

VOLUME 13 EDITION 46

The *Winkler* • *Morden*

# Voice

THURSDAY,  
NOVEMBER 17, 2022

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Veteran Ken Wiebe lays a wreath at Morden's Remembrance Day ceremony Friday. For more photos, see Pg. 2.

PHOTO BY RICK  
HIEBERT/VOICE

**"We will remember them"**

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

**BLACK  
FRIDAY**

see inside  
for our **4** PAGE  
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PHOTOS BY ASHLEIGH VIVEIROS AND RICK HIEBERT/VOICE



## Morden-Winkler remembers

Morden-Winkler took time to honour its veterans Friday at Remembrance Day ceremonies at the Winkler concert hall (above, left) and Confederation Park in Morden (above, right). Right: Jim Mutcheson Jr. reads the honour role in Morden. Far right: In Winkler, Abigail Clarke shared a bit about her great-grandfather's time in the Second World War and the opportunity she had a few years ago to visit the beaches of Normandy where he fought.



## Clinical teaching unit helping to attract new doctors

By Lorne Stelmach

An initiative that provides temporary housing here for medical students and residents is touted as playing a part in helping attract physicians to the region.

A presentation to Winkler council last week touched on the Boundary Trails Health Centre clinical teaching unit (CTU) and family residency program and particularly the program that provides a two-bedroom apartment in both Winkler and Morden for students and resident doctors.

"We think it's a pretty significant recruitment tool. There's a number of tools out there, but this is certainly one of them," said Terry Penner, executive director of the CW Wiebe Medical Centre in Winkler.

"I too have stayed in one of these apartments when I rotated here as a

medical student," noted Dr. Sherwin Gacutan, a family physician in Winkler since 2015 and CTU education director since 2021. "I can attest to how important it is to have a nice and comfortable place to call a temporary home during the rigorous training of medical school or residency."

The local CTU is one of five teaching units in the Southern Health-Santé Sud region, and it is under the umbrella of the University of Manitoba college of medicine.

It is also a family medicine residency program that involves four medical graduates for two years of training with the possibility of expanding it to three. Two of them are based out of the Menzies Medical Centre in Morden and two out of the CW Wiebe Medical Centre in Winkler.

Continued on page 31



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# Winkler chamber honours local business leaders

By Ashleigh Viveiros

The Winkler and District Chamber of Commerce honoured local business and community leaders at its P.W. Enns Business Awards gala Nov. 9.

The annual gala—back for the first time in three and a half years thanks to the pandemic—is a chance to recognize the hard work and ingenuity that has helped Winkler thrive.

“It’s so great that we can all get together and celebrate our business community,” said chamber board president Keith Gislason in his opening remarks. “It’s been a long time coming.”

Mayor Henry Siemens reflected on the importance of gathering like this to celebrate.

“We celebrate businesses that have been around for a long time. We celebrate new business. We celebrate growing businesses. We celebrate businesses who help Winkler be Winkler.”

The creativity and innovation of local entrepreneurs is what has helped the community become “the economic engine of southern Manitoba,” Siemens observed. “We have been blessed by business people who invest into our community. It’s extremely exciting to be able to stand here in front of this group of leaders and acknowledge that and thank them for that.”

First up for the awards was a surprise accolade for former mayor Martin Harder. Chamber executive director Tanya Chateauf presented Harder with a special Leadership Achievement Award.

“Advocate, intuitive, forward-thinking, resilient, influential—these are just a few words that come to mind when I think of Martin Harder,” she said. “A strong champion of Winkler and a great partner for supporting the business community, we are beyond grateful for the many years of collaboration.”

Harder stressed it has been his pleasure to work with the chamber in serving Winkler and he thanked the assembled business leaders for their commitment to the community.

“You are in fact what makes the community

Winkler Co-op general manager Evan Toews (far right) accepts the company’s Community Builder Award.



PHOTOS BY ASHLEIGH VIVEIROS/VOICE  
Above: Former Winkler mayor Martin Harder receives a Leadership Achievement Award. Right: Zahid Zehri of Shoppers Drug Mart accepts the Customer Service Award.

great,” he said. “Thank you for your investments into the city. Thank you for giving me the privilege of serving this city for 16 years as mayor.”

Next up, Winkler’s Shoppers Drug Mart received the Customer Service Award.

In a video spotlighting the store, pharmacist owner Zahid Zehri explained customer service is a priority for them. They strive to make every customer feel like they’re welcome and heard.

“We try to treat every patient like our family member,” he said, emphasizing the importance of personalized service. “Every customer has their own needs and we try to tailor the personalized services for each and every customer.”

In his acceptance speech, Zehri thanked Allah for His blessings, his wife Shaista for her unwavering support, the community at large for its patronage, and the Shoppers Drug Mart team for their dedication.

“Without the team, it’s impossible to do any job, so I really appreciate that’s why I’m here at this point, because they brought me here ... they worked very hard.”

Receiving the Not For Profit Award was the Central Station Community Centre.

Executive director Bev Wiebe stressed that the agency’s success in helping those in need rests on the shoulders of its committed staff and volunteers.

“The collaboration and empathy that this team exhibits is phenomenal,” she said. “My team—and that includes both staff and volunteers—

work tirelessly to serve a population in our community that is marginalized, often overlooked, struggling, and seeking resources in some capacity.

“It takes a community that has a heart to serve to complete the work that we feel very passionate about,” Wiebe added. “So thank you for the greater community, for all your sup-

Continued on page 4





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PHOTOS BY ASHLEIGH VIVEIROS/VOICE

The team from Thunderstruck Sales & Marketing with the Business Builder Award. Right: Valley Fiber CEO Hank Wall (far right) accepts the Business Excellence Award from Access Credit Union's Terry Hamm.



> CHAMBER AWARDS, FROM PG. 3

port, and for believing that we are doing the best that we know how to address the community issues and make a difference in people's lives."

Thunderstruck Sales and Marketing was honoured with a Business Builder Award in recognition of the growth it has achieved over the past nine years.

In the video showcasing the company, CEO

and founder Jeremy Matuszewski shared just how far they've come.

"We started in 2013 in a rented office space, two borrowed desks, two borrowed telephones, and borrowed long-distance," he said. Today they're in a space of their own with 17 staff and a growing number of clients and services offered.

"As we have grown we have been able to help

other companies grow alongside of us," Matuszewski said. "We have built our team, which has allowed us to build their companies."

Accepting the award on Thunderstruck's behalf, head of operations Jeff Hoepfner also stressed that the company's success is thanks to its staff.

"It can't be done without an amazing team," he said. "That's what we've built is a family that works together."

Receiving this year's Community Builder Award was Winkler Co-op.

General manager Evan Toews noted the store's philosophy of giving back goes back decades and will continue, he hopes, for many more. Thanks to the community's support, in 2021 they were able to allocate nearly \$6 million back to its members and to donate more than \$300,000 to over 100 different local causes and charities. Over the past decade, they've donated over \$3 million to charitable causes.

Toews reflected that the Community Builder Award is a "great reflection of what we wanted to do, who we are, and who we want to be" as a store that is committed to "benefiting Main Street, not Wall Street."

"Our story is around the need to for us to be in the community. We are meant to help each other and we are meant to grow together, strengthen each other, and we are meant to work things through together. That's what we have done and that's what we will continue to do, both as a community and as a Co-op."

Receiving the evening's final accolade, the Business Excellence Award, was Valley Fiber.

The technology firm has grown in leaps and bounds over the past five years, bringing its high-speed internet to an ever-growing number of regions across Manitoba and thousands of customers.

CEO Hank Wall explained

Continued on page 7

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Staff and volunteers from the Central Station Community Centre with the Not for Profit of the Year Award.

# Steven Page shares mental health struggles

By Ashleigh Viveiros

Musician Steven Page took the stage as guest speaker at the Winkler and District Chamber of Commerce's P.W. Enns Business Awards Gala last week.

The former Barenaked Ladies frontman shared his struggles with mental health issues and addiction and also performed several songs, both old and new.

He recalled that he had a good childhood, which made the bouts of depression and anxiety he suffered growing up and into adulthood all the more perplexing to him.

"Because I thought: I had it good. I've had it pretty good my whole life, so what do I have to be depressed about? What do I have to be anxious about?"

Nonetheless, Page often felt like there was a dark cloud over his head, one he did his best to try to ignore.

"I got really good at hiding it. Some of that was through performing. I got

into music and drama and I got pretty good at hiding the way I was feeling inside," he said, recalling he was a sensitive kid, quick to cry. "I had to learn to kind of put a mask on. A mask that said everything's all right. In fact, everything's great."

At 18, Page began performing with a friend from school, Ed Robertson, under the name Barenaked Ladies.

Within a few short years, the band was a certified success, rocketing up the charts with early singles such as "If I had \$100000" and "Brian Wilson."

It was a heady time, Page recalled.

"It was born out of the joy of making music and the joy of friendship, but wherever I went this dark cloud followed me around that would sometimes be accompanied by intense anxiety or intense rage. I tried to ignore it. Until I couldn't anymore.

"I couldn't ignore the fact that this was making me unpredictable. Hard to count on. Made people tip-toe



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Former Barenaked Ladies frontman Steven Page performed at the Winkler chamber's business awards gala last week.

around me. Made people wonder when I might retreat and disappear or go off on somebody."

After nearly missing a music video shoot for the song "Jane" because his depression made it difficult for him to get out of bed, Page sought help.

His family doctor diagnosed him

with bipolar disorder and gave him medications to help him control the highs and lows that plagued him.

It then took 10 months before he was able to get an appointment with a psychiatrist.

Continued on page 7






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# The Voice

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EDITORIAL > VIEWPOINTS > LETTERS



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**OUR SISTER PUBLICATIONS**



## For every occasion

**M**y sister Angel (not sister-angel; her name is Angel) is a VERY thoughtful individual. Out of all of us she most slavishly adheres to a tradition of sending cards to everyone on all occasions. And I am not exaggerating when I use the words "all occasions."



**By Peter Cantelon**

Scenario: An envelope arrives in the mail

Peter: "We got a letter from someone in the mail." (Sounding somewhat shocked in this day and age).

Megan: "What is it? Who's it from?" (Sharing in the shock, though somewhat less).

Peter: "I think it's a card from Angel." (Having inspected handwriting and verifying by noting return address).

Megan: "Really? It's no one's birthday ... what's it for?"

Peter (opens card) – "I think ... I think it's an Arbor Day card."

Megan: "What's Arbor Day?"

Peter: "Something to do with trees."

Peter and Megan together and in unison: "Hmmm ..."

It's possible Angel does this to maintain her superior moral status and attempt to live up to her namesake. More likely is that she's just a great person who loves to make other people happy and let them know she is thinking about them.

As a sibling in an extended family with a person like Angel it is tempting but fruitless to try and compete with her high level of genuine compassion.

With this in mind I am thinking of sending her cards for various and sundry obscure holidays:

- Happy Guy Fawkes Day! (Nov. 5) Don't Burn the House Down!
- Happy World Sword Swallower's Day (Feb. 26). Why Do You Have

THIS Skill?!?

- Happy Make Up Your Own Holiday Day (March 26). Good Luck!

- Happy No Pants Day (May 6). Stay Warm and Try to Avoid Getting Arrested!

I kid (a little). Every family has a character of one sort or another and Angel is the mini-Mum in many ways, making sure everyone feels loved and cared for.

Me, I'm the clown and the one that calls every six to nine months to make sure people know I am still alive.

Maybe Angel developed this habit all by herself or maybe she was inspired by Mum. My mum was the kind of person to write you notes and letters for no reason at all. When I moved to university and was unpacking, I found a nice, handwritten letter from her squirreled away in my luggage. Just a bunch of supportive commentary along with various reminders: Do your laundry, make sure to eat, don't drink too much. That sort of thing.

She would send letters well past the

Continued on page 7

## Letters

### NOTE OF GRATITUDE

This is a note of gratitude and thanks to all the local business in Morden that have placed banners of veterans on their storefront windows.

I am the daughter of one of these soldiers and when I walk down our

streets of Morden I feel such pride.

