seek healing.

an increase of 9.5 per cent (\$2.79M). This year, with 20 per cent fewer students, funding is reduced less than one per cent (-\$286K).

There's one last concept not addressed in the article. GVSD has seen an 11 per cent decrease in students, after adjusting for the impact of the pandemic. Student enrolment in this school division has not grown for several years, which definitely needs further discussion.

The bottom line is our government is funding the Manitoba K-12 public school system with a \$120M increase for the upcoming school year. We are continuing to invest significantly in K-12 education and the future of our children.

Cameron Friesen,
MLA for Morden-Winkler

Letter policy

The Voice welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The Voice reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca.

Shoppers Drug Mart supports Genesis House



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Shoppers Drug Mart Winkler presented Genesis House executive director Ang Braun (centre) with a donation of \$4,711 last month.

By Ashleigh Viveiros

Winkler Shoppers Drug Mart staff presented Ang Braun of the Genesis House women's shelter with a donation of \$4,711 last month, representing the proceeds from this year's Shoppers Love You campaign.

Customers were invited to give at the till over several weeks last fall. The shelter also set up an information table at the store to raise awareness about the work they do with the victims of domestic violence.

The funds are a welcome gift, noted Genesis House executive director Ang Braun, but the chance to raise awareness was also hugely beneficial.

"That will open up so many opportunities for us," she said. "We had some excellent conversations there

with people ... this kind of campaign for a whole month gives us an opportunity for exposure that is just fantastic."

Store owner and pharmacist Zahid Zehri said the shelter is a cause that is very close to the heart of he and his staff and they were pleased to be able to lend them a helping hand in this way.

"The primary objective is to increase the awareness about what's happening in the community, especially with Genesis House," he said. "I was surprised how many people were not aware of what they do ... there are so many services they provide."

He thanked his staff for really going above and beyond in getting the word out about the campaign to customers.

Task force announces health care upgrades

By Ashleigh Viveiros

Manitoba Health Minister Audrey Gordon provided an update last week on the work of the Diagnostic and Surgical Recovery Task Force, including plans to begin chipping away at the hip and knee surgery backlog caused by the COVID-19 pandemic.

"The task force is leading critical work in partnership with Manitoba's health-care leaders to find solutions that will help to address the delays in surgeries and procedures caused by the demands of the pandemic," Gordon said at a media event in Winnipeg March 30.

"There are thousands of Manitobans whose quality of life is profoundly affected by this work, which is why it is critical we continue to make progress and find solutions."

One of those solutions, Gordon said, is to increase joint replacement surgeries at Concordia Hospital, Manitoba's leading site for hip and knee surgeries.

The provincial government is supporting the expansion of the orthopedic surgery program at Concordia to add a fifth operating room, which includes recruiting an orthopedic surgeon, adding four in-patient beds, and investing in anesthesia staff.

The Concordia Foundation will be leading fundraising efforts for these

improvements, which are expected to be in place by the end of the year.

The province has also committed \$400,000 in the Spine Assessment Clinic to allow it to increase the number of assessments it is able to complete so patients can get treatment sooner. The funds will allow the clinic to add four new physical therapists.

"A majority of patients referred to the clinic can be helped by treatments other than surgery, such as physiotherapy, chiropractic care, or other pain management solutions," Gordon noted.

Gordon went on to announce that the province is funding a new mobile CT unit and two new mobile MRI units to cut down on wait times for those scans.

"Once fully operational, the units will be able to deliver more than 11,600 CT scans and 7,200 MRIs annually," she said.

Services at Misericordia's cataract program are also being expanded to increase baseline capacity within the province.

It was announced at the press conference that nine Manitobans have received spinal surgery in North Dakota through a pilot program with Sanford Health. Additional surgeries are scheduled for the coming weeks.

"This initiative is coordinated through Manitoba's out-of-province

medical referral program and helps to reduce the wait time for Manitobans who choose to travel, improving their quality of life as the province increases its capacity," Gordon said.

Task force steering committee chair Dr. Peter MacDonald noted these and other efforts will do more than get Manitoba out of the surgical backlog caused by the pandemic.

"The task force has been hard at work in overseeing the implementation of new initiatives that will help improve wait times for Manitobans awaiting certain diagnostics and procedures," he said.

The improvements at Concordia are expected to increase capacity by up to 1,000 joint surgeries a year moving forward.

"We do acknowledge that the number of surgeries is well behind here for this year, but what we're talking about with the additional 1,000 [is] being after we are back to baseline [levels]."

"So we're just not going back to baseline. We're adding incremental surgeries," MacDonald said. "As an orthopedic surgeon, I know the profound benefits of hip and knee surgeries and the influence they can have on a person's quality of life and overall health. It's so meaningful to see this initiative move forward."

'NOT GOOD ENOUGH'

This update from the task force was met with frustration from the government's critics.

NDP health critic Uzoma Asagwara said it is disappointing the task force has not yet committed to an end date to clear the surgical backlog, which Doctors Manitoba last week put at almost 168,000 procedures.

"Yet again Manitobans are left waiting. Thousands, unfortunately, continue to wait in pain with no end in sight," Asagwara said.

MacDonald had said he questions Doctor's Manitoba's numbers, though the task force does not have alternative figures to provide Manitobans at this time. He noted wait times might be a better metric to go by and that the goal is to get back to pre-pandemic wait times.

That's not good enough, Manitoba Liberal Leader Dougald Lamont said in a statement.

"It's hard to believe, but the PCs aren't even trying to fix what they broke. They want to go back to 2019 waitlist levels, which were already bad and had been getting worse for three years straight due to PC cuts."

"It looks like they are setting a low bar for success so they can declare victory and pat themselves on the back while Manitobans languish."

getinformed

NEWS > VIEWS > WINKLER > MORDEN > SURROUNDING AREAS

Newcomers make the most of their first Canadian winter

By Ty Dilello

The Kim family has lived in Altona for five months now, and they've just completed their first winter in Canada.

JongSoo first arrived in Canada last May while his wife Dongsoon and their two daughters arrived a few months later in October. Seolah is 11 and in Grade 5, while Ain is nine and in Grade 3.

"My husband and I had been thinking of moving to another country since we got married," said Dongsoon. "Canada was the place we were at for our honeymoon, and we always had a really good impression of Canada.

"We were searching for a way to get a job, and since then, we finally found an immigration program last year RNIP [Rural and Northern Immigration Pilot]. We applied for it, and we are here now.

"This winter means a lot to us because we've started our new life and have met new people. And all of the people we have met here so far are wonderful."

Since arriving in town, the Kim family has tried to participate in all events

that have been held in the Altona area so that they could get to know their fellow residents and get involved in the community.

"One of the greatest memories was Seolah and Ain joining the Ukraine Support Concert that was held recently in March," shared Dongsoon. "It was so meaningful for them to be a part of this community, as Seolah was asked to play the violin for the event, and Ain drew some pictures as well."

The girls have been spending a lot of their free time on the ice this winter. They began skating when the arena opened for public skating and have joined the junior curling program as well.

"We had little experience about skating, but we are getting used to doing it the more that we went," Dongsoon said. "They are lucky to have such great coaches and staff in Altona."

Seolah and Ain had little to no English when they first arrived in Canada. However, they have already picked up the language incredibly well since they started attending school and learning a ton from their teachers and fellow students.

Quinn Hildebrand is the junior curling coordinator at the Altona Curling



SUPPLIED PHOTOS

Seolah (left) and Ain Kim with Junior World Curling champ and Altona native Mackenzie Zacharias at the Altona Curling Club for their curling windup.

Club and a teacher at École Elmwood School.

"We were pleased to have the Kim family reach out to the curling club late last fall with an interest for their daughters learning the sport of curling," he said. "Dongsoon shared they had seen curling at the 2018 Olympics in PyeongChang. My daughters are the same age as the Kim girls, and they have enjoyed getting to know them at school and at the rink. They are sweet and delightful girls."

"Both Seolah and Ain are keen to learn the game and are showing some great skills and talent on the ice. Who knows, maybe the next Zacharias/

Bergman sister team, who showed so much success starting out in junior curling, will be the Kim/Hildebrand sister team. We hope to have Ain and Seolah stay members of the Altona Curling Club for many years to come."

"It was a great first winter in Canada," said Seolah. "We love skating and curling, and we've met a lot of friends at the skating rink and curling club."

"We also went to the nature pond and did some skating and sledding there," added Ain. "It was a lot of fun. We are going to play softball and take swimming lessons this summer, and play tennis and badminton too!"



SUPPLIED PHOTOS

Seolah and Ain have had a blast during their first winter in Canada learning how to curl and skate, even if that last one did require a few breathers on the ice (right).



Winkler Whips leading the charge on Diamond 5 upgrades

By Lorne Stelmach

Winkler's senior men's baseball team is raising funds to give the community's most well-used diamond a wholesale upgrade.

The improvements for Diamond 5 will be done in phases over the next few years, and team representatives say the project is long overdue.

"It's been many years since anything's been invested into this facility," said Russ Penner, president of the Winkler Whips. "It's a well used diamond. There's five teams that call this diamond home and play on it regularly.

"It was time for an upgrade, so we approached the City of Winkler about it and we got their blessing to go ahead and go forward with it."

The Whips are looking to raise

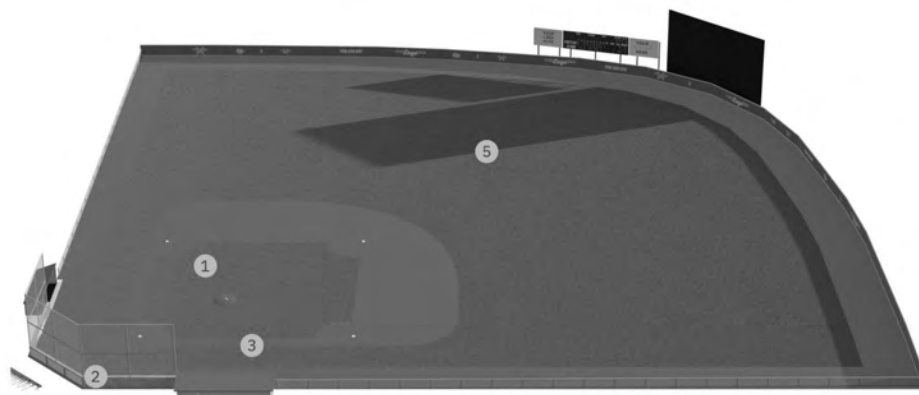
about \$350,000 for the first three phases of upgrades. They've already hit \$135,550 in contributions, leaving them with \$214,450 still to go.

There is a \$50,000 contribution coming from the City of Winkler, and the club also sold the naming rights to Arctic Spas, helping to push the campaign even further along.

"I would say we've got a good start on it," Penner said. "We're well on the way, and we're super excited that it's coming to fruition now."

The club has been planning to take on this project for the past couple of years, but it was delayed in part due to the drought conditions last summer.

Phase one will include digging out the current infield and replacing it with sod, pushing out home plate about five to 10 feet to decrease the



SUPPLIED IMAGES

The improvement project for Diamond 5 in Winkler will start with installing sod in the infield, pushing back home plate to decrease the distance to the outfield fence, reworking the pitcher's mound, installing a new sprinkler system, and providing more foul territory space.

distance to the outfield fence, reworking and reshaping the pitcher's mound, providing more foul territory space, and installing a new sprinkler system.

Phase two will include new, below-ground and larger dugouts, a concrete backstop with padding for long-term durability and less main-

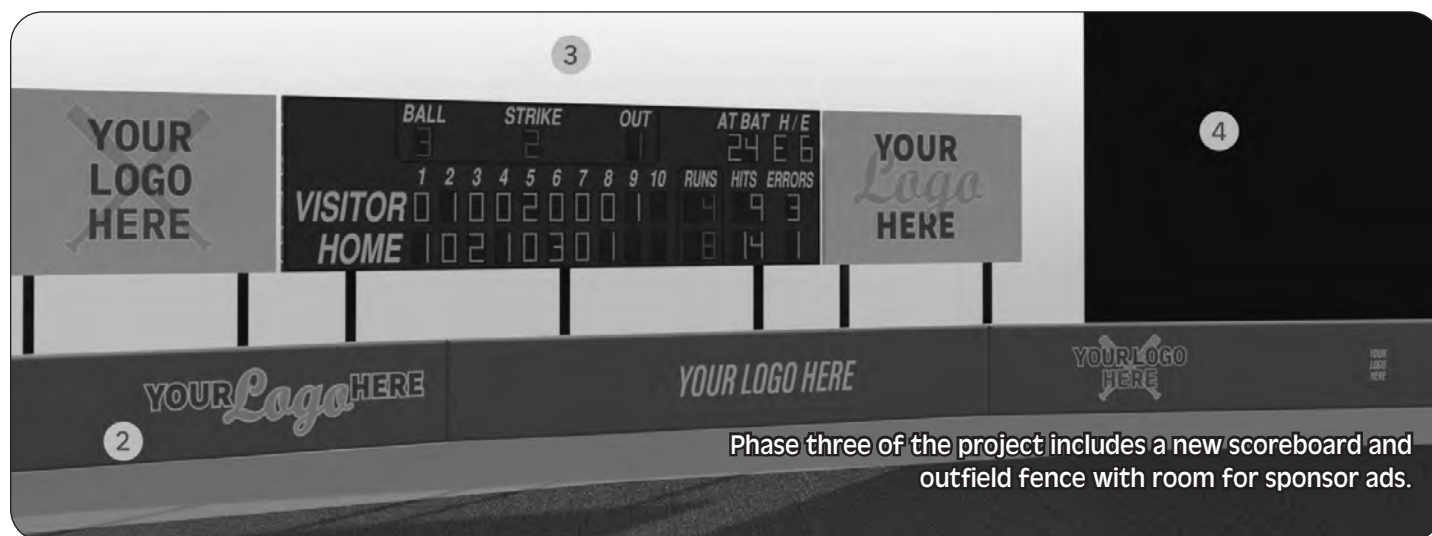
tenance, and new protective netting to improve sight-lines and provide greater safety for players pursuing foul balls.

Phase three will see a new outfield fence go in with the same dimensions as the current one but with protective padding and a more protective top. The new fence will allow for more secure and visible advertisements and sponsorship panels. Also going in will be a new scoreboard.

"We're going to do some of the work on our own as a team," noted Penner, who sees much of this project being accomplished over 2022 and 2023, with perhaps the final work being done by 2024.

"Pinnacle is going to be our general contractor, and they are doing that free of charge as a donation to help the project along," he said. "As soon as our season is complete in August sometime, we will break ground."

If you'd like to support the upgrades, head to winklerballpark.com to donate.



Phase three of the project includes a new scoreboard and outfield fence with room for sponsor ads.

Cross-border restrictions ease for the fully vaccinated

Pre-entry tests no longer required for fully-vaxxed, but everyone still needs to use ArriveCAN before crossing back into Canada

By Ashleigh Viveiros

Planning a road trip down south? The Canada Border Services Agency (CBSA) is reminding travellers that while some COVID-19 restrictions have eased, there are many still in play.

The federal government removed the pre-entry test requirement for fully vaccinated travellers on Friday, April 1.

That means fully vaccinated people coming into Canada by land, air, or water no longer need to be tested for COVID-19 before they arrive at the border, though some people may be

randomly selected to take a mandatory test when they arrive. If you get selected for a random test, you are not required to quarantine while awaiting the results.

If you're partially vaccinated or unvaccinated, nothing has changed for you—unless you're otherwise exempt, you still need proof of a negative pre-entry COVID-19 test upon returning to Canada.

Accepted tests include a negative antigen test taken no more than one day before arrival at the border, a negative molecular test taken no more than 72 hours before, or a previous positive molecular test taken at least

10 calendar days and no more than 180 calendar days before arrival at the border.

And, unless otherwise exempt, all unvaccinated returning Canadians will still be tested with COVID-19 molecular tests on arrival and on day eight while they quarantine for 14 days.

Tim Johns, CBSA director for southern Manitoba, said last week that they are anticipating seeing a jump in the number of travellers at the border now that the pre-entry testing requirement for vaccinated individuals is gone.

"We're definitely expecting in-

creased volume as the travel restrictions ease," he said, noting they'll be shifting staff around as needed to meet growing demand at popular crossings.

Vaccinated or not, Canadians need to be aware that all travellers still need to provide several pieces of required information via the ArriveCAN app or website *before* arriving at the border.

"I want to iterate that even though the testing requirement is changing as of the 1st, there is no change to the ArriveCAN requirement, which needs to be submitted within 72 hours before arriving in Canada," stressed Johns.

ArriveCAN requires travellers—no matter how long they were outside

Chad Friesen named to immigration council

By Ty Dilello

Friesens Corporation president and CEO Chad Friesen is one of 20 Manitobans that have been named to Manitoba's new advisory council on immigration.

The council has been tasked by the provincial government with gathering and recommending improvements to current immigration policies and programs.

"As we recover from the pandemic, we need to encourage economic growth, invest in education, training and job creation and support investment, and immigration is one part of this bold plan," said Immigration Minister Jon Reyes in a statement. "I look forward to working with the council as we review the current system and recommend creative new ways to welcome people to our province and create a place where people want to come to work, live, prosper

and put down roots for their families."

The province was looking for a diverse group of individuals representing a number of different needs and factors. Friesen fit the bill.

"I think given that Friesens is a large business operating in rural Manitoba that has had extensive experience with foreign recruitment, we've gone through the trials and tribulations of managing an immigration program in a small community," Friesen noted. "I think they saw an opportunity for us to have a voice at the table."

With so many different backgrounds and viewpoints on this new council, Friesen's role will be from a business standpoint.

"Over the last couple of weeks, there's been lots of discussion and interest from the business community and province with the Ukrainian refugees immigrating to Manitoba," he said. "While that's very important

and timely, I think overall the council's job is to try and build a better immigration program for the long term.

"I think there's going to be some short-term demands related to the crisis in Europe right now, but this council needs to put forward recommendations for improvements on immigration in general."

Friesen is looking forward to meeting with the group and getting things started. The council will begin work immediately, with a final report to be provided by the end of the year.

"The province tried to get a diverse group of people to represent different areas and interests," said Friesen. "Ultimately, the challenge will be how to bring a very diverse group like that together to nail down some very pointed action items for the province. I'll do my part to try and work with them to come up with a solution."



SUPPLIED PHOTO

Friesens Corporation CEO Chad Friesen is one of 20 Manitobans that will form Manitoba's new advisory council on immigration.

Anonymous donor makes it possible for Habitat to buy two lots

By Ashleigh Viveiros

A generous donation means the Winkler-Morden chapter of Habitat for Humanity is looking at being able to get three families into their own homes this year.

Earlier this year, the chapter announced there was a significant amount of grant money available to them to help cover building a single-family home in Winkler and a duplex in Morden—all they needed to do to secure it was raise enough to buy the lots and commit to putting shovels in the ground in 2022.

Lots don't come cheap in this area, though, and organizers figured they needed to raise a couple hundred thousand dollars in a very short time period this spring to have a chance to make these projects happen.

Thanks to an anonymous donor, that fundraising goal has been met. The chapter last week revealed that an individual has provided them with the full funds to buy both lots.

"This is from an anonymous donor who just really believes in the Habitat program and he wanted to be able to see us take advantage of the other grant money," said local Habitat rep. Christina Falk. "It's amazing."

The individual hopes this donation will inspire others to support the work of Habitat for Humanity.

"He really wanted this to be a catalyst for other people ... to say, 'I have some funds here that can help out too'

and hopefully that will just kind of be a snowball effect here," Falk said.

Habitat is now crunching the numbers to figure out how much these two builds will cost and exactly how much grant money is available.

"Chances are these ones are going to be quite a bit more expensive" than previous builds, Falk said, pointing to rising material costs but also the fact these buildings need to be ready for occupancy by 2023 to meet the grant requirements, which means they'll have to rely more on hired labour than volunteers. "We have a very short time frame to build in, so it's going to be a bit more costly ... we're going to be relying on a lot more trades than before."

Whatever the final cost projections end up being, Falk is confident these

builds will happen.

"We're moving forward in faith that we're going to have the money to be able to build."

In the meantime, chapter volunteers are working on selecting the families who will call these buildings home. The deadline for consideration closed just last week and Falk said they got a healthy number of applications.

As they work out those details, the chapter will continue fundraising efforts by way of a community garage sale planned for June and the return of its children's playhouse raffle this festival season.

Looking further ahead, Falk is excited at what having potentially five houses in total in Morden-Winkler will mean for the organization moving forward.

The way the program works, she explained, is qualifying families receive a no-interest mortgage for their homes that they pay back to Habitat (this is on top of what's known as sweat equity—labour they put into their homes and the community during the builds).

Those mortgage payments are what the chapter uses to fund future builds, helping even more families achieve home ownership.

"As they pay their mortgage back, that money stays here and we build more houses," Falk said. "The more houses that are built, the less fundraising has to be done. The goal is that eventually it's very self-supporting."

Learn more about Habitat or make a donation online at habitat.mb.ca/chapters/winkler-morden.

> BORDER CROSSING, FROM PG. 10

the country—to upload their vaccination information, quarantine plans in case of a positive test result, and other related details before attempting to cross into Canada.

"Even if you are fully vaccinated, if you don't use ArriveCAN then a traveller may not be exempt from quarantine or testing requirements, so it's very important to do so," Johns said, emphasizing that even a fully vaccinated individual could

find themselves in a mandatory 14-day quarantine if they fail to use the app.

"Travellers should print or take a screenshot of their ArriveCAN receipt and bring it with them," he advised. "And make sure that they're using the most up to date app if they've downloaded it from the Google Play store or the [Apple] App Store."

Coming back into Canada is one

thing, Johns noted, but it's also important to check the current COVID-19 related requirements for entry into the foreign country you're travelling to.

The United States, for example, requires non-Americans to provide proof of full vaccination for entry. Those entering the U.S. via air also need a negative test or proof of recent recovery from COVID-19 before boarding their flight.

Morden chamber head departing after 10 years

By Lorne Stelmach

There will soon be a new face at the helm of the Morden and District Chamber of Commerce.

Executive director Candace Collins is moving on to another opportunity

after having served as the chamber's executive director for the past decade.

It's been a rewarding role for Collins, and it wasn't an easy decision for her to leave it behind.

"It was a very new environment for me when I came into it," she recalled.



PHOTO BY LORNE STELMACH/VOICE

Candace Collins is leaving her post this week as the Morden chamber's executive director.

"It's been a very rewarding experience. I have really enjoyed my time with the chamber of commerce.

"You get to work with so many people, all the different business owners ... the business owners and entrepreneurs are such a unique group of people. They're knowledgeable and community-minded and forward thinking, and they are the leaders of the community.

"And that includes the board members themselves. I've had the privilege of working with wonderful people over the years."

Collins takes satisfaction in having helped guide the chamber through a number of challenges, including overseeing a couple office moves.

"When I look back at when I started with the chamber, it had been running a deficit for a number of years," she also noted. "I think we, together with the board, worked really hard to bring it back up and worked our way out of that deficit, and now we are in a financial position where we are comfortable and stable."

And of course more recently came the challenges around the pandemic, which gave the chamber a vital role in helping provide information to members as well as lobbying for business supports.

"Obviously COVID presented everyone with challenges, and businesses have been no different," said Collins. "The last couple of years have looked really different, but the chamber has been an important part of advocating for businesses."

Collins also cited a recent achievement where the organization received official accreditation.

"The Morden chamber of commerce is one of only two chambers accredited in Manitoba; the other is in fact the Manitoba Chambers of Commerce. That's something we are pretty proud of here."

Chamber directors said the organization has really benefitted from Collins' efforts, particularly during the pandemic, which the chamber was able to weather due in no small part to her vision and diligence.

"She has always been fantastic for the board members," said chairperson Scott Hoeppner. "And having now been chair and on a number of other boards, I've only become more appreciative of her because I can see what all she does for the chamber."