I would also like to thank Ken Wiebe and any helpers he had to put these together.

Richard and Sharon Deveson also deserve a huge thanks for their poppy campaign. This takes a lot of hard work on all their parts.

I had hoped to see many at the Nov. 11 service at the cenotaph.

Again, thank you to all the businesses.

**Grace Fehr,  
Morden**

*All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Voice.*

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> STEVEN PAGE, FROM PG. 5

"That was the closet appointment I could get. And I'm so thankful that I made it that far. I look back and there were multitude of times that I could have decided to have given up."

But when he finally did get to talk to a mental health professional, Page found himself insisting to the doctor that he was just fine.

"And I never called him again. I kept taking my antidepressants for awhile. The other one, the anti-mania, the lithium, I stopped taking, because I kind of felt better for awhile."

He was looking for an easy fix to a complicated problem, Page observed, and for years he didn't take his mental health struggles seriously.

"I wasn't fixed. And on top of that I was a little immature and I just thought it was easy to just write it off as being maybe I'm just a tortured artist ... I could wear my diagnosis as a badge of honour.

"If I really wanted to beat myself up, I could also wear it as a badge of shame," he added. Sometimes he found himself listening to the negative voice in his head telling him he wasn't worthy of the success he'd had in the music business and in life.

In 2007, Page and his wife of 14 years separated. They divorced two years later.

He didn't handle those years very well, he acknowledged, and he found himself seeking unhealthy ways of coping.

In 2008 he was arrested for cocaine possession. The arrest made national news.

"I'd always wanted to be on the cover of the *National Post*, but I didn't want my mugshot on the cover. But that was how I got on the cover.

"It was absolutely the wake up call I needed. It is the only reason I started taking my mental health actually seriously, because I was at a place where I had the potential to not see my children anymore. I had to start taking actual responsibility for my mental health."

Page entered counselling for substance use and began more intensive therapy for his other issues.

In the wake of his very public arrest, Page's relationship with the other members of the Barenaked Ladies was further strained. In 2009, he decided to leave the band.

"It took a lot for me to figure out who I was. I was happy to just keep making music, and I found ways to do it and new people to do it with," Page said. "But the thing is, my identity since I was 18—I was the guy from Barenaked Ladies ... who was I if I'm not the guy from Barenaked Ladies?"

"I was so lost. But thankfully I had a support network. Family, friends, and therapists, counsellors, people to talk to who could help me see things in a different way.

"Finally, because I was taking my mental health seriously, I was able to ... change the tape in my head that was looping, telling me that I wasn't worthy of the good things in my life.

"For me it was a matter of gaining the tools to let the truth of what my life was, of who I was, and what the potential for the rest of my life could be; it took a lot for me to implement those tools.

"I'm so grateful for it," Page said. "Because I'm here. I got to stick around to see all these things great things happen. To see my kids grow up."

Today, Page continues to make music, touring with a couple close friends, and has found satisfaction in sharing his story.

"I've spent the last dozen years now, a good part of it, travelling around Canada and the United States telling this story. And every time I do I get to tell myself that it's worth telling.

"It's been an incredible journey. And the best thing about it is that I know it's not fixed. I still struggle with this stuff ...

"The fact that I'm able to admit out loud that I'm struggling, even for a moment, feels like a step forward. And with every step forward there's another step forward you can take. And that's the thing I'm most grateful for."

> CHAMBER AWARDS, FROM PG. 4

the company had its roots in a desire to turn Winkler into a Silicone Valley of the North, equipping the community with the resources it needs to attract and retain businesses and young professionals in an increasingly tech-orientated world.

"Many years ago, the founders and I stepped back and said what could we do? How do we solve the problems that we feel are going to be facing our generation today, our generation tomorrow, and ultimately serve the community in doing so?"

"After coming up with all the reasons not to do something, you eventually step forward and start doing it."

As they've found increasing success, travelling the world to share the story of the technology they've developed, they've often been asked the question: Why in Winkler? Why

> CANTELON, FROM PG. 6

point of email and easy long-distance phone calls. Just short missives about nothing. A quick letter about how her day was going and what she had for dinner, that would arrive a week after we had a phone call she would have made after dropping the letter in the post.

Really, I am grateful for Angel and my entire family. It's nice to know

would you do it there?

The answer is simple, Wall said, "These are the people that we go to church with, we serve with; we do work with them and we play with them as well.

"This is something that when you invest in the community, sometimes it's astonishing how much the community invests back in again," he said. "Why Winkler? Why not Winkler? We are so honoured to be able to change that digital landscape for generations to come in our own backyard, for our neighbours and for our family.

"I'm honoured and humbled to be able to accept this award in recognition that the community believes that we've done something amazing, that we've done something with the community, for the community."

they're out there in the world existing.

Does your family have an Angel? Who would it be? Is it you? Once and a while you should reach out and tell them you appreciate their efforts. They are meaningful.

Me? I'll probably just send her a copy of this column in the mail.

## Letter policy

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

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# Morden youth selected as "Scotiabank Skater" at Jets game

By Lorne Stelmach

A Morden youth had an exciting opportunity last week as part of the Nov.

8 Winnipeg Jets game against the Dallas Stars.

James Macareg, the seven-year-old



SUPPLIED PHOTOS

James Macareg, 7, got to carry the Winnipeg Jets flag during Filipino Heritage Night last week.

son of local teacher Michael Macareg, was chosen to be the "Scotiabank Skater" as part of Filipino Heritage Night.

He was on the ice with the Jets and got to skate with the team's flag. Michael Macareg said his son's on-ice experience was tremendous and left him awestruck.

"Especially since he got to stand and chat with his favourite Jet, Mark Scheifele," he said. "The whole team made him feel so welcome and like he was part of the team, fist-bumps and all."

There was also pride in having James, who plays on the U9 Morden Hawks team, be a part of the Filipino Heritage Night festivities as he is half-Filipino, noted Macareg.

The festivities included food, a choir singing the anthems, musical entertainment on the concourse as well as

the puck drop including leaders in the Filipino community.

"I think representation is so important in the game of hockey and with the NHL's Hockey is For Everyone campaign, there is a focus on the grassroots growth of hockey in minority communities that typically are underrepresented in hockey," Macareg noted. "To have the Filipino community so well-represented at the game was a great way to showcase one of the largest cultural communities in Manitoba.

"My wife and I are so proud to see core memories made for James, and so much gratitude goes to the Winnipeg Jets, True North Sports and Entertainment, Scotiabank and especially Ron Cantiveros, who was an integral and driving force of the Filipino Heritage Night organizing committee, for making this possible."

# Morden launches homebuyers assistance program

By Lorne Stelmach

The City of Morden is promoting an initiative to help support first-time

home buyers in the community.

A provincial grant is allowing the City of Morden and Morden Community Development Corporation

to offer a homebuyer assistance program where successful applicants can receive funding equal to a five per cent down payment on the purchase of a home and a portion of associated closing costs by way of a five-year earned forgivable loan, to a maximum of \$15,500.

The initial response was enough that a second intake has been added, with expressions of interest being accepted until Dec. 6.

It shows the level of need in the city, officials suggested last week.

"It's a problem that is increasingly prevalent across Canada, and we're not immune to it," said Jason Dyck, economic development officer for the City of Morden.

"Housing availability has been extremely tight, so folks who would like to move into homes of their own are finding the availability and the prices won't necessarily work for them. So this program aims to remove those barriers.

"Addressing not just one aspect but addressing it in multiple ways is something that we think is a robust and sustainable housing strategy," Dyck said. "This is a way of helping people to get a leg up."

The Morden Homebuyers Assistance Program involves a comprehensive review process and evaluation criteria with a multi-phase approval process to ensure the funding meets provincial guidelines and is used to support sustainable housing solutions in Morden.

Eligibility for the program requires a gross family income that does not ex-

ceed \$84,600 and that the home purchase price does not exceed \$275,000.

The program provides support with home ownership education sessions for successful applicants to ensure they have the information needed to have a sustainable and thriving experience in their new home.

Mayor Brandon Burley noted that home ownership is a significant indicator of personal security and that housing affordability was a major theme of the 2022 election and is something that the city is keen to deliver on now.

"This homebuyer assistance program is a great step in addressing hurdles affecting many of our hard-working households and will have a substantially positive effect on our community," he suggested.

"Morden's council is thankful to the board of MCDC and the province of Manitoba for their partnership in creating a program that has the potential of delivering immediate results on housing affordability."

For more information, visit [www.mordeneconomicdevelopment.ca](http://www.mordeneconomicdevelopment.ca) or contact project coordinator Liz Reimer via email to [lreimer@mymorden.ca](mailto:lreimer@mymorden.ca) or phone at 204-822-4434 ext 1204.

Dyck noted they see this as fitting into their development of an overall comprehensive housing strategy for the City of Morden.

"That is something we will be talking about hopefully within the next couple of months ... that will hopefully provide a bit of a blueprint as to what we can do a bit more strategically and comprehensively going forward."

## READ THE BOOK

I was a confident driver. At 9 1/2 years old I was driving the neighbors Case 430 tractor picking up 6 bale stooks and within a couple of years was backing the tandem hay trailers down the narrow alleyway next to the barn. So, when it came to a drivers license at age 16, I was primed and ready. I had bought a Renault R10 and couldn't wait for the drivers test to get on with life. I had planned my day trip as soon as the test was over. The written was multiple choice and so with deductive reasoning I advanced with a PASS. Next was the drivers test in our families Ford Country Squire Station Wagon. Driving through the small town I was told to pull into that parking spot. I had never heard of parallel parking, so I nosed the car into the spot, jumping the right front tire onto the curb then plunking down back onto the road. The car was perfectly parked with both front and rear tires 6" from the curb. "YOU FAILED" said the instructor. I couldn't believe my ears. What would I tell me friends and my family that this day trip was off. I walked home rehearsing what I would say. "Why didn't you read the book" came the chorus of responses. It reminds me of a verse in the Bible that describes the shock of those thinking some form of good works would merit Eternal Life. In Matthew 7:23, Jesus says to these people "Depart from me, I never knew you." They found out when it was too late that their good efforts didn't count. They failed to read the book, for the Bible doesn't mention a "good-deeds" scale that will be pulled out on judgment day, to weigh our good against the bad. There is nothing we can do which will tip the scale in our favour. The Bible is clear that when it comes to Salvation all the doing has been done, for Christ's death on the cross paid the debt of sin for all mankind. Salvation is "the Gift of God, which is Eternal Life through Jesus Christ our Lord" Romans 6:23b. We can never earn Salvation by being good enough. Ephesian 2:8,9 says "For by grace are ye saved through faith: and that not of yourselves: it is the gift of God: Not of works, lest any man should boast." So let me encourage you to read the Book. The Bible shows clearly how God has provided a way of Salvation for all mankind. When it comes to eternal life, you don't want to hear "You failed". Read John chapters 1-5. Read it many times and ask God to reveal himself to you. He promises that those who seek Him, will find Him. Jeremiah 29:13

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# Koats for Kids sees record demand

By Lorne Stelmach

United Way Pembina Valley's annual Koats for Kids campaign faced a big challenge this year.

The organization saw what was likely a record level of need but had a limited supply of winter clothing to hand out last week.

"We were kind of hearing that the need was going to be higher this year, given what is going on with the economy and such," board member Audrey Armstrong said after the distribution nights Nov. 8-9 at 500 Stephen Community Centre in Morden and Central Station Community Centre in Winkler. "It was actually kind of overwhelming ... the need far outweighed what we had to donate."

The United Way put out a call earlier this fall for donations of new or gently used winter clothing, setting up red donation bins at several locations in both communities.

Last year the campaign collected just shy of 700 donations, but this year it came in at just under 400 items—not enough to meet rising demand.

"We had hundreds more people than we would normally get," Armstrong said, noting there were a lot of new Canadians looking for help as well as many large families. "So people with five, six kids and they were needing coats for everybody."

"So we went through stuff very

quickly. We were surprised—after an hour, we could hardly believe how much stuff had gone," said Armstrong, who recalled going early on to see how it was going in Winkler. "I was shocked when I got there because there were probably 200 people waiting in line to get into the room where they had all the coats set up."