"She's made strong connections and we're in a better financial position than we've been in a long time," he added. "She'll be hard to replace."

Hoeppner was uncertain about timeline for finding that replacement.

"From my perspective, the sooner the better. Obviously, we want to take our time to make sure we have someone who is the right fit, not only for the chamber but for them to succeed as well."

Collins concluded that she believes the chamber is well positioned to remain strong and vibrant in the community.

"I look forward to seeing the chamber continue to strive and grow with whoever takes the lead here."

Border Land SD approves \$37M budget for 2022-23

By Ty Dilello

Border Land School Division is increasing its budget by just over four per cent for the coming year while not asking more of taxpayers.

The operating budget for the 2022-2023 school year comes in at \$37,164,727, which is up from last year's \$35,500,354.

The revenue slated to come in for this year is \$37,263,977, which includes \$22,061,067 from the provincial government and \$13,544,320 in property tax. This gives the Border Land an operating surplus of \$99,250.

Capital projects are budgeted at \$501,250, leaving the division in a deficit budget position

of \$402,000 for 2022-23.

"It is very much a status quo budget this year," said BLSD secretary-treasurer Rachel Geirnaert. "It was just trying to keep our existing staff and programming in place. Simply because we weren't allowed by the province to raise taxes."

Salaries for the division have risen to \$27,409,416, from \$26,136,617 in 2021-22.

"Our budget has gone up, and that's mostly due to the wage settlement contracts, so there was extra funding provided by the province," explained Geirnaert. "And that's to help cover the additional salaries that we'll be experiencing

next year. The teachers settled, and that had financial implications for us."

The budget means that school taxes will decrease by 1.17 percent. For example, on a home valued at \$250,000 or farmland valued at \$434,000, you will see a decrease of \$18. Meanwhile, a commercial property valued at \$250,000 will see a \$26 decrease in school taxes.

Border Land received expanded capital funding of \$620,000, which is going towards HVAC air conditioning projects at five of its schools. Roseau Valley School, Ross L Gray School, Shevchenko School, and École Parkside School will see air conditioning units added to their gyms. Emerson Elementary School will receive new air conditioning units for the entire school, and Roseau Valley School will also have a ventilation and vapour barrier added to its crawl space.

"Those were totally wish list projects that we could not put into our must-do list for budget, so these extra funds will allow us to get some of the nice-to-have items done," said Geirnaert. "And those will be all done before March of 2023."

The **Voice**

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PINK SHIRT DAY

Standing together to stop bullying

April 13th

Celebrating International Day of Pink

Saying we will not stand for bullying

By Staff

The International Day of Pink will take place on April 13 this year. This is a day when the world stands against bullying, discrimination, homophobia, transphobia, and transmisogyny.

It's important to stand up against bullying and discrimination not just at a global level but right here at home as well.

To be a part International Day of Pink everyone is welcome to wear pink on April 13 and represent equality, diversity, inclusivity, solidarity, kindness, courage, acceptance and much more.

Something very special about this day is that it was started right here in Canada. In 2007, two high school students in Nova Scotia witnessed a gay student wearing

a pink shirt being bullied. The high schoolers came to the aid of their fellow student but wanted to do more to prevent homophobic and transphobic bullying. They decided to purchase pink shirts and convinced their peers to all arrive at school wearing pink.


The result of their actions was all students standing together in solidarity which in turn brought enough awareness that everyone started working together to prevent this type of bullying.

This initiative has continued to grow over the years and is now an international campaign that seeks to end all bullying in schools, workplaces and communities.

In addition to wearing pink, residents can also show their support on social media with stickers and GIFs, video call backgrounds, social posts, and social media headers available at the International Day of Pink website.

Let's all take the time on April 13 to wear pink, spark conversations about inclusivity and find ways to make our communities more accepting places for everyone who lives here.

To learn more about this initiative go to <https://www.dayofpink.org/>.



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Project Divergent deals a major blow to international drug, gun smuggling ring

By Voice staff

Twenty-two Manitobans, including a 29-year-old man from the village Freidensruh south of Winkler, are facing charges in connection to an international drug and weapons trafficking operation.

Manitoba RCMP last week unveiled the success of its Project Divergent investigation, which involved infiltrat-

ing crime networks around the world and resulted in the largest drug seizure in Manitoba RCMP history.

It started in 2018 when an RCMP criminal analyst noticed some trends regarding the international importation of drugs. Further investigation uncovered an expansive network bringing drugs and guns into Canada.

The investigation eventually involved several policy agencies across

Canada, including the Winkler Police Service, and the world, including the Colombian National Police, the Hellenic Police in Greece, and U.S. Homeland Security Investigations in Grand Forks, North Dakota.

Multiple criminal organizations were found to be involved, including the Hell's Angels.

As police began to infiltrate these networks, investigators saw large-volume transactions happening with cocaine, methamphetamine, opiates (specifically fentanyl), and assault-style firearms and ammunition.

"As we have seen in this province and in this country, deaths due to opioid overdose have been staggering," said Inspector Grant Stephen, Officer in Charge of the Federal, Serious, and Organized Crime Section. "Project Divergent disrupted the supply chain and took these drugs off the street. The utter disregard for human life shown by those involved in these networks, specifically those at the top of the chain, became very clear during this investigation, and we were able to take them out of the equation."

The investigation resulted in the seizure of 110 kilos of cocaine, 41.4 kilos of meth, three kilos of fentanyl, 0.5 kilos of MDMA, 14 handguns,

five assault-style rifles, and more than \$445,000 in Canadian currency.

Project Divergent has also led to a total of 20 arrests across Manitoba, Ontario, and British Columbia.

Among them is Damion Ryan, who police say is a full patch Hells Angels member with the Attica chapter in Greece. He was arrested in Ontario in February. His arrest, police attest, was a huge blow to the supply chain of illegal drugs and guns into Canada.

Two individuals are still at large and wanted by police in connection to Project Divergent:

- Kieffer Michael Kramar, 30. He is from Winnipeg, but police believe he could be anywhere in Canada.

- Denis Ivziku, 24, from the Lower Mainland of British Columbia. It is believed he is still in that area.

"This operation began right here in Manitoba and reached from Vancouver to Toronto, to Colombia, Greece, and the United States," said Assistant Commissioner Jane MacLatchy, Commanding Officer of the Manitoba RCMP. "The scope and success of Project Divergent was possible because of the tenacity of our investigators and the incredible and unfailing support of our partners. We could not have done this without them."



RCMP PHOTO

Police seized a huge amount of drugs, weapons, and cash as a result of a four-year international investigation.

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Looking back at the Flood of the Century

By Ty Dilello

It's been 25 years since the Flood of the Century took over the Red River Valley.

The primary cause of the 1997 flooding was a highly abnormal thaw of winter snow and river ice, following a winter season that featured much above-normal snowfall across the Northern Plains.

Don Kuryk was the Emergency Measures Coordinator with the Highways Department for the duration of the flood. He played a major strategic role in how the province fought off the high waters.

"If you do anything in life, you learn from history. In 1996, the flood was not as big, but it was a significant flood," Kuryk recalled. "And I knew where it was coming that year. In the winter prior to the 1997 flood, I told mayors, reeves, and other dignitaries of all these towns that you know where the flood came in your backyard last year? You can put a stick and

say that's where the water got. I said to put that stick five feet in the air and take a string line of wherever it comes to the land. That's where the water will come to this year.

"People told me that I didn't know what I was talking about. But they eventually started to believe me, and then it happened."

Because of where they were situated in the Red River Valley, the likes of Emerson, Letellier, Dominion City, and Roseau River First Nation were some of the first towns to be evacuated.

"These towns had ring dikes that were reinforced and heightened, but they were still very vulnerable, and the residents needed to evacuate quickly," Kuryk said.

Early on in the crisis, Kuryk met with the leaders of United States Flood Control, the City of Winnipeg, and the Province and pleaded that everyone needed to work together. That included getting everyone on the same page when it came to systems of



PHOTO BY TY DILELLO/VOICE

Don Kuryk was the Emergency Measures Coordinator that oversaw the province's fight against the 1997 Red River flood.

measurement to gauge the height and flow of the river to figure out the most vulnerable areas.

Kuryk is best known for coordinating the building of the Brunkild Z-dike, which was designed to keep spreading floodwaters from moving into the southwest portion of Winnipeg.

"The idea at the time was that we have to block the La Salle River off from Winnipeg," he said.

When the flood threatened to hit Winnipeg via the La Salle River, Kuryk acted fast. Over 300 backhoes, graders, and tractors from across the prairies quickly made their way to a spot at Brunkild.

In just a few weeks, crews rushed to build an eight-meter-high dike made of clay and crushed rock stretching 24 kilometres. And in the end, Winnipeg was saved from the flooding.

"If you think of what could have happened to Winnipeg if it got to that level, it would have had a devastating impact," said Kuryk.

For his efforts in the flood crisis, the Canadian Forces awarded Kuryk a Medal-

lion for Distinguished Service, which is rare for a senior civil servant to receive.

"In the battle against the rising Red River, Mr. Kuryk demonstrated strong leadership in the construction of the Brunkild dike," said Vice-Admiral Larry Murray at the time. "His efforts were critical to the dike's successful completion."

"Working incredibly long days, Mr. Kuryk maintained tireless focus, provided excellent advice and expert guidance in the development of military forces. The Medallion of Distinction is our way of showing our appreciation."

The Brunkild Z-dike has long since been dismantled, and any trace of it has vanished with time.

Kuryk notes that if another significant flood struck again, the Z-dike would not be needed anymore because the road where the dike sat at has now been built high enough to protect the province's capital.



SUPPLIED PHOTO

Altona chamber launches Women in Business events

By Ty Dilello

The Altona and District Chamber of Commerce held its first Women in Business event last week at Oma's Kitchen.

The event was a success with 14 local female business owners and managers attending. Food for the gathering was sponsored by Altona IGA.

The chamber provided a Leadership Survival

Kit for all attendees and the chamber's manager Cheryl Link gave a detailed introduction of herself for attendees to get to know her better.

"Altona businesswomen are very interested in networking in this way," said Link. "Those in attendance completed a survey and have suggested that this should continue on a monthly basis."

Continued on page 18

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Your FARM



Calves dust their noses with miracle product

By Nicole Brownlee

Studies herald a mineral compound that can improve animal coats, health and production, but farmers across Canada say they've believed in and used the product for almost 30 years.

Charlene Kaartinen was first recommended diatomaceous earth (DE) by a holistic veterinarian in Virden to boost her calves' immune system.

"Every year on farms there's always trouble with scours, but with us, it was coccidiosis," said Kaartinen, who has been a cow and calf producer for 35 years with her husband Craig Kaartinen at their farm in Eriksdale.

The couple used to rely on a \$75 box of Calf Span tablets, an antibiotic in tablet form, to treat coccidiosis.

"We had to catch these calves, pop these black pills into them for three days in a row, and we're dealing with calves that are already 200 pounds plus," she said.

Kaartinen incorporated DE into her herd's feed and soon realized the DE improved her calves' health because they were eating less dirt.

Researchers theorize calves eat dirt because they don't consume enough minerals, like phosphorus or salt, crave a salty taste or are curious about their surroundings.

Regardless of calves' reasoning, consuming dirt, manure or muddy water can make calves sick because there are parasites living in their snack of choice. Calves can then develop scours, coccidiosis or ulcers, leading to a costly vet bill and an uncomfortable regimen of antibiotics for the calf.

"Just like with us, you get an upset stomach you're looking for something more alkaline to counteract that acid. Soil is supposed to be more naturally alkaline, so the calves go to that to try and self-medicate."

Kaartinen believes the alkaline pH level in DE attracts calves.



VOICE PHOTOS BY CHARLENE KARTINEN

Charlene and Craig Kaartinen run a third-generation farm in Eriksdale and distribute their "godsend" product, diatomaceous earth.

"It soothes their belly."

Adding food-grade diatomaceous earth, marketed as an anti-caking agent for livestock feed, to the Kaartinen's food program has reduced illnesses in their calves, saving Star Lake Beef money and inspiring a new revenue stream.

Like how soil quality varies on the field, the minerals and quality of DE differs based on the location its mined from.

Star Lake DE is produced and imported from a mine in Nevada and doesn't contain any clay contaminants or additives which gives the product a distinctive white colour and smooth texture. Star Lake DE also has a unique mineral composition, said Kaartinen.

The Kaartinen's became the sole supplier of their enriched food-grade DE sold in Canada in 2002, six years after they started selling the product.

"It sounds too good to be true to have a product you can put out there, and the calves will eat it, and it'll reduce your trouble," she said.

"I'm only selling the product because I know it works."

On average, only two to four calves per year at the Kaartinen farm require additional intervention for loose stool since incorporating Star Lake DE into their feed. If calves need more care, the Kaartinen's mix Star Lake DE with water for the ailing few.

In the late 90s, there were very few scientific studies researching how and why DE impacted animals, but like Kaartinen, many farmers trusted the product because their calves were healthier.

There are few substitutions to DE that detract calves from consuming dirt, but some producers have noted that adding salt or additional mineral blocks can distract calves.

In the past decade, several studies have discovered DE benefits animals like sheep, chickens and rabbits.

DE comes from skeletal remains of algae-like plants called diatoms which have existed since prehistoric times. The diatoms are ground to a powder that looks and feels like talcum powder.

Calves that graze on feed mixed

Continued on page 17



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Your FARM



> DUST THEIR NOSES, FROM PG. 16

with DE emerge with characteristic white dusty noses like their snouts were dipped in powdered sugar.

Star Lake DE also contains minerals like silica, iron and calcium and prevents pests.

Powdered DE contains microscopic sharp edges that cut through insects' protective covering, killing them through dehydration. Farms have incorporated DE into grain bins to utilize the product's pest control abilities.

However, several studies and Kaartinen warn that DE is best introduced in the calving season to newborns. DE is less effective at promoting the animal's health if it has already consumed parasites.

"Producers need to think of it as a preventative measure."

Kaartinen recommends three to four bags of DE for calves in a herd of 100, which would cost around \$1.70 per calf.

Daryl Hoeppner, owner of Arborg Livestock Supplies, has sold Star Lake DE since the early 2000s and notes that customers have picked up the product for a variety of uses.

"The part we like is that it's all-natural," said Hoeppner.

"The ladies in town love it for their gardens because it works on cutworms and potato bugs."

Customers who pick up Star Lake DE for their calves return to the supply store every season, he added.

Allan Szklaruk from Gypsumville said Star Lake DE is a godsend product compared to expensive antibiotics.

One producer shared with Kaartinen that he couldn't understand why one half of his calving herd struggled with scours while the other didn't. He realized that the cows without scours ate from a trough with leftover DE from the previous year.

"He was sold," said Kaartinen.

For more information about Star Lake DE, contact Charlene Kaartinen at ckaartinen@outlook.com or phone 204-739-5251.



Calves jostle to eat DE and are detracted from eating dirt.



Grazing Workshop Series

Start Your Grazing Plan (Workshop 1) Choice of 3 locations

MBFI Brookdale Farm Learning Centre

- Tuesday, April 12, 2022 (12:00-6:00 pm)

North of Brandon, Corner of PR 353 and Hwy #10

Eriksdale Community Centre - Wednesday, April 13, 2022

(9:30--3:00 pm) 22 Railway Ave - Eriksdale

Grandview Kinsmen Community Centre - Thursday, April 14, 2022

(9:30-3:00 pm) 435 Burrows Ave - Grandview

Agenda

- **Building Pasture Productivity using Pasture Planning**
Steve Kenyon - Greener Pastures Ranching Ltd
- **Using Agri-Maps as a tool to develop grazing system plan**
Shawn Cabak - Ag Adaption Specialist - Livestock, MB Ag
- **Developing applications for grazing project funding**
- Laura Grzenda, Andrea Bertholet & Jewel Mazur
Agri-Ecosystems Spec. - Livestock Stewardship, MB Ag
- Local cost sharing programming
- **Hands-on supplementary training (optional)**
please bring your laptop



SAVE THE DATES! - MORE DETAILS TO FOLLOW

Fence and Water Solutions (Workshop 2) - MBFI Brookdale Farm Site - June 1, 2022

Electric Fencing Theory & Hands-on Demonstration, Solar Power for Remote Water Systems, Pasture Pipeline Installation

Health Check Your Pasture and Soil (Workshop 3) - MBFI First Street Pasture, July 6, 2022

Hands-on Demonstration of Pasture and Soil Health Assessments

Diversify Your Grazing (Workshop 4) - MBFI Brookdale Farm Site - August 3, 2022

Extended Grazing and Annual Forages for Feed and Livestock/Crop Integration

Workshop 1 Fee - \$30.00 per person (Lunch included)

Pre-registration is required (spaces may be limited) - April 11 registration deadline for Workshop 1

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Local kids building garden boxes to support Many Hands

By Lorne Stelmach

It's a fun family venture that is not only teaching the kids some skills but also giving back to the community.

Kaleigh Babaloia-Griffin and Danyk Bernardin along with their young work crew of Korede, Kiru, Chase, and Cole are now into their fourth

season of constructing and selling garden boxes in support of a local charity.

It all started with the kids helping to make a garden box for their grandmother, but it soon took off from there with Babaloia-Griffin's mother, being good at promoting things and knowing a lot of people in the community,

spreading the word.

"So by word of mouth, we became very busy very quickly," said Babaloia-Griffin.

The boys had a natural interest already in woodworking, but she also saw this being a good learning opportunity for them, she noted.

"We were looking also at the idea of helping out the community and teaching the kids how to work and make some money," she said.

"Every single one of these boys had some interest," noted Bernardin. "If we're not building these garden boxes, they're in the garage screwing boards together and making a mess in there."

"To see a six-year-old learning how to drill a screw in or how to shoot an air nailer safely and actually do it properly, it's very rewarding," he added.

"I think they're learning lots of different skills every year ... every year, we see them using different tools safely and it's even great seeing how they work together ... and then giving back. It's the whole picture," said Babaloia-Griffin.

Bernardin estimated they will usually make somewhere in the range of 200 boxes of various sizes.

Some can be as large as 12 feet long,

while others will be simple two by two foot planters, and they see a wide range of people coming around to purchase them.

"We have a lot of repeat customers. They keep on adding to their gardens," he said.

"It's definitely all ages of people ... but seniors tend to go more for the garden boxes because then they don't need to bend down to pick their weeds and such ... so it's accessible, and they can still garden that way."

"Over the years, especially during COVID, we ran out of wood a few times and couldn't help all of our customers," noted Babaloia-Griffin.

Choosing a charity to then support each year is another very rewarding part of the project.

The first recipient was Katie Cares followed by the Pembina Valley Humane Society and then the Candelighters childhood cancer support group. This year their efforts will support Many Hands Resource Centre.

"Each year we pick a different cause that kind of means something to us," she said, noting it has usually come to well over \$1,000 every year.

"It feels really good to see our children handing over the money," said Bernardin. "And definitely having the pictures and the videos of this going on, it's always nice to be able to look back and see it."

In the end, Babaloia-Griffin said the most rewarding part of it is "the family aspect of it. Everybody in the family has a role, and my mom does the promoting. One of us does the financial part ... Danyk does a lot of the measuring and making it accurate, but then everyone works together to put them together."

Anyone who is interested can look up Babaloia-Griffin or Marilyn Ducharme on Facebook or call or text 204-823-2550, and you can also watch for posters around town or look it up on Varage Sale.



PHOTO BY LORNE STELMACH/VOICE

Korede, Kiru, Chase, and Cole are back at it, making garden boxes in support of a local charity. This year it's Many Hands Resource Centre who will benefit from the kids' hard work.



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> WOMEN IN BUSINESS, FROM PG. 15

"In the future, we will be inviting guest speakers for various topics and will be moving around to include other meeting locations and to learn about other businesses in the area."

Altona businesswomen interested in attending a future meeting can get in contact with Link via an email to manager@shopaltona.com.

Thirty-five years of financial advice

By Lorne Stelmach

Gallery Wealth Management is celebrating 35 years of helping clients picture their future and achieve financial success.

As Reg Braun last week contemplated the milestone, he thought of the hard work and dedication needed to build the business from the ground up and to where they now serve over 1,000 households.

"For the first year, we didn't have a computer. We had our rate book and phone book, and we sold life insurance," he recalled.

"We didn't have printouts and things like that to give people to show them how different products worked. We had to use our communication skills to describe a product and describe it well enough to convince people to buy it.

"Now, of course, we can't work without computers, and the information at times is almost too much for people."

The company was long known simply as Braun Financial, but the name change came about a decade ago in conjunction with the move to their

current location at 6-75 Thornhill Street in Morden.

Braun's passion for outdoor photography inspired the new name, and the office became known to clients as a place to peruse his gallery of photographs.

Over the last 10 years in particular, Gallery Wealth Management has grown significantly. Braun sees their addition of retirement planning as having been a major step for them.

"When we started to do that type of planning, that's when we really started to see our business take off, so it's in demand," he said.

Braun attributes his success to his team, including his wife Allison who came on board as operations manager in 2011 and who also works with clients as a certified executor advisor. Chris MacPherson, Carly Kliewer, and Evgeniy Sharapov round out the staff.

This year also marks a new partnership with a company called Next Chapter. They specialize in retirement lifestyle planning, which captures all the non-financial aspects of retirement, and Braun said this will be another value-added service as a suc-



PHOTO BY LORNE STELMACH/VOICE

Reg and Allison Braun are celebrating 35 years of Gallery Wealth Management.

cessful retirement requires more than financial security.

"Meeting with clients energizes me," he said. "Different clients have different needs, so we have to be able to make sure that each client is in the type of product that's appropriate for them."

"We have had changes coming all the time because we couldn't come together with our clients, so the industry had to change ... it's really changed

our industry a lot," noted Allison, who echoed Braun's sentiment about meeting their clients' needs.

"We care deeply for our clients and for our team as well, and I think that shows in our work."

With wildlife also being a passion for them, Braun noted they are hoping to hold another live event this spring where the Manitoba Wildlife Rehabilitation Centre will bring in a live raptor or two.

Children's Camps International



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- Signed NHL Jerseys

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Community museums receive provincial funding

By Becca Myskiw

Four local museums have received grants as part of the Manitoba government's Community Museum Project Support Program.

On March 30, Sport, Culture, and Heritage Minister Andrew Smith announced the 29 recipients of a combined \$240,000. The program is an eight-year initiative to fund museum activities that advance reconciliation, equity, diversity, inclusion, COVID-19 recovery, and collections management.

"This new grant will help support the economic recovery of these important community institutions and help fulfill our government's commitment to advance reconciliation and build a more inclusive and prosperous future for all Manitobans," said Smith.

The Community Museum Project Support Program was announced in

January, with grant applications open until Feb. 1. Non-profit community museums focused on conserving, preserving, and interpreting their collections for public enjoyment were eligible, with preference given to those that support an appropriate interpretation of Manitoba's history and include partnerships with Indigenous people or communities.

Of the 29 grant recipients, four will advance reconciliation, three will advance equity, diversity, accessibility and inclusion, eight will support COVID-19 recovery, and 14 will improve collections management activities in community museums.

The Miami Railway Museum, Dufferin Historical Society, Canadian Fossil Discovery Centre, and the Manitoba World War One Museum received money in the local area.

The Miami Railway Museum received \$4,600 to create a virtual tour



The Manitoba World War One Museum near Pilot Mound received funding to promote events like its annual A Day in the Trenches.

VOICE FILE PHOTO

for visitors who can't get up the stairs to the museum's second floor. The museum's Joan Driedger explained that because it was built in 1889, the building is a national historic site. As such, they can't change its footprint, therefore creating the accessibility issue.

"We intend to make the museum as accessible as possible, so we intend to make this tour," she said.

The plan is to have a tablet on the first floor where people can scroll through photos of the museum's top floor. They'll see two bedrooms from 1910, a railway station photo gallery from the 1910s, and what used to be a toilet room.