"It was very, very different from what we've experienced in past years," she said. "I'm sure in Winkler there were some people who just didn't get in at all because they actually ended up with fewer donations than Morden had and more people who were coming to get coats."

"But overall the issue was the same in both communities."

Nonetheless, Armstrong is thankful for the community spirit that was shown, whether it was the group that did a pandemic project to gather up women's coats or the Crystal City teacher whose class project with her students involved collecting clothing donations for the campaign.

She also expressed gratitude for the Morden and Winkler fire departments for hosting donation drop boxes, the community centres in both cities for coordinating distribution, Giant Tiger for the loan of coat racks, and Best Western in Morden for washing coats.

"People do really step up," Armstrong said.



**SUPPLIED PHOTOS**

United Way Pembina Valley board member Audrey Armstrong (above) said demand for winter clothing far outpaced supplies at last week's Koats for Kids distribution nights in Morden and Winkler.



# Andrew Froese steps into deputy mayor role in Winkler

By Lorne Stelmach

Winkler city council members were given their assignments for the year ahead at their first regular meeting last week.

Council's list of committee appointments was approved Nov. 8, including Andrew Froese taking on the role of deputy mayor to Mayor Henry Siemens.

"This will be a new experience for me," said Froese. "I was honoured to be asked by Henry. I hope I do it justice by filling his shoes there as deputy mayor. I'm looking forward to serving the community in this position."

Froese feels council has a strong team in place with four incumbents including himself, Michael Grenier, Don Fehr, and Marvin Plett. Rounding out the council is Don Friesen, who returns to the role after a term away, and newcomer Peter Froese, who was a longtime city employee.

"We've all worked together in some shape or form in the past," Andrew Froese said. "We're all familiar with each other, so we're looking forward to working with each other and with our neighbours as well."

He sees a number of key priorities for council to tackle this term.

Continued on page 19



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# Strings, vocal students take the stage next weekend

By Ashleigh Viveiros

The Douglas Kuhl School of Music presents its Fall String Concert next week.

DKSM students take the stage at the Evangelical Mennonite Mission Church (600 Southview Dr., Winkler) at 7 p.m. on Saturday, Nov. 26.

The evening will feature performances from four intergenerational community strings ensembles, DKSM instructors, and the school's new vocal ensemble.

It will be a varied selection of music, shares organizer Sarah-Lynn Bergen.

"We're playing some music by Mozart and selections from Lord of the Rings, so it's going to be a very exciting repertoire," she says, noting that includes Mozart's Marriage of Figaro Overture and also a bluesy take on Turkey in the Straw.

The strings ensembles performing include the Post Road Full Orchestra, featuring the school's most advanced students, as well as the Allegro, Da Capo, and Encore groups.

As always, all four groups feature various strings instruments (violin, cello, viola, bass), but the Post Road has added something new this season.

"We're adding winds, brass, and percussion to that orchestra, which will be really exciting," says Bergen.

Also new is the vocal ensemble, which began after the success of the vocal sessions at DKSM's 2022 Cadenza Summer Music Week.

"This is a new youth vocal ensemble led by Alyssa Hildebrand," Bergen explains. "During Cadenza we had Alyssa do some vocal coaching and now she's taken on a few students for this ensemble."

Bergen notes the performers are excited to be back on stage again for a full



SUPPLIED PHOTOS

Douglas Kuhl School of Music students take the stage at the EMM Church in Winkler next Saturday, Nov. 26. The show features performances from four intergenerational strings ensembles, DKSM instructors, and the school's new vocal ensemble.

show after the past few years of cancelled or scaled-down concerts.

"This year our groups are back at their normal participation levels and we're hoping to have a good turnout at this concert," she says. "We're very excited to have our full concert back."

The opportunity to perform is a valuable one for students of all ages.

"It's super valuable. For myself, I went through these programs as a kid and there really aren't any other op-

portunities like this in southern Manitoba," Bergen says. "There aren't really any other community orchestras you can join, unless you want to drive to Winnipeg."

"So just to be able to play with your peers is a super fun and exciting thing to do."

There is no cost to attend the concert. A freewill offering will be collected in support of local music education.



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## Wa Ni Ska Tan Alliance in Morden Nov. 23

### Presentation on the impact of hydro in First Nations communities

By Lorne Stelmach

A public meeting next week will address the impact of hydro development on northern Indigenous communities.

The theme of the real cost of hydro will be the focus of the presentation organized by the local Truth and Action Working Group Wednesday, Nov. 23 at 7 p.m. at Central Station in Winkler (500 Main St.).

Two speakers will be on hand from Wa Ni Ska Tan Alliance of Hydro-Impacted Communities to offer a brief history of hydro development in northern Manitoba and an accounting of the impacts imposed on Indigenous communities.

"That impact has been widespread and very devastating in some cases, which a lot of us don't know about when we flip on the lights," said working group member Kevin Drudge. "They'll also be talking about some recommendations on how we might respond in a positive way to the situation."

The Wa Ni Ska Tan Alliance of Hydro-Impacted Communities is an Indigenous-led organization made up of impacted communities, university researchers, and NGOs.

For the last seven years it has been documenting and critically evaluating the impacts of hydropower on First Nation communities' land,

water, and livelihoods with the goal of increasing awareness of the impacts of hydroelectric projects among the general public and fostering social and environmental change.

At next week's meeting, speakers Martina Saunders of York Factory First Nation and Dr. Jarvis Brownlie of University of Manitoba will provide a glimpse of how the Ininewak (Cree) people's ways of life, economies, and health have been harmed by the hydro dams that have brought dirty water, flooded forests, collapsing shorelines, and vanished beaches.

"First of all, it's to raise awareness that the hydro electricity which we enjoy and rely on has a hidden cost that most of us don't see because the folks who bear that cost are far from us," said Drudge.

"Many or most Manitobans are not aware of it, of the impact of the hydro dams, the flooding of vast tracts of land and the destruction of traditional food gathering sources ... there's all kinds of negative effects on the Indigenous people who live in the north."

"I'm curious what their recommendations will be, how we can advocate for our northern neighbours, how we can understand their situation," Drudge added. "I'll be curious how we can respond."

Check out the Voice online at [www.winklermordenvoice.ca](http://www.winklermordenvoice.ca) or [altonavoice.ca](http://altonavoice.ca)

# Veteran councillor Gord Maddock appointed Morden deputy mayor

By Lorne Stelmach

Morden city council is getting down to work after having recently held its organizational meeting.

The first meeting of the newly elected council included assigning various roles to councillors, and it saw the appointment of Gord Maddock as deputy mayor.

Re-elected to a second term in office this fall, Maddock had served as deputy mayor for a couple years during the previous term, and he was honoured to again take on the role of second in command to Mayor Brandon Burley.

"I'm very honoured that Brandon chose me," he said. "It's supporting your mayor when he can't be there doing things, and I feel very privileged that he thought that much of me that I could do the job again."

Maddock also welcomed the new council team that includes fellow incumbents Doug Frost, Garry Hiebert,

and Nancy Penner along with newcomers Florian Lassnig and Sheldon Friesen.

"Florian and Sheldon fit in quite nicely. There were lots of good questions being asked," he said. "We're very excited to have the team together. I think we're going to work well together ... and we've got a great staff behind us, so that makes it even easier."

There will be a variety of projects and priorities for council to get to work on, Maddock noted, though none are as vital as wastewater and water.

"We've got some options on the table, and we're working hard on them, so hopefully we get something in place this year."

The following council committee appointments were put in place for the year ahead:

- Lake Minnewasta committee: Sheldon Friesen, Florian Lassnig.
- Police board: Nancy Penner, Gord

Maddock, Florian Lassnig.

- Cemetery committee: Nancy Penner, Garry Hiebert.
- Menzies Medical Center: Doug Frost.
- Central Manitoba Tourism: Gord Maddock.
- Community Futures Heartland: Sheldon Friesen.
- Day care board: Doug Frost, Gord Maddock.
- Tabor Home board: Garry Hiebert.
- Pembina Valley Local Immigration Partnership: Florian Lassnig, with Gord Maddock as alternate.
- Explore Morden-Winkler: Florian Lassnig.
- MSTW Planning District: Doug Frost, Garry Hiebert and Sheldon Friesen as alternate.
- Morden Stanley fire service: Doug Frost.
- Vet district board: Garry Hiebert.
- Airport authority: Doug Frost, Sheldon Friesen.
- Pembina Valley Water Co-op:



Deputy mayor Gord Maddock

Nancy Penner with Sheldon Friesen as alternate.

- Pembina Valley Watershed District: Sheldon Friesen.
- South Central Regional Library: Garry Hiebert with Florian Lassnig as alternate.
- SWAMP regional landfill committee: Nancy Penner, Gord Maddock.

# Leah Klassen elected new GVSD board chair

By Ashleigh Viveiros

Garden Valley School Division's new board of trustees met for their organization meeting last week.

Veteran trustee Leah Klassen was elected as board chair by her peers.

It's a role she's honoured to take on, following in the footsteps of longtime trustee and board chair Laurie Dyck, who opted not to run for re-election this fall.

"It's certainly an honour to be nominated and then acclaimed," Klassen says, explaining fellow returning trustee John P. Klassen also got a nomination but declined to let his name stand for the position, instead voicing his support for her to take on the mantle.

This is Klassen's first time leading the board of trustees in this way, though she has, in her 12 years on the school board, chaired each of its standing committees at one time or

another.

She looks forward to the new challenge and is eager to get to work.

"After an election there's always a big strategic planning session that takes place to set the direction for the next four years," Klassen explains. "On a divisional level, that's the next big thing that we're going to have to do. That will be exciting to tackle."

"On a personal level, we have five new trustees and four incumbents on this board, so this first year is going to be a lot of learning and a lot of getting to know one another and creating, hopefully, a really strong team."

Returning to the board alongside Klassen and John P. Klassen are Tena Lane and Deana Wilson. Newcomers include Ward 1 elected trustees Philip Unruh and Pamela Hiebert and acclaimed Ward 2 trustees Heather Di Francesco, Michael Rempel, and Mandy Thiessen.

The group's first meetings have been

positive ones, Klassen shares.

"The conversations around the table have already been very good. People are eager, they're excited to be there, they want to learn and they're asking great questions."

The meeting also saw a roster of returning trustees take on leadership roles on each of the main committees.

John P. Klassen will chair the education committee (which includes Hiebert and Thiessen) and also serve as vice-chair for the board as a whole, Lane heads up the operations committee (which includes Leah Klassen and Unruh), and Wilson was elected chair of the policy committee (made up of Di Francesco and Rempel).

Having experienced trustees on each of these core committees is invaluable, Klassen notes.

"They're a source of resource," she says, explaining they can fill the new trustees in on how things are done and why past decisions were made.

"It's really nice to have that experience around the table."

# Brian Fransen back as Western SD chair

By Lorne Stelmach

Veteran trustee Brian Fransen will remain at the head of the school board in Western School Division.

Re-elected by acclamation for the rural Ward 2 to serve a fifth term, Fransen may seem to be an automatic

choice to lead, but he certainly does not take it for granted.

"It feels really good," he said last week. "I really value the confidence that my peers have in my leadership on the board."

He is joined at the board table by returning trustees Darcy Wolfe and Da-

vid Guenther along with newcomers Lisa Burley and Susana Hawryshko.

Fransen said it's always good to have new people on the board.

"I'm really looking forward to this term, the four year term, with the

Continued on page 25

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# Parkhill St. bridge demolition about to get underway

By Lorne Stelmach

Plans are in place for the replacement of the two flood damaged bridges in Morden in the new year.

The next step now includes the demolition of the existing bridge at Parkhill St. in preparation for its reconstruction to start by early next spring.

As a result, the bridge was closed to pedestrian traffic last week (it had been closed to vehicles previously) so demolition can begin before the winter freeze sets in.

Deputy city manager of operations Santokh Randhawa explains getting the demolition work done now is easier and less costly than trying to tackle it during the winter months once the snow has built up.

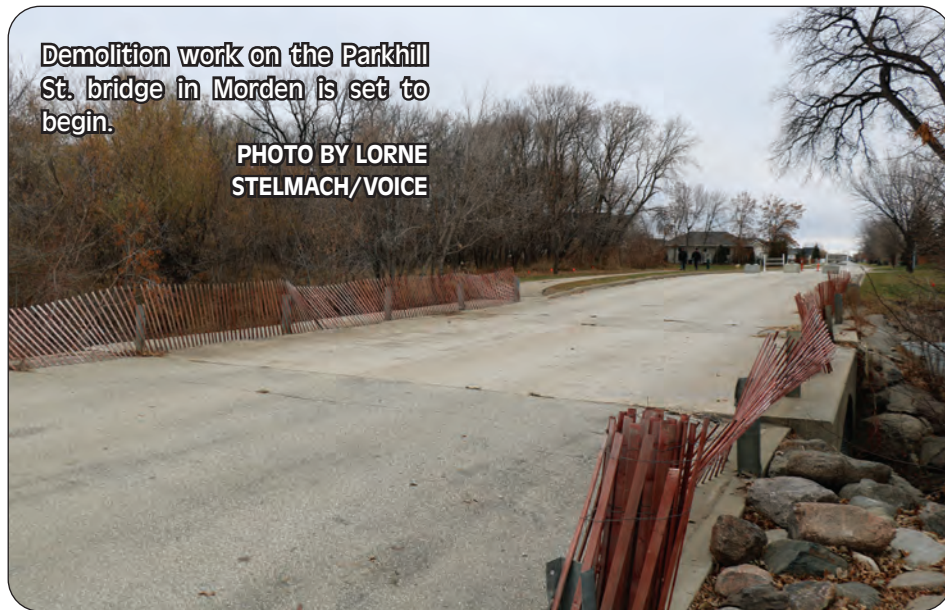
"The tenders will most likely be

awarded by February, and foundation work is expected to happen before the spring melt," he noted. "The substantial completion is expected by July 2023 and final completion by September 2023."

The Alvey Street bridge was destroyed by the spring flooding, while the Parkhill St. bridge was structurally compromised.

The city put in a claim under the Manitoba Disaster Financial Assistance program for both bridges, and a condition of approval was that an engineering assessment be done.

Those were completed in June and found the Alvey St. crossing required replacement and the Parkhill Street bridge required major repairs. However, the engineering report recom-



Demolition work on the Parkhill St. bridge in Morden is set to begin.

PHOTO BY LORNE STELMACH/VOICE

mended replacement of the Parkhill bridge with a free-spanning structure to prevent a similar event in the future.

The design for both bridges considers 100-year flooding events, which should help prevent events like what happened this spring from occurring

with any regularity, city officials have stressed.

"The preliminary design and estimate is not complete yet," noted Randhawa. "However, the cost is expected to be approximately \$1.3 million for Alvey Street and \$1.5 million for the Parkhill bridge."

# Josh Zacharias appointed to Stanley's Ward 2 seat

By Lorne Stelmach

The RM of Stanley filled one council seat recently after the municipal elec-

tion had left one spot vacant without a nomination.

Chosen to take one of the two seats for Ward 2 was Josh Zacharias, who in fact had been preparing to submit his name for election but did not complete the application in time, said Reeve Ike Friesen.

"He did contact us right after and said he was actually still interested, so we pursued it further, met with him, and had an interview with him, and we thought he would be a good fit," said Loewen.

"It was good that he had already

been interested," he said. "So we have a new councillor in each ward ... and I am very happy with the outcome of it. I think we will be a good team."

Zacharias did not return requests for comment as of press time.

Loewen is now anxious for council to move forward.

"We've got a strategic planning session planned now for mid-January, so that is something I am looking forward to," he said. "This will be important for us. We're making some decisions for now and for the next four years and beyond."

"We went through a severe drought, so we need to make sure we have water if that happens again," Friesen said in citing wastewater and water as top priorities. "We're preparing for next spring ... and hopefully we don't have floods again like we did ... we can look at what we did right and what we can do different."

There are a couple newcomers mixed in with experienced councillors in the RM of Stanley, where Friesen was elected by acclamation to be the new reeve. He comes with the experience of one term as a councillor, including serving as deputy reeve.

Ward 1 is represented by Peter Froese, Ray Unrau, Jon Goertzen and Bob Giesbrecht, while Zacharias joins Alfred Loewen in representing Ward 2.

Following council's recent inaugural meeting, Froese was named as deputy reeve and the following committee appointments were approved:

- Finance, equipment and administrative - Pete Froese, Ike Friesen.
- Roads - Ray Unrau, Alfred Loewen.
- Drainage - Josh Zacharias, Bob Giesbrecht.
- Utilities - Bob Giesbrecht, Pete Froese.
- Planning - Jon Goertzen, Ray Unrau.
- BTHC Foundation - citizen rep Ben Friesen.
- Buhler Active Living Centre - citizen rep Morris Olafson.



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# Square One World Media celebrates 75th anniversary with new documentary

## Film screens in Winkler this Saturday

By Ashleigh Viveiros

Square One World Media's documentary detailing its 75 years of sharing the Christian gospel is coming to Winkler this weekend.

The Winnipeg-based media group screens its new film, *Back to Square One*, on Saturday, Nov. 19 at the Winkler MB Church (120 Pineview Dr.) at 7 p.m.

The 90-minute movie details Square One's storied history through interviews with volunteers and staff past and present, says project director and writer Ingrid Koss.

"We did probably 25 interviews in the last year of people who were involved in various ways," she says. "We tried to get a really broad spectrum of people with different ways of looking at ministry. It was just absolutely fascinating. We could have made a mini-series."

In addition to new interviews, the documentary also includes footage from Square One's expansive archives.

"We did find in our archives interviews that people had done around the year 2000 which we are so thankful for because those are our founders, people from the early years who maybe are not alive anymore or wouldn't be able to give an interview now," Koss says. "So those were just precious to hear their stories."

It was actually exploring the archives that inspired the documentary in the first place, Koss notes. Communications assistant and film co-director Rein Cabalquinto put forth the idea of doing an anniversary documentary upon finding a wealth of material in storage.

"The room is just full of 75 years worth of recorded material—the reel

to reel and the cassettes and older stuff like the vinyl," Koss says. "He was just fascinated with it all and he said, 'People have to see this. People have to know about this. We should make a documentary.'

"As soon as he suggested it, it was so exciting ... the idea just took hold and I was so eager to be part of it," Koss continues. "It just made sense—we're a media company, and so we made a documentary."

"It was a lot of work because there was so much that could be included," she adds. "We decided early on we couldn't include everything. It's not a comprehensive timeline of everything and everybody—it's a story that represents what's gone on."

That story includes detailing how Square One World Media began as the Gospel Light Hour radio program in the late 1940s.

There was a huge surge of young Mennonites wanting to be part of building peace and spreading the gospel in the post-war years, and it was with a group of enterprising young Winnipeg Bible college students that the Gospel Light Hour got its start.

"In the dorm room they were just talking about how do we reach people for Jesus? And somebody came up with the idea of radio, which was pretty radical in 1947," Koss says, noting, at that time, "preaching was something that happens from a pulpit in a church."

But the students felt called to use this relatively newer medium to reach out to a wider audience.

"They started with one radio program airing live on one station in Winnipeg, on CKRC," says Koss, noting they filled the program with music as well, which helped to draw even more people in. "It just gradual-



**SUPPLIED PHOTO**

From left: Square One World Media's Ingrid Koss, Grant Hoepfner, and Rein Cabalquinto at work on the new documentary, *Back to Square One*, that details the ministry's 75-year history.

ly grew ... and 75 years later we have [programs in] seven different languages, in every media format that is in use today. We still have radio programs, we still have TV programs, and now we have online social media—everything from TikTok to You-

Continued on page 19

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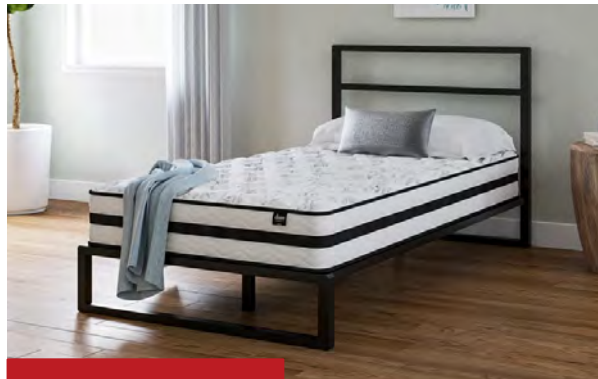
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> DOCUMENTARY, FROM PG. 13

Tube to Instagram. Wherever people can be reached and whatever's the best way to reach them, that's what we aim for."

The documentary takes viewers through the ministry's rise from that initial radio program to the global impact it's having with its work today.

Koss says she was honoured to interview so many of the people who helped shaped the ministry over the years and to share their stories of the highs and lows and God's guidance through it all.

"Some of them were involved for a lifetime; some of them were involved for a few years," she says, sharing that the common thread throughout was a passion for sharing their faith.

"What I hope people take away from it is the adventure of serving God. Because what we see in story after story is people making choices to serve God with their lives when they could have made more

money or they could have made a bigger name for themselves.

"From each person we spoke with you hear that it was rich, whether it was their life's work or a five-year segment of their lives," Koss says. "The memories are rich. God was faithful. It's a highlight of their lives.

"I hope that people see we may feel like we're sacrificing to serve God, but giving your abilities and your time and your talent to do what God calls you to do is rich and adventurous."

Register for free tickets to see the film online at [squareoneworldmedia.com/screening-events](http://squareoneworldmedia.com/screening-events).

**SUPPLIED PHOTO**

**Koss and Cabalquinto sort through old photos in the ministry's archives, which served as inspiration for the anniversary documentary.**



> WINKLER COUNCIL, FROM PG. 9

"Wastewater, water treatment and recreation planning will definitely be at the forefront ... as well, there is our transit study."

The following council committee appointments were put in place for the year ahead:

- Finance and personnel committee: Henry Siemens, Andrew Froese, Don Friesen.
- Planning committee: Don Friesen, Don Fehr, Peter Froese.
- Transportation and utilities committee: Marvin Plett, Andrew Froese, Don Fehr.
- Community services committee: Andrew Froese, Peter Froese, Marvin Plett.
- Police board: Andrew Froese.

- Fire committee: Don Fehr, Michael Grenier, Peter Froese.
- SWAMP regional landfill: Peter Froese, Michael Grenier.
- Pembina Valley Water Co-op: Marvin Plett, Andrew Froese.
- Winkler aquifer management: Andrew Froese, Marvin Plett.
- Pembina Valley Recycling Network: Peter Froese.
- Red River Basin Commission: Peter Froese.
- Pembina Valley Watershed District: Andrew Froese.
- South Central Regional Library board: Marvin Plett, Peter Froese.
- Winkler golf club: Andrew Froese, Michael Grenier.
- Winkler Arts and Culture: Don

> STANLEY COUNCIL, FROM PG. 12

- Fire committees - Josh Zacharias in Morden, Ray Unrau in Winkler.
- Winkler Stanley fringe committee - Ike Friesen, Pete Froese.
- Community Futures Heartland - Bob Giesbrecht.
- Menzies Medical Centre - Josh Zacharias.
- Morden Vet Clinic - Alfred Loewen.
- MSTW Planning District - Jon Goertzen, Ray Unrau.
- Pembina Valley Recycling Network - Alfred Loewen.
- Pembina Valley Water Co-op - Pete Froese, Ike Loewen.
- Pembina Valley Watershed District - Bob Giesbrecht and Ken Thiessen for Lower Pembina; Alfred Loewen and Ken Thiessen for Buffalo-Marais; Bob Giesbrecht and Colin Conrad for Deadhorse; Alfred Loewen and Colin Conrad for Tobacco Creek.