The Dufferin Historical Society received \$6,250 to make new cabinets in their workroom.

Trish Aubin of the museum said the new cabinets would be built in four separate units with adjustable shelving to house more artifacts. In addition, they'll store the framed photos

that don't fit in envelopes with slats and will allow for more space in the workroom.

Aubin said they're really excited about being able to do this, and they hope to make this grant an annual thing to keep upgrading the museum.

The Canadian Fossil Discovery Centre received \$11,000 to make changes in their laboratory. Executive director Adolfo Cuetara said the lab has been unchanged for 40 years and needs renovations. Each fossil on display has to go through the lab to be preserved, processed, and prepared for research.

"When we find a fossil, we don't know what it is," he said. "The most important part of the museum is the lab because it's where fossils give meaning on what it is. It allows discoveries."

So, they'll use the grant money to get custom-made cabinetry to hold the microscopes and tools used for research. Cuetara said the current cabinets are "literally falling apart," so they're very excited to be able to fix that.

"This is going to be a huge improvement for the quality of our collections," he said.

The Manitoba World War One Museum received \$3,225 to advertise to let people know they are still here essentially. Bruce Tascona of the museum said the past two years have been tough on them.

They haven't been able to hold their annual A Day in the Trenches, a major fundraiser for them, and they've been seeing fewer people through their doors. So, after losing out on two years, Tascona said they want to remind people they exist, and they're going to do that in more prominent publications like Travel Manitoba.

Their advertisements will educate the public that they plan to open in mid-June, have their hours of operation, and get the word out on what the museum offers.

The Miami Railway Museum received \$4,600 to create a virtual tour for its second floor, which is not easily accessible to those with disabilities.



VOICE FILE PHOTO

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Buddy Knox: Dominion City's very own rock star

By Ty Dilello

Did you know that for a couple of decades Dominion City was the home to a famous rockstar?

Buddy Knox was the first artist of the rock era to write and perform a number-one hit song when he released "Party Doll" in 1957. The song earned him a gold record as well as a BMI million performance award.

Knox was the very first Texas rockabilly artist to be awarded a gold record, and he was one of the innovators of the southwestern style of rockabilly that became known as "Tex-Mex" music.

Born in 1933, Knox spent his childhood and youth in his home state of Texas.

"We didn't even have electricity or a radio," he recalled in a 1993 interview. "I played guitar and harmonica to entertain myself."

He eventually started writing songs and began presenting them to record labels.

"Party Doll" was picked up for national distribution by a popular New York-based record label called Roulette Records. The song quickly hit the top of the charts by March of that year, selling well in excess of a million copies in a matter of months.

As he later recalled, "One minute I was on a farm in Happy, Texas, and the next on *The*

Ed Sullivan Show. I'd never seen buildings over three storeys before."

Knox had a couple of million-selling singles but ended up having little to show for it by the mid-1960s. He wound up touring all over North America, including some stops in Manitoba.

In 1966, a Kenora quintet called Satan & the D-Men were hired to back up Knox on a series of dates in Winnipeg, including appearances at Transcona's Pink Panther club, the Metropolitan Theatre, and the North End YMCA, as well as rural shows in Portage la Prairie, Birtle, Brandon, Kenora, and Thunder Bay.

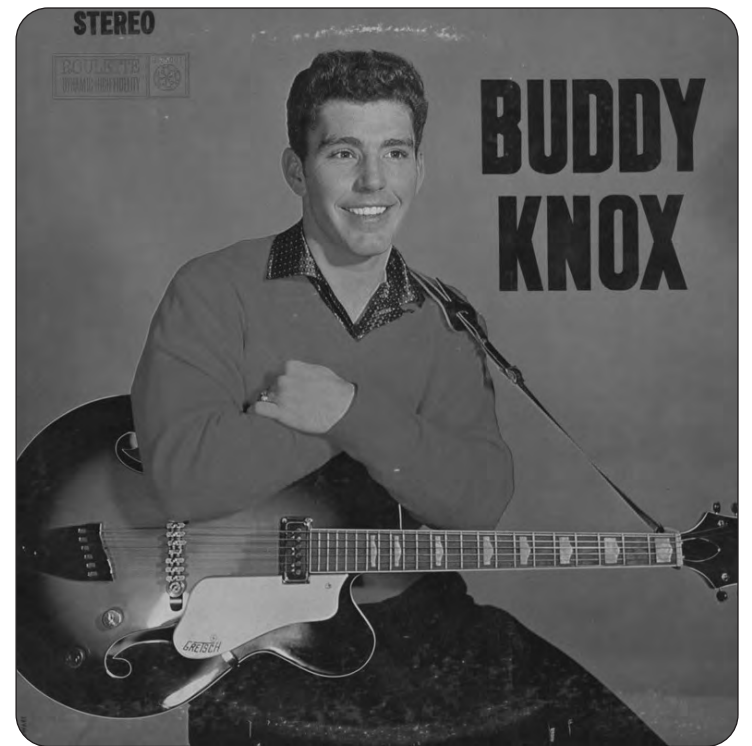
Knox drove up for these shows from Georgia in a white Corvette and had a splendid time performing his songs north of the border. He enjoyed it so much so that in 1970, he decided to live in Canada.

A few years later, in 1974, he met a girl that was from Arnaud, who he later married.

Knox gave his wife the choice of settling near his family in Texas or hers near Arnaud. She chose the latter. They rented a small house for a year before moving to Dominion City, just a few kilometres from her parents.

He ended up staying for most of his remaining years in the community while still going out on the road to do concerts.

Residents in Dominion City recalled that al-



SUPPLIED PHOTOS

Texas-born Buddy Knox, the singer of the popular 1957 song "Party Doll," spent his later years living in Dominion City.

though Knox was a rockstar, to them, he was just another member of the community that was friendly with every-

one.

Knox passed away on in 1999 at the age of 65, just ten days after he was diagnosed with bone cancer.

To this day, his hit song "Party Doll" is still played on radio stations across North America and can be found on modern records as well.

"My dad sure enjoyed his time in Canada a great deal," said Knox's son, Michael. "Dominion City was good to him and he fit in like a glove. He was just a regular joe in rural Manitoba."



Knox's career had him rubbing shoulders with some of music's greats, including Elvis Presley (above) and Waylon Jennings.

Program launching in Morden aims to keep seniors active, engaged

By Lorne Stelmach

A program being offered in Morden this spring will provide a double benefit of not only promoting active aging but also encouraging intergenerational connections.

The initiative supported with funding through the New Horizons for Seniors federal program aims to help empower and engage seniors as well as care partners and volunteer youth.

Part of the appeal in offering this

free program is the flexibility, said Rebecca Atkinson of Morden Physiotherapy. Local seniors have had input on the programming, and the participants will also be able to modify the program as it unfolds.

"We're getting together to exercise, and we're going to discuss a theme about healthy aging, and then we're going to engage in this preferred activity," explained Atkinson. "New Horizons wants it to be flexible to the needs of the seniors, and I just think

that is a cool aspect of it."

The program here is being co-ordinated with the Morden Activity Centre and organized by Atkinson, Stephanie Dueck from the City of Morden, and the centre's Barb Heide.

It will be built around 37 weeks of fitness classes for seniors and a weekly walking program for 45 weeks. The focus will be to improve their ability to do tasks of daily living.

There will also be excursions where- by the fitness class engages in an

out-of-house activity directed by the goals of the participants, such as grocery shopping or managing in a busy church.

The intent is to help participants manage barriers to an active life in the community, so the excursions will also focus on things like gardening, processing food, documenting and sharing one's garden digitally, and building intergenerational connections.

Continued on page 24

sports & recreation

Flyers one win away from advancing

By Ty Dilello

The first round of the MJHL postseason has been a roller coaster of sorts for the Winkler Flyers, as their best-of-seven series against the Winnipeg Blues thus far has seen victory go to whichever team has had home-ice advantage.

After winning the first game at home, the Flyers headed to Winnipeg, where they lost the next two games.

Returning to Winkler for games four and five, the Flyers pulled out a wild double-overtime thriller last Friday and then took Sunday's game 3-1 to lead the series 3-2 as they head to Winnipeg for game six Wednesday night.

In game four, Winkler was a goal away from being down three-games-to-one in the series as the match headed to overtime for a decision.

However, a Daniel Issak snapshot off a faceoff towards the end of double overtime was the goal that was desperately needed to tie the series.

"It was a really exciting game, especially having to come back the way we did," said head coach and general manager Justin Falk. "It's crazy with all of the momentum swings, and that's just how the playoffs works. Managing them, earning them, and changing them. It was a great response by our group after a not-so-great second period that carried into the next game at home."

Flyers' defenceman Dayton Kiesman added, "We answered back and got the upper hand which was awesome. To win that game where our fans were electric, what a night."

The Flyers kept the momentum going Sunday, with goals from Justin Svenson, Gavin Waltz, and Jayden McCarthy leading them to victory.

"It was a great effort. We love the crowd and tried to feed off of it," said Waltz after the game. "We're going to try to end the series up in Winnipeg next game ... we just gotta find our energy up there in Winnipeg and we should be fine next game."

As the series heads back to Winni-



PHOTOS BY RICK HIEBERT/VOICE
Above: Winkler goaltender Dylan Meilun makes a pad save on a partial Blues breakaway in game four in Winkler Friday night, which the Flyers took 4-3. Right: Logan Fillion avoids the check of Winnipeg's Josiah Vanderhooft. The Flyers took game five 3-1 Sunday to take a 3-2 series lead. Game six is in Winnipeg Wednesday followed, if needed, by game seven Saturday in Winkler.

peg for game six, Falk knows that it will be a major test for the team.

"We need to have a response for us to have the type of effort we had at home to now carry that onto the road," he said. "So game six on Wednesday will be a huge test for us."

"When you think a game can be over and that you're out of hope, there are so many emotions in these kinds of series, and the momentum goes back and forth constantly. It'll be a really good test for us to stay rooted here, to stay humble, and do the things that give us success as we know the effort that were going to have to bring next game to be successful."

Should the Blues get a win Wednesday the series will need game seven to decide it. That's scheduled to take place in Winkler Saturday night.



Cole Kehler wraps up ECHL season

By Ty Dilello

Cole Kehler is now back at home in Altona after a wild winter that saw him see action with three professional hockey teams in the East Coast Hockey League (ECHL).

The 24-year-old netminder was born and raised in Altona. He played in the town's minor hockey program and attended W.C. Miller Collegiate.

"Like any kid from small-town Canada, my parents put me into minor hockey and instantly I loved the sport," recalled Kehler. "As for getting into goaltending, I always seemed to have a knack for the position, and it was always the position I had the most fun playing, so as soon as that was an option to play the position all the time, there was no looking back."

"Growing up in Altona was great. From a hockey perspective, it gave me everything I needed. In the early days, I was fortunate to have had such a good minor hockey program that was able to provide me with gear to play the goaltending position. Along with lots of parents and community members that took a lot of pride in the minor hockey system and sacrificed lots of valuable time to teach us the game, it was perfect for a young hockey player like myself."

Kehler first left Altona to play junior hockey in British Columbia back in 2013. He spent a couple of seasons with both the Kamloops Blazers and Portland Winterhawks of the WHL and played a season with the Merritt Centennials of the BCHL.

The highlight of Kehler's junior ca-

reer was undoubtedly his time with the star-studded Portland Winterhawks club that boasted future NHL first-round picks Cody Glass and Seth Jarvis. He went 62-33-7 with six shutouts and five assists in 109 total regular-season games for the Winterhawks over two seasons. He was also the team's starting netminder for a pair of deep runs in the WHL playoffs each year.

When Kehler aged out of junior hockey, he started playing in the NHL's Los Angeles Kings organization on a three-year entry-level contract.

Kehler spent the 2018-19 season with the Manchester Monarchs of the East Coast Hockey league (ECHL) and later with the ECHL's Fort Wayne Komets. He also got to make his AHL debut in 2019-20 for the Ontario Reign.