- Pembina Valley Reeves and Mayors - Ike Friesen.
- Red River Basin Commission - Josh Zacharias.
- Rhineland Stanley South Buffalo Creek Channel - Alfred Loewen.
- South Central Regional Library - Bob Giesbrecht with citizen rep Bernie Loepky.
- Stanley Business Centre - Ike Friesen w Dale Toews.
- SWAMP regional landfill - Alfred Loewen, Jon Goertzen.
- Winkler and Area justice committee - Jon Goertzen.
- Winkler and District Chamber of Commerce - Ike Friesen.
- Winkler and District health care board - Pete Froese.
- Winkler Aquifer Management Board - Alfred Loewen.
- Winkler Stanley economic development committee - Pete Froese.

Friesen, Michael Grenier.

- Winkler and district health care board: Michael Grenier, Marvin Plett, Don Friesen.
- Winkler Senior Centre: Don Fehr.
- Vet clinic: Michael Grenier.
- Central Station: Don Friesen, Andrew Froese.
- MSTW Planning District: Don Fehr, Don Friesen, Marvin Plett as alternate.
- Pembina Valley Reeves and Mayors: Henry Siemens, Andrew Froese.
- Winkler Stanley Economic Devel-

opment: Henry Siemens, Don Friesen.

- Community Futures Heartland: Mark Sawatzky
- Central Community Homes: Don Friesen.
- Winkler Stanley fringe committee: Henry Siemens, Andrew Froese.
- Regional Connections: Michael Grenier, Don Fehr.
- Pembina Valley Local Immigration Partnership: Michael Grenier, Don Fehr as alternate.
- Explore Morden Winkler - Central Manitoba Tourism: Michael Grenier.

## Attention Kids...

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4. What are you most thankful for during the holiday season?

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**DEADLINE: Monday, Dec. 5, 2022**

# Your FARM



## Mason Farms prepares to celebrate 75 years

By Jennifer McFee

A family of dairy farmers is milking the excitement as they prepare to celebrate the farm's 75th anniversary next year.

Mason Farms, located in Oak Point, launched in 1948 by Nelson and Anna Mason, who started off by milking five or six cows. Over time, the couple passed the farm down to their son Ken and daughter-in-law Sylvia, who took over the farm in 1967 and installed a pipeline milking system in 1973. Looking back, Ken — who remains involved today at age 84 — remembers milking about 20 cows by hand with the help of his sisters and parents, which took about two hours.

Today, Ken's son Darcy and daughter-in-law Lanna are the current owners of the enterprise, which milks 60 registered Holstein cows.

The long-standing lineage seems poised to continue with Darcy and Lanna's own children.

"Our son Andrew is currently enrolled in his second year of the dairy science program at Lakeland College in Vermilion, Alta. His intentions are to return to the farm after graduation," Lanna said.

"Our daughter Laila is currently in Grade 10 and has taken a real inter-



est in working with the dairy cattle. They will be the fourth generation involved in the farm."

At Mason Farms, each morning starts at 6 a.m. when the family undertakes chores like cleaning stalls and feeding calves.

"Since the installation of the automated milking system nine years ago, chores are a little more flexible," Lanna said. "However, the cows and calves still require consistent care 365 days a year."

When needed, the family uses antibiotics on their farm to maintain the health of their cattle.

"Antibiotics are prescribed by our veterinarian, along with a specific treatment plan. One of the nice features of the robot is that when we enter the treatment of a cow into the computer, it automatically diverts



PHOTOS BY LANA MEIER

The Mason family from left to right, Darcy, Ken, Laila, Lanna and Andrew. Left: Laila takes a turn feeding one of the calves.

that milk to buckets that we can use to feed calves. All milk for human consumption in Canada is tested to make sure that it is antibiotic-free," Darcy said.

"The cows all wear a transponder on a collar around their neck, which is like a FitBit but for cows. It keeps track of her activity and there is also a microphone inside it that listens to her chewing and eating to monitor her rumination minutes. On our farm, the cows average a little over 500 minutes of rumination in 24 hours."

The family works within the quota system, which is based on the kilograms of butter fat produced daily.

"On our farm, one cow on average would produce 1.6 kilograms of butter fat," Darcy explained, "which is the equivalent of 40 litres of milk."

However, with the robotic milking system, there is always the possibility of a major breakdown.

"But with basic maintenance on our part and scheduled service from our dealer, breakdowns are a rare occurrence," Darcy noted.

"Our dealer, Penner Farm Services, always has a technician on call 24/7 that can talk us through a repair or come to the farm to fix it."

At Mason Farms, the family is important — even for their animals. One way to honour the animal families is by their naming process.

"So all farms are different, but on our farm, we like to name the calves with a name starting with the same letter as their mother. We name them this way because keeping track of cow families is important to us and it's easier to follow. For example, we have a cow named Lululemon and she had twin heifers we named Lemon and Lime. Her mother is LouAnne and her mom was Lailou and her mom was Laila. So when we think of the L family, we think of Laila," Lanna explained.

"Our herd is all registered Holsteins, and they all have a name that consists of three parts. Lululemon's registered name is Maypoint Galahad Lululemon. Maypoint is our prefix, so any calf conceived on our farm would have that prefix. The Galahad part of her name is the sire or bull she is from.



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Continued on page 26



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# sports & recreation

## Winkler Royals down Altona Maroons 6-2

By Ashleigh Viveiros

The Winkler Royals added two wins and a loss to their SEMHL record last week.

The Royals started the week off right with a narrow 5-4 victory over the Carman Beavers on the road Nov. 8.

The back-and-forth game saw goals come in from Royals Phil Letkeman, Stephen Grahn, Mark Hildebrand, and Mitch Doell to give Winkler a 4-3 lead heading into the final period.

There, Remi Laurencelle got the game-winner 10 minutes after Carman had tied it at 4-4.

Jayme Janzen made 30 saves in net as the Royals outshot the Beavers 49-34.

The Royals stumbled three nights later against the Ile des Chenes Northstars. The Northstars fired 31 shots Janzen's way and made good on four of them, while his teammates had 39 shots on goal and didn't get one past Ile des Chenes netminder Mason Swerdylak.

Winkler rounded out the week with a 6-2 victory over the visiting Altona Maroons Saturday night.

Scoring for Winkler was Jordan Peters, Marcus Neufeld, Jon Froese, and Laurencelle with a third-period hat trick.

For Altona, Robert Guimond and Justin Augert got the Maroons on the board.

Winkler outshot Altona 51-34, with Cole Kehler making 46 saves in net for Altona and Janzen making 32 saves for Winkler.

It wasn't a great week for the Maroons, who also lost to the Morden Bombers 9-3 Thursday night.

The game was tied at 2-2 after 20 minutes. Scoring for Morden was Mike Rey and Adam Hughesman while firing home Altona's goals were Tristen Dueck and Rory Penner.

Period two was all Morden, with Hughesman, Steve Mullin, and Andrew Clark all scoring singles while Rey added two more for a hat trick to make it 7-2 heading into the final period.

There, Jory Mullin scored twice and Altona's Tyrel Bueckert managed one.

Morden massively outshot Altona 71-37. Kohl Robertson was in net for Morden, making 34 saves. Cole Kehler made 62 saves for Altona.



PHOTO BY RICK HIEBERT/VOICE

Winkler Royals goalie Jayme Janzen makes a pad save despite being screened by the leaping Robert Guimond of the Altona Maroons Saturday in Winkler. The Royals got the win 6-2.

The Bombers went on to fall to the Red River Wild 6-2 Saturday night. Scoring Morden's goals was Jory Mullin in the third period. Robertson made 26 saves in net.

This week, Altona travels to play in Carman

Thursday and Morden is at Ile des Chenes Sunday. Winkler gets a breather this week; they don't play again until Nov. 25 against Red River.

## Flyers crush Wpg. Freeze, fall to Dauphin Kings

By Ashleigh Viveiros

It was a tale of two very different games last weekend for the Winkler Flyers.

On Friday, the Flyers ran roughshod over the Winnipeg Freeze, coming home from the road game with an 8-0 victory.

Daniel Isaak got Winkler on the board with an unanswered goal a few minutes into the first, but it was the second period when the floodgates really

opened up.

The middle frame, in which Winkler outshot Winnipeg 22-6, saw goals come in from Nicolas McKee, Zach Nicolas, Conner Jensen, Mike Svenson, Brody Beauchemin, Carter Dittmer, and Kyle Crewe.

Winnipeg pulled things together somewhat in the third, managing to match their opponents shot for shot at 8-8. And while they failed to score on any of those shots, they also managed to keep Winkler from adding to their tally.

Overall, the Flyers outshot the Freeze 47-15. Malachi Klassen got the win in net for Winkler.

The Kings proved to be a much tougher nut to crack two nights later in Dauphin.

Winkler was down 2-1 after 20 minutes, with Sambrook scoring what was the tying goal in the 14th minute, only to have Dauphin pull ahead with a short-handed marker with 32 seconds left on the clock.

Continued on page 23

# Tough week for female Hawks

By Lorne Stelmach

It was a tough week for the female U18 Pembina Valley Hawks.

They dropped a pair of games on the weekend in falling 2-0 to Yellowhead Saturday and then 4-3 to Westman Sunday. Earlier in the week, the second in a pair of exhibition games with Balmoral Hall saw the Blazers win handily by an 8-1 count.

The Hawks remain mired in seventh place in the eight team league at 3-9-1 for seven points, which is five up on last place Central Plains and one and two behind Interlake and Eastman.

Shots on goal were even at 31 apiece against Yellowhead, but the Hawks could not get anything past Chiefs' netminder Clair Merckx. Kaylee Franz took the loss in net for the

Hawks with 29 saves.

Three unanswered Westman goals in the second period did in the Hawks Sunday against the Wildcats, who are tied for first place with the Winnipeg Ice at 10-2-0 for 20 points.

Caitlin Anderson, Emma Durand and Erica Fijala on a powerplay scored for Pembina Valley, while Kasia Rakowski made 31 saves Westman holding a 35-24 edge in shots on goal.

Durand opened scoring for the Hawks against Balmoral Hall, but it was all the Blazers the rest of the way with four goals in each of the last two periods. Franz had a busy night in goal for the Hawks with 39 saves.

Pembina Valley hits the road this weekend first to take on Interlake in Stonewall then to have a rematch with Yellowhead in Shoal Lake.



PHOTO BY RICK HIEBERT/VOICE

Pembina Valley's Kaylee Franz makes a stick save against a shot from the Blazers' Morgan Smith.

# Pembina Valley Twisters win one, lose one

By Lorne Stelmach

It was a weekend of mixed results for the MMJHL's Pembina Valley Twisters.

The team handily defeated the St. Boniface Riels 7-1 Saturday but were then edged 4-3 Sunday by the St. Vital Victorias.

The Twisters went three for six on the powerplay Saturday as they built on a 3-1 second period lead with four unanswered third period goals.

Slade Sotheran picked up a hat trick while other goals came in from Riley Goertzen, Jacob Carels, Anthony Lehmann, and Mike Heppner. Matt Grysiuk made 38 saves of 39 shots on

goal. His teammates fired 24 back the other way.

Grysiuk then did his best to keep the Twisters in the game against second place St. Vital as the Victorias outshot Pembina Valley 49-37 and held period leads of 3-1 and 4-2.

Goertzen scored a pair for Pembina Valley while Nico Vigier contributed

one as well.

The Twisters remain in eighth place at 4-8-1 for nine points, which is one up on St. Boniface and three behind River East and Stonewall.

Pembina Valley's lone game this week is a rematch with St. Vital Thursday in Winnipeg. They then next see action Tuesday when they head to Charleswood.

# Male Hawks on three-game win streak

By Lorne Stelmach

It was a busy week for the male U18 Pembina Valley Hawks, but they came out of it with a three game win streak.

After dropping a 6-3 decision to first place Brandon last Wednesday, the Hawks welcomed last place Norman for a doubleheader which saw Pembina Valley win both by 5-1 and 4-2 scores Friday and Saturday.

On Sunday afternoon, Southwest came to take on the Hawks, who skated away with a 6-4 victory.

Brandon connected for three powerplay goals as the Wheat Kings broke open a 2-2 game after one period with three second period markers.

Marek Miller, Liam Goertzen, and

Ty Love scored for the Hawks while Bryson Yaschyshyn made 40 saves with Brandon holding a 46-24 edge in shots on goal.

The Northstars were even with the Hawks at one apiece through 40 minutes in game one, but Pembina Valley put it away with four unanswered third period goals.

Cohen Pilkington had a hat trick with the other goals coming from Love, Prime Paniyuk, and Kam Thomas. Shots on goal were 37-20 for the Hawks, with Raiden LeGall getting the win in net with 19 saves.

In game two, the Hawks took a 2-0 first period lead before the Northstars tied it up at 2-2 after 40 minutes.

Sebastian Hicks scored twice with

the Hawks also getting goals from Goertzen and Miller. Yaschyshyn made 18 saves, with Pembina Valley outshooting Norman 45-20.

The Hawks bolted to a 4-0 first period lead on Southwest then survived a push that saw the Cougars score three in the second period.

Hicks scored twice with other goals coming from Miller, Love, Goertzen and Carter Campbell, and LeGall made 33 saves with the Hawks holding a 40-37 edge in shots on goal.

The Hawks are holding down fourth place at 11-4-2 for 24 points and are three up on Yellowhead and two behind the Winnipeg Thrashers.

Pembina Valley take on Eastman this Friday in Beausejour and back at home in Morden Saturday.

> FLYERS, FROM PG. 22

Cole Mackenzie tied it up again midway through the second period. A stalemate ensued and lasted all the way until the final buzzer.

Overtime was required for a decision and it was the Kings who broke the deadlock with a goal nearly five minutes in.

Aidan Comeau made 16 saves in net for the Flyers as they outshot the Kings 26-19.

With that, Winkler is in third place in the MJHL East Division standings with a record of 13-5-3-1 for 30 points. They trail the Portage Terriers and the Steinbach Pistons in first and second place by two points.

Coming up this week, Winkler hosts Waywayseecappo Friday night and then travels for a rematch against the Wolverines Saturday night.

The **Voice**

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# Jim Mutcheson heading up MB Baseball Hall of Fame

By Lorne Stelmach

A member of a local family that has long been synonymous with sport in Morden is now stepping up to the plate for the Manitoba Baseball Hall of Fame and Museum.

Jim Mutcheson has taken over the role of administrator and manager from Joe Wiwchar, and he very much welcomes the opportunity.

"The chance to promote a great tourist attraction for Morden but also for the province of Manitoba was a very intriguing opportunity," Mutcheson said as the hall of fame announced his hiring last week.

"It's exciting to have the opportunity to take care of many family and friends who are already inducted into the Manitoba Baseball Hall of Fame. It's a great challenge to keep up what Joe Wiwchar has done in the last 25 years and continuing to honour our past and ensure our future.

"I have always liked a challenge ... and this is a chance to follow in my dad's footsteps, as this was one of his passions through the years."

Board chair Dan Giesbrecht said Mutcheson's passion for and experience in sport made him the right candidate.

"We've got someone coming in there with energy and good knowledge

of the sport and with a sport background," he noted.

Mutcheson, who played junior and senior baseball as well as umpired baseball and refereed hockey, was himself an inductee into the hall of fame. The Mutcheson family as a whole was named to the Morden Sports Volunteer Hall of Fame in its inaugural year.

He has been a volunteer mainstay for many years at all levels of events from local to provincial and national for Hockey Manitoba and Hockey Canada.

The list includes helping out with the world junior championship hosted in Winnipeg in 1999 with Morden as a secondary site as well as serving on the Manitoba Directors Cup executive for eight consecutive years. Mutcheson also served on the Hockey Canada U16 championship host committee, Hockey Canada U18 female Esso Cup host committee, and 2014 Manitoba Winter Games committee.

Mutcheson has extensive experience in volunteering, leading, and managing people throughout his 44-year career and sports across Manitoba. He currently operates his own consultancy company.

Mutcheson decided to submit his name for the role after being approached Wiwchar.



SUPPLIED PHOTO

The Manitoba Baseball Hall of Fame and Museum has hired Jim Mutcheson as its new administrator and manager.

"It was like a golden opportunity was asked of me. I was looking for something to occupy my time in retirement, and this seemed like a no-brainer to apply for this position," he said.

His immediate goals are to get a sense of the operation and deal with any general improvements.

"First would be to get an overall picture of the daily operations of the hall of fame and work towards making general improvements with the guidance of the board of directors. Joe has agreed to mentor me through the introductory phase which will make the

transition a lot easier."

Looking ahead though, he does have a list of things he would like to see happen, including "to be able to expand the hall of fame and upgrade viewing and all of its artifacts. Like tablets, touch screen computers and so forth."

"We're very fortunate that we've got a local Morden person who is interested in taking over from Joe Wiwchar," noted Giesbrecht, who also paid tribute to Wiwchar. "He's done a tremendous job for us in establishing that facility, and it's first class."

## Baseball Hall of Fame unveils next round of inductees

By Lorne Stelmach

Eight individuals and four teams will be inducted next year into the Manitoba Baseball Hall of Fame in Morden.

The 25th induction banquet will take place next June 3 at the Access Event Centre, and it will celebrate what directors see as yet another impressive list.

"I think the quality of the candidates each year surprises us," said board chair Dan Giesbrecht. "We're delighted with this year's nominations and the people we're going to be inducting. This is a strong class."

"It's interesting that it reflects a number of eras ... it's a wide range," he observed.

"Baseball in Manitoba has a very rich heritage, dating back to, I believe the 1890s, so there's lots of people who have been involved in various roles throughout the years," Giesbrecht continued. "We know so many

people have dedicated a significant part of their life first of all in playing the game and also making sure that the game has continued to grow by taking on various roles."

The individuals to be inducted are Corey Billaney of Boissevain, Jeff Bouchard of Winnipeg, Junior Brake of Boissevain, Keith Carriere of Winnipeg, Patti Hacault of Holland, Laurie Langrell of Warren/Winnipeg, Thomas Smith of Steinbach (deceased) and Todd Smith of Hamiota (deceased).

The four teams are the Minnedosa Mavericks of 2006-2015, the Reston Rockets of 2009-2013, the Hamiota Juvenile Royals of 1966 and the Norwood Community Club juvenile/junior teams of 1953-1956.

Here are brief highlights of each inductee:

- Corey Billaney: He has been inducted three times as a member of teams. In 27 of 28 seasons from 1990 to 2017, he played in at least one of the championship tournaments for Mani-

toba, western Canada and Canada.

- Jeff Bouchard: He was part of teams that won six consecutive league championships, six consecutive provincial senior championships and one Western Canadian championship.

- Junior Brake: He was an outstanding pitcher in senior ball for 25 years and was part of a Boissevain team that won their league championship nine times and were provincial senior AA champions on four occasions.

- Keith Carriere: With Legion 141 in the Manitoba junior league, he made three all star teams. He was a perennial all star in both the Red Boine League and the Winnipeg Senior League.

- Patti Hacault: She has coached many teams in Holland, Treherne and Pembina Hills and held numerous executive positions. She is widely credited for advancing girls baseball in the province and in 2011 was selected Baseball Manitoba's volunteer of the year and Sport Manitoba's volunteer of the year. In 2017, she was inducted

into Baseball Manitoba's Honour Society.

- Laurie Langrell: With the Balmoral Orioles in the Winnipeg Senior League in 1967, he was both league batting champion and MVP. He hit .407 and stole 25 bases.

- Thomas Smith: He had not played sports until at age 21 when he had to have one of his legs partially amputated. In mid-1950s, he organized little league baseball, and he did everything as he coached, organized fundraisers, took boys to out-of-town games and tournaments.

- Todd Smith: He was arguably the best shortstop ever to play in the Manitoba Senior Baseball League, having competed in eight provincial championships, nine Western Canadian championships and five national championships.

- Norwood Community Club: the team won various city and provincial



# CWE returns to Morden Nov. 26

By Lorne Stelmach

It's difficult to imagine that Davey Boy Smith Jr. would have ended up doing anything else other than professional wrestling.

He grew up in that world in being born into the famous Hart family, who were long synonymous with the sport.

He is the grandson of the patriarch Stu Hart and son of the original British Bulldog, a nickname he now has adopted, but the connections go even further in being a nephew of the legendary Bret Hart and Owen Hart, among others.

With so much history and legacy there, it seemed pre-destined, for Smith, who will be a headliner when the CWE comes to Morden Nov. 26.

"I didn't know anything different, so it was normal for me but probably not normal to the average kid growing up," said Smith. "We had all kinds of guests like Andre the Giant coming through the house ... training alumni, guys like Superstar Billy Graham coming through here all the time.

"I took to wrestling like a fish to water, and I have enjoyed it, all aspects

## > HALL OF FAME, FROM PG. 24

championships from 1953 to 1956.

- Minnedosa Mavericks: the team won 10 straight championships between 2006 and 2015, and for six years, 2006-2011, they never lost a game in league or playoff competition.

- Reston Rockets: The team became a force in Manitoba senior AA baseball early in the 2000s. In 2007, they joined the Manitoba Senior Baseball League and from 2009 to 2013 they won two pennants (2010, 2011) and two championships (2011, 2013).

- Hamiota Royals: The juvenile team of 1966 were western Canadian champions.

In addition, the hall of fame is also awarding an honorary life membership to Gladwyn Scott.

After the hall of fame's induction banquet in the spring of 2022, the board decided that next year it would announce Scott had been selected an honorary life member. However, by August 2022, it became clear his health was failing quickly, so a small celebration was arranged on Scott's front lawn.

Scott was the man most responsible for the establishment of the hall of fame, and a tireless worker on behalf of the organization.

Tickets for the banquet are available through the Manitoba Baseball Hall of Fame website at [www.mbhof.ca](http://www.mbhof.ca).

of it," he said. "As long as I can remember, I was a huge wrestling fan growing up, of course ... I was definitely always infatuated with it, and I took it on as my career."

Smith is making his debut with the CWE (Canadian Wrestling's Elite) as part of what's dubbed the Point To Prove tour in Saskatchewan followed by the Rumble To Remember tour with three stops in Manitoba.

Smith comes to the CWE not only as a second generation superstar but with an extensive wrestling resume that includes having been a multiple time WWE tag team champion, and he still gets as much of a charge from getting into the ring.

"It's getting that adrenaline from the fans when you go entertain in front of an audience," said Smith.

"When you're able to orchestrate and dictate their emotions out there ... the live audience, the reaction that you can get from them, anybody you speak to, that's the most important thing. You can't get a better sensation than that," he said. "They feed off your energy, and you feed off their energy."

**"THE LIVE AUDIENCE ... THEY FEED OFF YOUR ENERGY AND YOU FEED OFF THEIR ENERGY."**

There of course is a lot of work and training that goes into it behind the scenes.

"I take my profession very seriously, and I consider myself a professional. I've trained in all kinds of different fields, cross training to be a better wrestler and athlete, be the best I can possibly be," Smith said.

"The travelling to me sometimes is the least favorite part of it and the hardest part, but going to the gym at six in the morning to train hard and challenge myself and push myself to the limits, to me that's a reward, that's awesome.

"I think that wrestlers are the hardest working performers out there because it's physical, it's demanding ... so kudos to all of the professional wrestlers out there."

And Smith now enjoys coming to smaller centres like Morden.

"I like being anywhere in Canada pretty much ... but this will be my first time coming to Morden," he noted.

"It's fun and it's interesting to me ... when I travel, I try to make the best out of every travel situation that I can ... I'll look for unique restaurants



SUPPLIED PHOTO

Davey Boy Smith Jr.—the British Bulldog—wrestles in Morden Nov. 26.

... see what's special about whatever town or city."

At this point, Smith sees himself continuing with wrestling as long as possible.

"I keep myself very fit, very in shape ... knock on wood, I haven't had any career debilitating injuries thankfully ... and I actually feel like I'm in better shape than I ever have been," he said.

"I would like to continue as long as I can, and after that, maybe pursue having a wrestling school ... but for now, I'm ready to keep going."