After leaving the Kings organization as a free agent since he was not tendered a qualifying offer, Kehler was offered a professional tryout to attend training camp with the Winnipeg Jets prior to the 2020-21 season. From there, he signed a one-year contract with the AHL's Manitoba Moose.

Kehler spent the 2020-21 season living out a childhood dream with the Moose. In three games, Kehler went 2-1-0 with an .861 save percentage.

After struggling to find a place to play for this past 2021-22 season, Kehler found a home in the East Coast Hockey League (ECHL) with the Rapid City Rush in South Dakota.

"I'm very fortunate to have a great agent in Ray Petkau who works tirelessly for all of his clients, and he is

Altona's Cole Kehler tended goal for three ECHL teams over the course of the past 2021-22 season.



someone who I've come to have a lot of trust in," said Kehler. "He put in the leg work to find an opportunity, and when he said Rapid City, I was excited about it."

"Rapid City was a place I visited growing up, so I had some familiarity with the area. More importantly, it was looking to be a solid opportunity to get my season started. Unfortunately, with some NHL and AHL contracted goaltenders above me on the depth chart, I had limited ice time, but I still enjoyed my time there. The organization was first class, and the community couldn't have been more welcoming."

After appearing in only two games with Rapid City, where he boasted a 1-0-1 record, Kehler was traded to the Cincinnati Cyclones. With the Cyclones, Kehler had a 2-1-0 record before being traded to the Utah Grizzlies. Kehler finished out his season with Utah and had a 3-2-1 record there in six games played.

"It was a new experience for me to be traded. I have only been traded once previously, but that was in the off-season. So to be traded mid-season was a completely new experience for myself."

"It was definitely a roller coaster emotionally and mentally at times, but I'm very fortunate to have a good family and good friends that support me and help me keep my head on straight. With all the support from my family and friends, it enabled me to approach every day with a positive attitude and enjoy the process of the season. I'm lucky that I got to experience three new cities, meet so many people and do it all while I was playing the game that I love."

Kehler hasn't been thinking too far ahead as far as next season goes. He is continuing his training on and off the ice to ensure that if an opportunity pops up, he's there ready and willing to put his best foot forward.

Winkler golf course looking forward to season's start

By Lorne Stelmach

With new staff in place, the Winkler Centennial Golf Course is looking forward to the upcoming golf season.

There is much reason for optimism, not only with the new energy that comes with course superintendent Tyler Street and course manager Colton Harder but also with the hope for ideal conditions this year.

"We'll see what comes of the spring melt here. Last year, we weren't able to water our tee-off boxes and the fairways by the end of the year, so we're hoping for those to recover," said recently elected board chairperson An-

drew Froese.

"With our pond being full and the moisture that we've got here, Tyler's hoping that everything comes back to life, and there's no reason to think they won't ... we should be able to bring the course back to life."

The golf club had earlier this year announced the hiring of Street as course superintendent. He has a degree in agri-business and previously worked as greenskeeper under Marcel Deneer in Morden.

The board last week announced the hiring of Colton Harder as course manager. Harder has previously worked at the course pro shop and

has a great reputation with the membership, noted Froese.

"We were unsuccessful finding a class A professional; couldn't quite find the right fit," he explained of their search for a replacement for former head pro Greg Hesom, who moved to Morden to take on the lead role there.

"We had also recently posted for a golf course manager ... so we interviewed a few people, and we also came across Colton, who has worked for us for three summers in the past," said Froese.

"He's also a really good golfer ... so we talked about the possibility of

managing the course while also enrolling in the PGA certification program. He was interested in that and that also fit well with us."

"We're very excited to have Colton. He's a great person, and our members know him very well in a positive way."

It is great to bring in people who are not only local but have the knowledge and experience here, Froese said, emphasizing how well both know the course and the local golf community.

"We thought he was a great fit for us ... it's been great so far. Tyler has fit in

Continued on page 24

Twisters, Express semi-final series tied at 2-2

By Lorne Stelmach

The Pembina Valley Twisters came into the week deadlocked at two games apiece with the Transcona Railer Express in their MMJHL semi-final.

The first four games of the best of seven series have gone

back and forth following the 4-3 Transcona win in overtime in game one.

The Twisters rebounded with a 6-4 win last Tuesday in game two then dropped another 4-3 overtime decision in game three Friday before earning a 3-0 shutout victory in game four Sunday.

The Twisters took period leads of 2-1 and 4-3 and connected twice on the powerplay in game two last Tuesday.

TJ Matuszewski and Nathan Ayotte both scored a pair of goals with the other markers coming from Travis Penner and Griffin Ayotte. Shots on goal were 47-38 in favour of Pembina Valley, and Logan Enns got the win in goal with 34 saves.

Game three got away from the Twisters, as they expanded a 2-0 first period lead to 3-0 partway through the second, but Transcona

came back to tie it up then win it 1:56 into extra time.

Tyler Van Deynze scored twice, and Curtis Rebeck connected on a powerplay, while Enns made 33 saves with the Railer Express holding a 37-32 edge in shots on goal.

Enns then earned the 23 save shutout in game four while the Twisters fired 43 shots on goal as they grabbed a 2-0 first period lead and added an insurance marker late in the third. Zander Carels, Nathan Ayotte and Matuszewski scored for Pembina Valley.

Game five went Tuesday in Transcona with game six Friday in Morris. If the series goes the distance, game seven will be back in the city Sunday.

The St. James Canucks came into the week up 3-1 in their semi-final series with the Raiders.

Hamm's run falls short at nationals

By Ty Dilello

Team Jordon McDonald represented Manitoba well last week at the 2022 Canadian Junior Curling Championships in Stratford, Ontario, finishing in fourth place.

McDonald's rink, which features Winkler's Reece Hamm at third, went 7-1 over the course of the round robin to advance to the semi-finals.

"We went into Nationals with a team goal of making playoffs and looking at our pool beforehand; we thought we had a chance but really needed to fight for it," said Hamm. "It wasn't until our third game when we beat Ontario that I thought that we really had a chance. After that loss to British Columbia in the round robin, it was tough, but we bounced back and played even better as a team."

In the semi-finals, Manitoba fell to Alberta after giving up a steal in the final end to lose 5-4. After that tough loss, the McDonald rink couldn't recover in time for the bronze medal game and lost 11-5 to go home without a medal.

"On the final day, I can say I prepared a little differently, knowing it was a huge game that we were going into," Hamm said. "But we came out and played an unbelievable game that came down to the last rock."

"My skip Jordon had to draw down to the button to win and just overshot it a bit. That's the thing about a big game like that, you think about the outcome, and you overthink, and the adrenaline kicks in; you just have to stay calm and throw rocks."

Still, there was a lot to build on for the young McDonald team, which hopes to return to the national stage in 2023.

"Unfortunately, next season, our lead will not be playing with us as we will only be able to have one overage player, who will be me," Hamm said. "My second, skip and I, as well as our coach, will be sticking together for next year. We will make an announcement as to our new player in the upcoming weeks."

"We're looking to really build off of this last year and shoot for that Maple Leaf at the 2023 Canadian Junior Championship."

Springfield's Aaron Van Ryssel represented the province as well at Nationals as "Manitoba 2" and missed the playoffs with a 7-1 record.

On the women's side, Team Manitoba was represented by Moosehorn's Tansy Tober, while East St. Paul's Morgan Maguet competed as "Manitoba 2."

Tober finished the round robin with a 5-3 record and missed out on the playoffs by a last-stone draw tiebreaker. Maguet also missed out on the playoffs with a 1-7 record.

> WINKLER GOLF COURSE, FROM PG. 23

well ... he's learning a lot and fitting into the role well," he said, further noting it is a plus that he worked with Hesom in the past.

"It's very important for us to have a good relationship with the Morden golf course, and we're excited for Greg. They offered him a very good opportunity," Froese said. "It's always a good thing when Morden and Winkler can work together."

Froese said the directors are all excited about the season ahead with the new clubhouse and restaurant up and running so well now.

"And we came off a strong year ... our mem-

berships and green fees were strong," he said. "We came out ahead for the year with a small profit, which is good, and we often use that for course improvements here and there."

"We're hoping to have strong leagues this year, and we've already had inquiries about tournaments, but without having had a manager in place, it was a little difficult to book them, but we're working hard on it now."

"We're hoping to open the driving range in a couple of weeks and then we will evaluate the course from there."

> ENGAGING SENIORS, FROM PG. 21

"What spurred the idea in one way was COVID because it isolated people so much ... what's going to bring people out and about now," said Atkinson.

"We wanted to work within their comfort zones," she continued. "So we wanted to know what are preferred things that you would do within your facilities, and what are the things that you would be willing to broaden and come out for."

She hopes the intergenerational aspect will really take off. The vision is for events hosted monthly to bring the program participants, students, care partners and other community members together to share a subsidized meal in celebration of diversity and inclusivity.

"Are seniors feeling like they still have meaning, that they still have a role to play ... we want them to know they still can change, develop and grow," Atkinson said. "We're hoping these seniors will share their wisdom."

"I would love that community component to be bigger, but that's all dependent on how much we get the word out," said Atkinson,

who noted the meals are free if you've registered for the entire spring session of programming; otherwise joining for a meal is optional and would cost \$9 per person.

The first community event April 11 will focus on sustainable and accessible gardening for the whole community. The Pembina Valley Watershed District and Morden Horticultural Society along with two other presenters will be part of it.

Looking ahead, May 2 will focus on preparing for the future, including advanced care programs. The June 6 session will have the theme of digital lifestyle and June 27 will feature a summer dance with live music.

The weekly sessions take place Monday afternoons at the Morden Activity Centre with Wednesday sessions for residents of Elks Park Place, Oak West and Vista Terrace.

For more information, go to mymorden.ca/new-horizons or contact Atkinson by email to rebecca@mordenphysiotherapy.ca or 204-663-0339 or Dueck by email to sdueck@mymorden.ca or 204-822-5431 ext. 5004.

get inspired

> MEAL IDEAS



Brunch Fruit Tart

1 teaspoon vanilla extract
1 package gelatin
Toppings:
strawberries, sliced
blueberries
kiwis, sliced
To make crust: Preheat oven to 350 F.
In large bowl, combine granola, butter and honey. Grease 11-inch tart pan with nonstick cooking spray. Line bottom of tart pan with parchment paper.
Press granola mixture into tart pan. Place tart pan on baking sheet and bake 10 minutes. Cool completely.
To make filling: Using mixer, combine yogurt, cream cheese, sugar, vanilla extract and gelatin until whipped completely.
Pour yogurt mixture into tart crust. Refrigerate at least 1 hour.
Top with strawberries, blueberries and kiwis.

Recipe adapted from homemadeinterest.com

Crust:
4 cups granola mixture
1/2 cup butter, softened
4 1/2 tablespoons honey
nonstick cooking spray
Filling:
2 1/4 cups vanilla Greek yogurt
8 ounces cream cheese, softened
1/2 cup granulated sugar



Overnight Apple Cinnamon French Toast Casserole

with nonstick cooking spray.
In baking dish, add 10 ounces cubed French bread in bottom of dish. Pour apple filling over bread. Top with remaining cubed French bread. Set aside.
In medium bowl, whisk eggs, half-and-half and cinnamon. Pour evenly over bread.
Cover with aluminum foil and chill overnight.
Heat oven to 325 F.
Remove foil and bake 50-60 minutes. Let cool 10-15 minutes.
In small bowl, whisk powdered sugar and milk. Add additional, if needed, until pourable glaze is reached. Drizzle over casserole before serving.