Ticket information for next week's matches can be found at [cwtickets.com](http://cwtickets.com).

## Criminal Record/Vulnerable Sector Check process changes at local detachments

By Voice staff

The Pembina Valley Area RCMP detachments are making some changes to their Criminal Record/Vulnerable Sector Check (CR/VS) process.

Effectively immediately:

- Applications will be accepted at the Carman, Morden, and Manitou detachments on Wednesdays only.

- Identification must be verified in person and payment completed prior to applications being processed.

### > WESTERN SD, FROM PG. 11

group that we have ... it's a combination of some experience and some new voices, new ideas, new perspectives.

"There's lots of exciting things that are going on, lots of balls in the air right now," said Fransen. "In the next couple of months, what we are going to be focusing on is getting our board up to speed on where all of our projects are at now.

"What we've done over the years

- Forms are available by email if a request is submitted to [DMorden@rcmp-grc.gc.ca](mailto:DMorden@rcmp-grc.gc.ca).

- Fee for a basic CR/VS check is \$10, payable only in exact cash.

- Volunteers may have the fee waived if the organization will provide a letter for the applicant. This letter must be on the organization's letterhead, dated, have the applicant identified, and be signed by the organization. Letters with blank lines for dates/names will not be accept-

ed.

- Results for the CR/VS applications will be ready for pick up within two weeks from the date payment is received and may be mailed out if requested at time of application.

If you have any questions, contact your respective detachment: Carman RCMP at 204-745-6760 (open 8:30 a.m. to 4 p.m.), Morden RCMP at 204-822-4476 (open 9 a.m. to 4:30 p.m.), or Manitou RCMP at 204-242-2017 (open 10 a.m. to 2:30 p.m.)

actually is very intentionally run our four year cycle of board priorities planning so that the last year works into the first year after the election," he noted.

"Within this first year, we can hear reports on how everything has been working, as we look forward to the next four years ... what is our board priorities plan going to be for the next four years after this, so we are getting into that next cycle."

Guenther will serve as vice-chair for the 2022/2023 year. Other committee appointments are as follows:

- Liaison: Wolfe and Burley.
- Negotiations: Guenther and Fransen.
- Red River Technical Vocational Area: Guenther and Hawryshko.
- Governance: Fransen and Burley.
- Communications: Wolfe and Hawryshko.

# Winkler curler earns berth at 2023 Viterras

By Lorne Stelmach

A young Winkler curler is looking forward to having the opportunity to compete for the provincial championship this winter.

Reece Hamm is part of the foursome skipped by Jordon McDonald which recently won the first available berth to the 2023 Viterra men's provincial curling championships in Brandon Feb. 7-12.

They defeated Cale Dunbar's rink 5-4 then Jeff Stewart 7-6 and Kelly Marnoch 8-2 in the final in Minnedosa to earn the spot, and it has Hamm excited about the potential for them to make some noise at the championships.

"We're hoping we can keep everything tight and do really well," said Hamm, who has been to the provincial championship the last two years, first with a different team and then again last year with three members of the current foursome that includes second Elias Huminicki and new lead Cam Olafson.

"We are hoping to be seeded a little bit better this year. I think we've proven that we can face these men's teams. We've been at a couple men's events, and we've done pretty well," he continued. "We're very excited to get to go Viterra again. It's always such a



**SUBMITTED PHOTO**  
Team McDonald includes lead Can Olafson, second Elias Huminicki, third Reece Hamm, and skip Jordon McDonald. Last week they earned a spot at the Viterra championships taking place in Brandon in February.

great provincials to go to with a lot of great teams.

"So to go with them again this, I think we're going to do really well. We're hoping to maybe make the top eight or so ... that would be a major accomplishment, I think."

The team seems to be building some

momentum this season as they've competed in and won three Manitoba Junior Curling Tour events with the latest being the Heather Curling Club championship.

Thus far, they are 16-0 on the season in their junior events, and they saw that success carry on in Minnedosa.

"Everybody just really came out to play, and we all shot our best that we've ever done, and against these men's teams, you definitely have to come out and play your best," Hamm added. "We're doing pretty well on the junior front, and on the men's, we're slowly gaining our footing."

He sees a couple key things behind their success on the ice.

"I think it's just that everybody has the same commitment level. We all try to get out on the ice as much as we can," he said. "Myself, here in Winkler, I know the icemakers and the people who run it quite well. They let me go out there and throw rocks, and I know the guys do the same in the city."

"It's always really good to have a team practice every week ... practicing, as much as you can, definitely is a big help," he continued. "The chemistry on the team is so good so far. You need a good group of guys that you enjoy playing with and have a lot of fun with in order to have success."

"We all started at a young age, even playing against each other," he concluded. "We've all known each other for a lot of years, and this year playing with each other has been great. It's not like we have to get to know each other because we know each other pretty well already."

## > MASON FARMS, FROM PG. 20

We have a lot fun naming calves."

For Darcy, the perks of dairy farming remain close to home — and close to his heart.

"The best thing about dairy farming is being your own boss and working with family. I also enjoy working with the animals and spending time outdoors," he said, adding that it can be a challenge sometimes to work with Mother Nature.

"As nice as it is to work closely with the environment, the extreme weather events like flooding and drought can be challenging."

And for Lanna, her favourite part of the job involves interacting with the cattle.

"We make a real connection with them. We are part of their lives since birth. We name them and spend so much time with them over their life. You develop a strong bond," she

said.

"That is also the most challenging part for me. I grow pretty close to a lot of the cattle, so when it comes time make the decision to sell one or they become sick or even die, I find that part very difficult."

Beyond the farm, the positive ripple effects of dairy farming are clear to see.

"The benefit of drinking milk is that it's a great source of calcium, which is beneficial for growing kids and people of all ages to help support bone health. Milk is also a great source of protein and contains 15 essential nutrients," Lanna said.

"As for the economic spinoff in Manitoba, there are 6,269 jobs created by the dairy industry. It's amazing to think about how many people our farm helps to employ, even if only in a small way."

The future Mason Farms looks

bright to the hard-working family, who take time to reflect on more than seven decades in the industry.

"We feel extremely proud to have been able to grow the farm to what it

is now," Darcy said.

"And we hope that my grandparents would be proud of what we've accomplished in the past 75 years."



The Masons use a robotic system to milk their 60 cows.

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### AMAGAMAITON



## NOTICE IN RESPECT OF AN AMALGAMATION TO MEMBERS OF ACCESS CREDIT UNION LIMITED (the "Credit Union")

### TO: ALL MEMBERS OF THE CREDIT UNION

**TAKE NOTICE THAT** the Board of Directors of the Credit Union have, in accordance with the Act, resolved at its October 28, 2022 meeting to approve the Amalgamation Agreement and unchanged Articles and Bylaws for a proposed amalgamation of the Credit Union with Carpathia Credit Union Limited ("Carpathia"). Carpathia's members will have the opportunity to vote on this proposed amalgamation at a Special Meeting called by its Board of Directors. Access' members will not have the opportunity to vote on this proposed amalgamation because the assets of Access, as valued at the end of its most recent fiscal year, represent 90% or more of the total assets of the proposed amalgamated credit union.

Questions from members regarding the amalgamation resolution can be submitted to Myrna Wiebe, Corporate Secretary at myrna.wiebe@accesscu.ca.

### BOARD-APPROVED SPECIAL RESOLUTION

The following Special Resolution was approved by the Board of Directors of Access on October 28, 2022:

*"WHEREAS the Board of Directors of the Credit Union has recommended that the Credit Union amalgamate with Carpathia Credit Union Limited ("Carpathia") in accordance with the provisions of the Amalgamation Agreement made between the Credit Union and Carpathia, dated October 28, 2022 (the "Amalgamation Agreement");*

*AND WHEREAS it is in the Credit Union's best interests to enter into the Amalgamation Agreement and to amalgamate with Carpathia on the terms and conditions set out therein;*

**NOW THEREFORE BE IT RESOLVED AS A SPECIAL RESOLUTION OF THE CREDIT UNION THAT:**

1. The execution of the Amalgamation Agreement by the Credit Union be and it is hereby ratified and confirmed;
2. The amalgamation of the Credit Union with Carpathia on the terms and conditions set out in the Amalgamation Agreement be and it is hereby approved."

### SUMMARY OF THE AMALGAMATION AGREEMENT

An Amalgamation Agreement, dated October 28, 2022, has been approved by the Boards of Directors of the Credit Union and Carpathia. The agreement provides for the amalgamation of the Credit Union and Carpathia into one credit union, to be effective on July 1, 2023. The credit union resulting from the amalgamation will be called Access Credit Union Limited and will have its registered office in the Rural Municipality of Stanley, Manitoba.

Following amalgamation, all members of the Credit Union and Carpathia will be members of the amalgamated credit union and all deposits and shares of or loans owing to either of the predecessor credit unions will be deposits or shares of or loans owing to the amalgamated credit union. The common shares and surplus shares of each of the Credit Union and Carpathia will become the common shares and surplus shares of the amalgamated credit union on a one for one basis.

### RIGHT OF DISSENT

**TAKE FURTHER NOTICE THAT**, under the provisions of Section 127 of *The Credit Unions and Caisses Populaires Act*, members have the right to dissent to the proposed amalgamation. To dissent, a written objection to the amalgamation must be submitted to the Registrar (Financial Institutions Regulation Branch) within 15 days following this notice.

**DATED** this 17th day of November 2022  
**ACCESS CREDIT UNION LIMITED**  
By Order of the Board of Directors

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**Reporter/Photographer Wanted**

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

**Qualifications:**

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Please forward your resumé along with three writing and photography samples to:

Lana Meier  
Email: [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)  
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# Announcements The Winkler Morden Voice

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**BIRTHDAY**



**Helen McAfee**

Congratulations to Helen McAfee who celebrated her 100th birthday on September 16th. In addition to marking the occasion with a gathering of family and friends, Helen was privileged to receive a 100th birthday certificate from Queen Elizabeth II. Helen's long life can be attributed to her unshakeable faith, her commitment to service and a spirit of kindness and generosity that she shares with everyone around her. We are all blessed by knowing Helen and uplifted by her presence. Happy 100th Helen!

-Love, your family

**IN MEMORIAM**



**Kristine Friesen (née Penner)**

**December 13, 1933 to November 20, 2018**  
It has been four years since we lost our dear wife, mother, grandmother and great-grandmother. The seasons come and go but she is not forgotten. Gifted with creativity and a spirit of generosity, Kristine lived life to the fullest no matter her circumstances. We miss her dearly but continue to take comfort that she is in the presence of our Lord and Saviour, Jesus Christ. In her memory, please read one of her favorite Bible passages, Psalm 103.

**OBITUARY**

**Oddney Sager**



It is with deep sadness that we announce the sudden passing of Oddney Sager on November 5, 2022.

Oddney is survived by her loving husband Howard; her three children Stephen (Jennifer), Wayne (Shelley) and Jennifer; her grandchildren Bailie (Eric), Riley, Abbey (Aleksei), Beau, Michael, Owen, Easton, and Mitchel.

Oddney Sager nee Olafson, was born October 31, 1942 to Bill and Ranka Olafson. She was the youngest of six children. Raised in the Icelandic community of 1-6, south of Morden, Oddney always referred to this area as "God's Country". Oddney attended elementary school in 1-6 and high school in Morden. After graduating, she worked at the Royal Bank of Canada in Winnipeg for a year until her mom and dad convinced her to go to nursing school. She trained as a Licensed Practical Nurse at the Misericordia. She then went to work at the Ninette Sanatorium before ultimately moving back to Morden and dedicating her career to the Morden Hospital.

Oddney was very sports minded and was extremely competitive. She loved all sports especially baseball, curling, ringette and hockey. During her younger years, she played for Lindal Ball Club and was a proud left-handed back catcher. While playing at one of the multiple travelling tournaments in Southern Manitoba, she caught the eye of a young Howard Sager. They courted for three years before getting married on November 2, 1963. Howie and Oddney lived in the town of Morden for two years before moving back to the Sager family farm where she lived the rest of her life.