Servings: 12
Nonstick cooking spray
1 package (20 ounces) French bread, cubed, divided
1 can (20 ounces) apple pie filling
9 eggs
1 cup half-and-half
2 teaspoons ground cinnamon
1 cup powdered sugar, plus additional (optional)
2 tablespoons milk, plus additional (optional)
Spray 8-by-8-inch glass baking dish



Spiced Grass-Fed Lamb Over Hummus

1 can (15 ounces) chickpeas
3 cloves garlic, chopped
1/4 cup tahini
3 tablespoons fresh lemon juice
1/2 teaspoon salt
1/2 teaspoon cumin
1/2 teaspoon paprika
3 tablespoons olive oil
For serving:
1 Persian cucumber, small diced
1 small tomato, diced
2 tablespoons roasted pine nuts (or 2

Prep time: 15 minutes
Cook time: 5 minutes
Servings: 4-6
Lamb:
4 Atkins Ranch grass-fed lamb loin chops
1 teaspoon cumin powder
1/4 teaspoon salt
1 tablespoon extra-virgin olive oil
Hummus:

3 Fitspiration Tips



Health and Wellness Fitness expert
Julie Germaine Coram

By Fitness Expert Julie Germaine Coram

Every single person – even the most successful, self-driven individuals – suffer from lack of motivation at times. It's true, so don't feel hopeless or get down on yourself if you're slipping or have already fallen into a rut when it comes to your fitness routine.

Positive change doesn't happen overnight, but your life will 100% continue to improve if you apply these mental tricks to get motivated again.

1. Focus in on 1 main goal. Perhaps when 2022 hit, you took all the great advice and sat down to write out your goals. We are instructed to dream big and create a clear vision of all we want to achieve. Great, right? Except that your list may be overwhelming to you, and if you don't know where to start, you risk freezing completely and going nowhere! Instead, take your list and circle 3 top goals, then choose 1

to tackle right now. The list isn't going anywhere, and you have plenty of time to check off every item, but you're far more likely to do that if you take things one at a time.

2. Train your brain. Give yourself permission to surf for knowledge related to your goal to get excited about them again. This is a wonderful daily habit that will feed your mind with incredible information to help you level up, and will keep things fresh and interesting.

3. Build anticipation by setting start dates and benchmarks in advance. You'll create energy if you have time to prepare to attack your challenge and improve your focus by developing a timeline for progress. Be sure your mini-goals are realistic and achievable so you can build on small successes as you climb the ladder to success.

Accept setbacks and enjoy the ride. Life is a rollercoaster of highs and lows, and your fitness journey is much the same. Having a community to support you in achieving your fitness goals is a huge benefit! Talk about your fitness journey, listen to other people share their weight loss experiences, and never hesitate to reach out to me if you have questions – I love to help!

Would you like to lose 2" from your waistline in the next 30 Days? Join my VIP Fat Loss Challenge! Secure your spot asap – limited space available. Visit: www.calendly.com/juliegermaine or email info@juliegermaine.com

Coach Julie Germaine Coram is a Manitoba-born fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

tablespoons pomegranate seeds)
parsley, chopped
lemon wedges
toasted flatbread or tortilla chips
To make lamb: Remove lamb from bone, dice meat into small cubes and transfer to medium bowl.

Add cumin powder and salt. Toss to coat. Marinate while preparing hummus.

To make hummus: Drain chickpeas, reserving 1 tablespoon liquid. Rinse chickpeas under running water then drain.

In bowl of food processor, pulse chickpeas, chickpea liquid and garlic until chickpeas and garlic are chopped.

Add tahini, lemon juice, salt, cumin, paprika and olive oil. Mix until smooth

paste forms. Taste and adjust by adding more salt, lemon juice or olive oil, as desired.

Transfer hummus to large platter and spread it out.

In large skillet, heat extra-virgin olive oil over high heat until hot. Add lamb and cook 30 seconds without moving.

Turn lamb over and cook 30-60 seconds, repeating until all sides are browned. Remove from pan and let rest 5 minutes.

To serve, place cucumbers and tomatoes in well of hummus then top with lamb, pine nuts and parsley.

Top with squeeze of lemon juice and serve with flatbread or tortilla chips.

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CAREERS

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- Diagnose faults or malfunctions.
- Adjust equipment and repair or replace defective parts, components or systems.
- Test repaired equipment for proper performance and ensure that the work done meets manufacturers' specifications and legislated regulations.
- Report to the Shop Supervisor on a daily basis.

Qualifications and Requirements:

- Welding steel and aluminum is an asset. Willing to train the right candidate.
- Red Seal Truck Trailer Service Technician certification (310J).
- 5 years' experience or better.
- Applicants must have: steel-toe CSA safety footwear, basic tools.
- Reliable transportation to and from work and a valid class 5 driver's license.
- Ability to communicate clearly verbally and written
- Ability to lift/push/pull a minimum of fifty (50) pounds and maneuver in/through/around equipment easily and safely.
- Ability to learn new processes.
- Ability to provide great attention to detail and meticulous care in accomplishing tasks.
- Ability to work indoors/outdoors in all weather conditions with tolerance to fumes and odours.
- Is comfortable working in confined spaces.
- Is able to comfortably and to safely work at heights.
- Ability to take direction and work with moderate supervision.

Job Types: Full-time, Permanent

Wage is dependent on experience and qualifications.

Benefits included.

Schedule: Five 8 hour shifts; working Monday to Friday, 7:30am - 4:00pm

If you are looking for a rewarding career or would like to share a resume please contact; Ray Beukema at 204-745-2951 (ext 440) or email him at ray.beukema@walinga.com

Only those considered for an interview will be contacted.

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URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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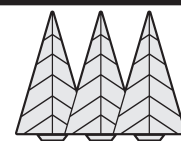
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The Winkler Morden Voice

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GJ Chemical Co. *growing together*

GJ Chemical in Altona, Manitoba is currently looking for spring & summer staff.

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Contact is Alex Wahl 204-324-3765 or awahl@gjchemical.ca

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NOTICE OF REGISTRATION



NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATES FOR GENERAL MUNICIPAL ELECTION RURAL MUNICIPALITY OF STANLEY

Please be advised that a general municipal election will be held on October 26, 2022.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that candidate registrations will be received:

For the office of head of council: Between May 1 and September 20, 2022

For the office of councillor: Between June 30 and September 20, 2022

at the RM of Stanley Administration Office, 1-23111 PTH 14, during the regular hours of business.

To obtain a registration form contact the SEO at the email or telephone number listed below:

Dan Giesbrecht
Senior Election Official (S.E.O.)
RM of Stanley
204-325-4101
seo@rmofstanley.ca

Dated at the RM of Stanley on April 7, 2022.

LAND TENDER

Land for Sale by Tender

Completed Tender and a \$10,000.00 deposit of the Tender Price are invited to be received up to 12:00 PM (noon) on April 21, 2022 (the "deadline") on the property described below, which Tenders and Deposits shall be received at:

PKF Lawyers,
326 Stephen Street, Morden MB
Attn: Stéphane Warnock
Ph: 204-822-4463

Property for sale:

1. THE NW 1/4 OF SECTION 3-2-6 WPM
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Conditions of Tender

1. Financing must be pre-approved.
2. Tenders to be in the form prepared by PKF Lawyers. To obtain tender form or more info, contact Stéphane Warnock @ PKF Lawyers.
3. Each Tender must be accompanied by a certified cheque, payable to PKF Lawyers (in trust), in the amount of \$10,000.00.
Deposits of tenders not accepted will be returned to the tenderers.
4. Highest Tender or any Tender will not necessarily be accepted.
5. The Possession date and the due date of the balance of Tender Price shall be May 2, 2022
6. The maker of any Tender relies entirely upon his/her personal inspection and knowledge of the Land, independent of the representations made by the vendor or the solicitor and agent of the vendor. The Land will be sold "as is" and the bidder is solely responsible to determine the value and condition of the Land, Land quality, Land use, environmental condition and any other information pertaining to the Land.

PUBLIC NOTICE

PUBLIC NOTICE



The Winkler Centennial Golf Club intends to conduct its Pesticide Control Program from May 15/2022 to Nov. 6/2022.

The program is to control Turf Diseases, Mosquitoes, and Noxious Weeds within the property.

The control products to be used include;

Mecoprop, 2, 4-D, dicamba, chlorothalonil, fludioxinil, propiconazole, pyraclostrobin, mineral oil, trifloxystrobin, malathion, glyphosate, bacillus thuringiensis, trinexapac-ethyl.

The public may send written submissions or objections within 15 days of publication of the notice to the department below.

Environmental Approvals Branch
Manitoba Sustainable Development
1007 Century Street
Winnipeg, Manitoba R3C 1A5

PUBLIC NOTICE



CITY OF WINKLER PESTICIDE USE PROGRAM
PUBLIC NOTICE
Permit No. 2016036-3RRR
May 1, 2022 - October 1, 2022

Public notice is hereby given that the City of Winkler and/or its designated agents may conduct the following Pesticide Control Programs during 2022, if necessary, depending on infestations.

1. To control noxious weeds on road allowances and rights-of-way within the City of Winkler. The herbicides that may be used if required include:

Round-Up, PAR III, Curtail M, Fiesta.

2. To control rodents at the Winkler Municipal Airport, Cemetery, and any location within City limits where the designated Officer deems necessary using rodenticide:

Ratak and/or Rozul RTU.

3. To control mosquito larvae in stagnant water within the corporate limits and a 3-kilometer buffer area using **Aquabac 200G** and **Vectobac 200G**, on both private and public property. To control adult mosquitoes using **Delta Gard**.

4. To control horticultural insect pests using **Malathion, Pyrate 480 EC, Trounce and Pounce**.

The duration of each program will vary within this period depending on weather conditions and pest population levels.

All pesticides used and procedures applied will be in accordance with the approved label recommendations and the Non-Essential Pesticide Use Regulation (MR 286/2014). The public may send written submissions or objections to the program within 15 days of the publication of this notice to the department below:

Environmental Approvals Branch
Department of Conservation and Climate
Government of Manitoba
1007 Century Street, Winnipeg MB R3H 0W4

The City of Winkler's integrated pest management approach has greatly reduced the use of Pesticides.

ACCESS CREDIT UNION Annual General Meeting of Members

TAKE NOTICE THAT the Annual General Meeting of the members of Access Credit Union will be held on Thursday, April 28 at 6:00 p.m. CDT via virtual means, for the following purposes:

1. 2021 Financial Statements
2. Board of Directors Report
3. Appointment of Auditors
4. Announcement of Patronage Allocation and Cash Redemptions
5. Director Elections

All eligible members wishing to participate in the General Meeting are required to register online at www.accesscu.ca prior to April 27, 2022 at 5:00 P.M. CDT.

More information about the virtual General Meeting can be found at: www.accesscu.ca.

DATED this 7th day of April, 2022
On behalf of the Board of Directors,
Myrna Wiebe, Corporate Secretary



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> GAMES

SUDOKU

				1		8	7	
					8	2		
1			9		2	3		
		6				9		3
		2	3	5				6
				7				
6		3					9	8
2					4			
5						1		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	4	1	3	9	8	7	6	5
7	3	9	4	6	5	1	8	2
8	6	5	7	2	1	3	4	9
1	5	4	9	7	2	6	3	8
9	8	7	6	5	3	2	1	4
3	2	6	1	8	4	9	5	7
5	9	3	2	4	6	8	7	1
4	1	2	8	3	7	9	5	6
6	7	8	5	1	9	4	2	3

Sudoku Answer

V	L	E	S	C	N	A	S	E	T	R	E	M
D	C	T	E	E	N	E	R	S	V	O	R	P
R	V	L	J	S	I	T	V	N	O	I	L	A
V	N	I	R	V	M	E	B	O	D	V	E	S
S	E	L	V	R	S	E	D	V	N	E	R	S
E	S	N	V	P	D	E	R	V	E	I	W	
C	V	S	E	T	V	D	V	H	G	S	S	O
N	W		S	E	T	V	W	V	O	E	V	C
D	V	R	O		S	E	C	V	G	I	S	
E	N	E	C	S	V	W	V	D	N	V	S	V
	D	I	R	C	V		S	E	T	E	L	S
R	E	D	D	E	A	E	I	D	G	E	R	V
S	N	I	E	A	J	N	V	I	R	G	E	P
S	O	B	W	V		S	V	T	V	G	E	S

Crossword Answer



CROSSWORD

CLUES ACROSS

1. Midway between south and southeast
4. Celebrations
9. Pulpits
14. Pin
15. Rare laughing
16. Parts of the circulatory system
17. Financial term
18. Pearl Jam frontman
20. Cores of vascular plants
22. Strong sharp smell or taste
23. City in S. Korea
24. One from Damascus
28. Short message at the end of an email
29. It cools your home
30. Towards the mouth or oral region
31. Intestinal pouches
33. Boys and men
37. The 12th letter of the Greek alphabet
38. Former CIA
39. A way to arrange
41. Body cavity
42. The Great Lake State
43. A type of seal
44. Stop for a moment
46. Ancient kingdom
49. Of I
50. White clerical vestment
51. Songs to a lover
55. Prices
58. Sun-dried brick
59. Where to park a boat
60. One who values reason and knowledge
64. Partner to feather
65. Sailboats
66. Actress Zellweger
67. Type of screen
68. Country singer Haggard
69. Puts together in time
70. When you hope to arrive

CLUES DOWN

1. An involuntary muscular

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
20			21					22						
23						24	25						26	27
		28				29				30				
31	32					33		34	35	36			37	
38				39	40							41		
42				43						44	45			
46		47	48				49			50				
51				52	53	54				55			56	57
		58						59						
60	61							62	63				64	
65								66					67	
68								69					70	

- contraction
- PA transit system
- Leaves a place
- Sweet greenish fruit
- Lends support to
- Chap
- Singer Di Franco
- Water at boiling temperature diffused in the atmosphere
- Asserts to be the case
- Doctor (Spanish)
- Auction attendee
- Characterized by unity
- Soviet Socialist Republic
- Way to analyze video (abbr.)
- Nonclerical
- Tree resin
- The academic world
- Khoikhoi peoples
- Infer from data
- Arrives
- Apart

- Takes on cargo
- Beloved Hollywood alien
- Takes apart
- Dorm official
- Secondary or explanatory descriptor
- Relating to wings
- Speaker
- Situated in the middle
- Loop with a running knot
- Alaska nursing group (abbr.)
- Beloveds
- Establish by law or with authority
- Border river between India and Nepal
- Millisecond
- Revolutions per minute
- They
- ESPN broadcaster Bob
- A place to stay

Classifieds Announcements

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The Winkler Morden Voice

AUCTION

Farm Equipment Auction for Cornie Thiessen. North west of Carman.
Timed online auction www.billklassen.com/nextlot John Deere 8230 tractor, 9650 combine, heads, 915 pickup, 608 c and 843 corn, all crop, 05 Duramax, tillage etc. check website for more details.
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See our website www.billklassen.com for list and pictures!

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CAREERS



The Gardens on Tenth is a Seniors Complex in Altona Manitoba committed to serving our tenants through facilities, programs and Services.

We are currently seeking a dependable, detail-oriented professional to fill the role of a Bookkeeping & payroll clerk. In this full-time position, you will ensure accurate and timely payroll delivery, in addition to managing the company's accounts payable and receivable functions and budgeting. This position is ideally suited for individuals who are well organized, have excellent time management skills and can maintain a high level of performance while maintaining accuracy.

Duties of the position include

- Overseeing and providing financial, administrative, and clerical services in order to ensure effective, efficient and accurate financial reporting.
- Processing of Accounts Payables and receivables as well as Payroll
- Budget preparation
- Tenant Invoicing
- Month End and Year End procedures
- Prepare reports for government bodies
- Ensure compliance with government regulations
- Work as a member of a team and coordinate the flow of information between multiple departments while keeping maximum efficiency.

Skills and Requirements:

- Secondary Education in accounting or at least 3 years related experience and proficient knowledge in the following areas, accounts payable, accounts receivable, maintaining general ledgers, bookkeeping, assisting with payroll functions, financial reporting and procedures.
- Knowledge of Sage Premium Accounting and simply accounting procedures
- Oral, listening, written and interpersonal communication skills and phone etiquette
- Proficiency in Microsoft Office applications (especially Excel)
- Ability to work individually and as part of a team
- Strong analytical, organizational and communication skills

Pay Package

The salary will be competitive with a comprehensive benefits package.

Please submit a resume and cover letter to hr@gardensonthenth.ca

We thank all that apply, however, only candidates selected for an interview will be contacted. The position will remain posted until filled.

The candidate being considered will be required to undergo a Criminal Record Check.



The Gardens on Tenth is a Seniors Complex in Altona Manitoba committed to serving our tenants through facilities, programs and Services.

We are currently seeking a dependable, detail-oriented person to fill the role of an administration assistant. This position is ideally suited for individuals who are well organized, have excellent time management skills.

Duties of the position include

- Provide front desk reception duties: greet tenants and visitors answer questions, give directions and manage flow of traffic in the office
- Answer phone/email inquiries to coordinate between various departments
- Maintain email files, filing cabinet and online calendars.
- Update, organize & maintain files & records for all departments
- Provide general administrative and clerical support to all Department supervisors and board members
- Prepare outgoing mail, sort mail and distribute.
- Data Entry

Skills and Requirements:

- Work Experience 2 yrs., preferred
- Oral, listening, written and interpersonal communication skills and phone etiquette
- Proficiency in Microsoft Office applications (especially Excel)
- Ability to develop and maintain a positive working relationship with others
- Detail oriented, ability to multi-task, with strong organizational skills are required.

Please submit a resume and cover letter to hr@gardensonthenth.ca

We thank all that apply, however, only candidates selected for an interview will be contacted.

The position will remain posted until filled.

The candidate being considered will be required to undergo a Criminal Record Check.

CAREERS

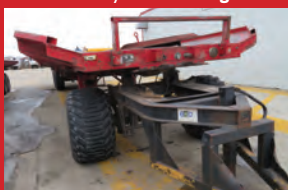
Classifieds Announcements

The Winkler Morden Voice

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AUCTION

Large Equipment, timed on-line auction April 19 closing, for Schweitzer Mauduit SWM, trucks, trailers, fork lifts, cranes, tooling, parts, office supplies, etc. Over 500 lots. Go to www.billklassen.com/nextlot to register and bid payment and pickup day is Wednesday April 20, 9 am to 2pm, also April 21, 9 am to noon



20/03/2022 23:37
See our website www.billklassen.com for list and pictures!

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AUCTION



Farm Auction for Morely & Bev Wilson, Darlingford, MB. Timed on-line closing April 18/22. Good line of Farm equipment, haying, cattle, and large amount of shop items. Owners 204-246-2142



See our website www.billklassen.com for list and pictures!

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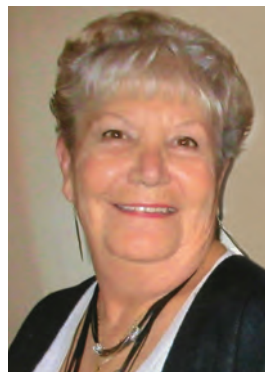
ANNIVERSARY



Happy Anniversary Toots and Harry Enns
65 years of LOVE April 6
Happy 90th Birthday Harry on April 5
Love from your family!!!

OBITUARY

Carole Hildebrand 1944 - 2022



It is with great sadness that we announce the passing of our loving wife, mother, grandma and great-grandma, Carole Hildebrand. Mom is rejoicing in Heaven with her Savior. She left us on Wednesday, March 30, 2022 at the age of 78.

Carole will be lovingly remembered by her daughter, Nadean (Trevor), son, Mark (Gail) and son, Kris (Angela). She was Grandma to six grandchildren: Brennley (Randy), Jared (Marika), Ramsey, Carlee (Lucas), Taylen and Aden and five great-grandchildren: Burton, Nash, Spencer, Harvey and Nylah.

She was predeceased by her parents, Ben and Martha Deere. Mom was born the only child of Ben and Martha on January 4, 1944 in Morden, Manitoba. Dad claims she was very spoiled.

She grew up on the farm fondly remembered as the Deere Hill or Benny's Hill. Mom attended Diamond and Lindal schools where she met Jim. Dad always says he didn't have to go hunting as he got his Deere. Mom was a hairdresser for 50 plus years and she kept the 1-6 trimmed up and there were not too many heads she didn't touch! Being the wife of a construction worker meant many moves over the years across Manitoba, Saskatchewan and Ontario. The loss of her father-in-law brought them back home to Morden where they purchased their own farm in the 1-6 district and remained there until semi-retiring to Morden. Mom and Dad loved that they found their retirement home on the same location as one of their very first homes after getting married. Mom was very creative and displayed her talent by countless hours of crocheting beautiful works of art. Many pieces are on display in homes and outfits worn throughout the area. She also had a love of cards with Canasta being her favorite game along with Aggravation she enjoyed playing with family and friends.

Mom and Dad are blessed with so many wonderful friends and we, the family are so thankful for your kindness and support. Thank you for the phone calls, visits and food. Mom was always appreciative of the Cancer Care staff at Boundary Health Centre. Many thanks to Dr. Woelk and the numerous nurses Mom called her "Angels in track shoes". As the song states "There's holes in the floor of heaven and she's watching over you and me." We miss you ... until we meet again ... Mom, we Love you.

Service was held on Monday, April 4, 2022 at the Zion Evangelical Lutheran Church with interment at the German 1-6 Cemetery.

Wiebe Funeral Chapel, Morden
In care of arrangements
wiebefuneralhomes.com



AUCTION

LIVE on-site Auction for Mrs Anna Lowen (the LATE PETER) 240 Hemlock Bay, Winkler MB, Saturday, April 9 at 10 am. Good selection of tools yard equipment etc Visit www.billklassen.com Remember live auction, dress according to the weather, you will be outdoors.



See our website www.billklassen.com for list and pictures!

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AUCTION

Real good household and hand tool auction, Timed online, Tuesday, April 12, for Cornie Friesens - 37 Baracuda Crescent, Winkler, MB. South west part of the city. 170 lots. Check it out. Payment and pickup will be next day, April 13, 10 am to 6 pm.



See our website www.billklassen.com for list and pictures!

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April is Parkinson's Disease Awareness Month

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure. In everything we do, we build on the energy, experience and passion of our global Parkinson's community.

What Is Parkinson's?

Parkinson's disease (PD) is a neurodegenerative disorder that affects predominately dopamine-producing ("dopaminergic") neurons in a specific area of the brain called substantia nigra.

Symptoms generally develop slowly over years. The progression of symptoms is often a bit different from one person to another due to the diversity of the disease. People with PD may experience:

- Tremor, mainly at rest and described as pill rolling tremor in hands. Other forms of tremor are possible
- Bradykinesia • Limb rigidity
- Gait and balance problems

The cause remains largely unknown. Although there is no cure, treatment options vary and include medications and surgery. While Parkinson's itself is not fatal, disease complications can be serious. The Centers for Disease Control and Prevention (CDC) rated complications from PD as the 14th cause of death in the United States.

The first step to living well with Parkinson's disease is to understand the disease and the progression:

It is possible to have a good to great quality of life with PD. Working with your doctor and following recommended therapies are essential in successfully treating symptoms by using dopaminergic medications. People with PD need this medication because they have low levels or are missing dopamine in the brain, mainly due to impairment of neurons in the substantia nigra.

It is important to understand that people with PD first start experiencing symptoms later in the course of the disease because a significant amount of the substantia nigra neurons have already been lost or impaired. Lewy bodies (accumulation of abnormal alpha-synuclein) are found in substantia nigra neurons of PD patients.

Scientists are exploring ways to identify biomarkers for PD that can lead to earlier diagnosis and more tailored treatments to slow down the disease process. Currently, all therapies used for PD improve symptoms without slowing or halting the disease progression.

In addition to movement-related ("motor") symptoms, Parkinson's symptoms may be unrelated to movement ("non-motor"). People with PD are often more impacted by their non-motor symptoms than motor symptoms. Examples of non-motor symptoms include: apathy, depression, constipation, sleep behavior disorders, loss of sense of smell and cognitive impairment.

In idiopathic Parkinson's disease, progression tends to be slow and variable. Doctors often use the Hoehn and Yahr scale to gauge the progression of the disease over the years. The scale was originally implemented in 1967 and it included stages zero to five, where zero is no signs of Parkinson's and five is advanced PD. It was later changed to become the modified Hoehn and Yahr scale.



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