Oddney loved her children dearly and would always say to "call her 24/7 and she'd be there for them no questions". She supported and encouraged her children to do their best and follow their dreams. If they ever fell short, she encouraged them to continue going and challenged them to be the best version of themselves. All she wanted was for her children to be happy and was always proud of them.

She loved living on the farm and was proud to be a farmer's wife. Some of her fondest memories were with her family. She enjoyed skating on the pond, playing pick-up baseball, practicing her chipping skills for golf, bird watching, fishing in the ponds, playing on the hay bales, collecting rocks, and bonfires. She was passionate about her gardens where she grew her favourite flower, Zinnia's.

She enjoyed her free time and doing the things she loved such as: lunch with friends, enjoying a cold beer or two at the Legion, playing the piano, sewing, Sudoku, crossword puzzles, and baking for her family and friends using her famous "secret" recipes. Her puffed wheat cake, Sunday morning pancakes, butter tarts, and raspberry jam will all be missed. Oddney was fortunate enough to travel to various places across the world. Some of her favourites included two trips to Mexico with her family, Hawaii and Taipei.

Oddney dedicated her life to helping those around her including: the 1-6 community, City of Morden, the Legion, Royal Purple and supporting Howie with the Elks. Oddney enjoyed coaching and managing various sports teams and volunteering at special events such as the Manitoba Men's Curling Championships and sport provincials. In 2013, Howard and Oddney were awarded the Outstanding Sport Volunteer for the City of Morden. She won many championships in curling, golf, ringette and baseball. In 2019, her most recent accomplishment was the Sager Family induction into the Manitoba Baseball Hall of Fame.

Known as both Amma and Grandma, Oddney could not be more proud of her eight grandchildren. Oddney enjoyed watching her children and grandchildren participate in all their events. She was their biggest cheerleader.

Daily walks and frequent coffee times with family and friends were a regular part of her life. Oddney had many nieces and nephews, all special to her as were their families.

Oddney is survived by her sister Anna; brothers-in-law Mack, Gordon and Ted; sisters-in-law Sharon, Ruth, Betty and Betty.

Oddney is predeceased by her sister Sally; her brothers Jack, John and Paul; her brothers-in-law Harold, Lawrence, Donald, Bill and sisters-in-law Gladys, Ruth and Evelyn.

We would like to thank the staff of the Boundary Trails Health Centre and the Emergency Response Team for their wonderful care and empathy.

In lieu of flowers, donations can be made to the Pembina Valley Child Care Centres Inc. They are located at 5 Rampton Street, Morden, MB, R6M 1V8. (etransfer - srichards.pvccc@outlook.ca.)

She lived by positive quotes that she kept over the years and shared with many of us. On her bedside table, she had a book by Declan Coyle, The Green Platform. Her favourite quote from the book was, "If it is to be, it's up to me".

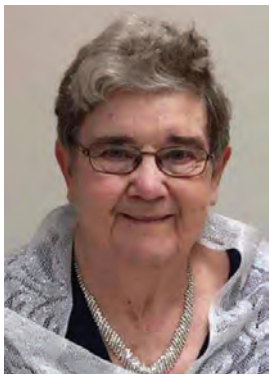
In keeping with her wishes, cremation will take place and a Celebration of Life will be held on Sunday, November 20, 2022 at 2:00 p.m. at the Morden Royal Canadian Legion 285 N Railway Street.

No one wants to say good-bye and it is always too soon. Our Oddney, Mom, Grandma and Amma will always be missed.

"Mom, you left us beautiful memories, your love is still our guide, although we cannot see you, you're always at our side".

**OBITUARY**

**Anne Falk (nee Rempel)  
1940 - 2022**



On Friday, November 4, 2022, with her children and husband at her side, Anne Falk went to be with her heavenly Saviour, just shy of her 82nd birthday.

Anne was born on December 21, 1940 in the village of Neuenburg in the RM of Stanley. As a teenager, she accepted Christ as her Saviour. On August 7, 1960 she married Edward Falk and together they raised four children, spending most of their married years in Winkler. Anne loved to minister to children and spent countless hours making puppets and writing puppet shows that she could present at church. She was a long-time volunteer in her church's AWANA children's ministry program and memorized all the verses along with the kids.

Anne was predeceased by her parents, Peter and Helena Rempel; brother, Peter Rempel and sisters, Helena Driedger and Susie Penner.

She leaves behind her husband, Edward Falk; children, Ramona (Harry) Hirsch, Leander Falk, Emery (Christine Klassen) Falk and Duane (Christina) Falk; grandchildren, Jonathon (Julie) Hirsch, Julianne (Noah) Friesen, Samuel, Noah, Gabriel and Mia Falk as well as numerous siblings, nieces, nephews and cousins.

Memorial service was held on Saturday, November 12, 2022 at the Winkler EMMC with interment prior at Westridge Memorial Gardens.

The family would like to say a special thank-you to all the staff at Boundary Trails Health Centre for how they cared for mom over the last few months and the amazing care she and the whole family received in the palliative care unit over this last week.

Donations may be made in Anne's memory to the Winkler EMMC designated to Kidmin Truth & Training Fund.

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## OBITUARY



### Sarah Buhler (nee Janzen) 1925 - 2022

It is with great sadness that the family of Sarah Buhler announces her passing on Monday, November 7, 2022 at the age of 97.

Sarah is lovingly remembered by her five children, Verna (Ed) Hoepfner, Rosella (Ed) Dueck, Leonard (Debbie) Buhler, Sharon (Neil) Klippenstein, Christine (Tony) Penner. Sarah will also be fondly remembered by her 21 grandchildren, 14 with spouses, 44 great grandchildren and also one sister, Mary, and one brother, Chuck (Linda), three sisters-in-law. She was predeceased by her husband, Isaac, her parents and seven brothers.

Sarah was born August 19, 1925, to parents, Jacob and Sara Janzen. She grew up in Rosengart with eight brothers and one younger sister. Being the oldest daughter, Sarah helped with the

many household chores and the sewing. She attended the Rosengart elementary school, as well as the community Sunday School, choir practices and Jugendverein (youth meetings). In school she joined the 4-H club, where she became a leader of the sewing club. Their family attended the Rhineland EMMC church where she took catechism classes and was baptized upon confession of her faith June 1, 1946. Sarah married Isaac in October 1949. They lived in Haskett for the next 59 years and became involved in the community. They joined the Blumenort Church when they married and transferred to the Bethel Bergthaler Mennonite Church in 1964, where they were very active for many years. In November 1984, they moved to Winkler and lived there for 25 years. Isaac was diagnosed with cancer and went to be with the Lord July 1, 2009. At this time Sarah moved to a Sun Vista condo. Through these years, Sarah received much joy in being hospitable; sharing her good cooking with family, friends and care group. She also sewed many receiving blankets for grandchildren, great grandchildren and church baby showers. The grandchildren received hand quilted baby blankets as well. She also sewed many gifts along the way, like tote bags, pillows, potholders and many more. Sarah spent six months in Swan Lake Hospital before moving to Salem Personal Care Home on May 29, 2021. She made many new friends along the way. She felt very loved by the residents of Salem and all her caregivers. She was a huge encourager to everyone around her. Sarah was a prayer warrior for her family, praying for each one by name every morning. She loved the Lord and took much comfort in Matthew 28:20 "And behold I am with you always to the end of the age", remembering this in the difficult and also the lonely moments in life. She also spoke of this verse in her last days. Sarah will be sadly missed by everyone here on earth. She left us with a huge example of caring and loving others. She eagerly anticipated passing through the pearly gates to meet Jesus face to face.

Funeral service was held on Saturday November 12, 2022 at Bethel Bergthaler Mennonite Church with interment at Westridge Memorial Gardens.

Sarah's family would like to thank the wonderful staff at Salem for the excellent care they provided until the end.

Wiebe Funeral Home, Winkler  
In care of arrangements  
[wiebefuneralhomes.com](http://wiebefuneralhomes.com)



## OBITUARY



### Arthur Frank Sawatzky 1937 - 2022

Art Sawatzky of Winkler, Manitoba died peacefully on Friday November 4, 2022 after a short time at Boundary Trails Health Centre at the age of 85.

He was predeceased by his mother, Margaret Sawatzky in 2007 and his father, Frank Sawatzky in 1939. Art was one and half years old when his father died. He was a member of the Winkler Mennonite Brethren Church. Art grew

up in Gnadenthal and attended the Gnadenthal school until grade 10. He and his mother then moved to Gretna so that Art could take his grade 11 & 12 at MCI. Art had a passion for teaching and this led to a successful career as a teacher. His career started in 1956 to his retirement in 1992. Even after his retirement Art continued to substitute teach and tutor students that needed some extra help. Many of his former students have memorable stories of Mr. Sawatzky teaching at their school. These stories include the wonderful Christmas concerts directed by Art; even his mom would come to the school to help the students rehearse their lines and get things ready for the concert. Sports: Art was very passionate about sports. He was a fanatic of hockey and baseball. This rubbed off on his students too. Whatever school he was working at Art would constantly be thinking of ways to improve the community ice rink or baseball diamond. This was especially true for Chortitz. He was legendary for his contribution in setting up the Chortitz skating rink and warm-up hut. This was a major accomplishment together with his students and appreciated by the surrounding community. Art was a lifetime Executive Member of the Winkler Minor Hockey League. This was an honorary position and in 1982 he received an Outstanding Service award for his involvement in the Winkler Minor Hockey League. He was also the timekeeper for the Winkler Flyers hockey team. Art's love for baseball led him to coaching the Winkler Hawks for several years. He really did love these two sports. Art loved to go to his garden in Gnadenthal to see how his plants were growing, especially his tomatoes. Art really loved his garden tomatoes. He always said he would have liked to be a farmer. He liked to look at the Peters fields and always wanted to know how the crops were doing. Art did become a farmer of sorts - a bee farmer. He ventured into learning all about bees and this often required the help from his cousins. He would explain to them in great detail how the bee operation worked. Art loved to read books and even wrote some poetry. He was a great historian and knew many facts on various topics. He loved to share his knowledge and visit with people. Art moved into the Buhler Active Living Center in 2016 and in January 2021 he moved to The Villages on 2nd floor in Buhler where he could receive extra care. Art really enjoyed getting know the staff and visiting with them. He had many great things to say about Silver Lining Care and appreciated the care he got there.

Art is survived by his Aunt Mary Fehr from Winnipeg, his Aunt Susie Harms from Abbotsford, B.C. and his Peters and Sawatzky cousins.

The family would like to thank Silver Lining Care at Buhler Place for the excellent care Art received while he lived there. Art, we will miss you and your stories.

Psalm 136 :2 Give thanks to the God of gods. His mercy endures forever.

Memorial service was held on Thursday, November 10, 2022 at the Winkler Mennonite Brethren Church with interment prior at the Gnadenthal Cemetery.

Wiebe Funeral Home, Winkler  
In care of arrangements  
[Wiebefuneralhomes.com](http://Wiebefuneralhomes.com)



## COMING EVENTS

### Fundraiser

Valley Mennonite Academy  
Chortitz

Dine-in and Take-out  
Soup & Pulled Pork & Pie

Sat., Nov. 26 4:30 - 7:00 PM

Sommerfeld Mennonite Church  
189 2nd St., Winkler, MB

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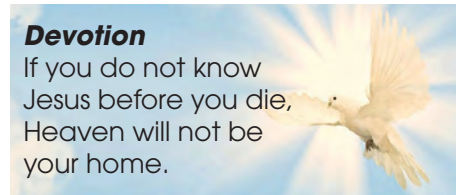
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# MCC Thrift Shop gave back \$455K in 2022

By Ashleigh Viveiros

The board of directors for the MCC Winkler Thrift Shop reported on a successful year of sales and giving at its annual general meeting last month.

The 4th St. store saw similar sales numbers in the 2021-2022 fiscal year as in the year before—about \$775,000.

Board chair Dave Penner noted that number has dropped a fair bit in recent years as the Morden-Winkler area has welcomed an increasing number of new thrift stores.

But thanks to the army of volunteers who keep the shop running, alongside three paid staffed members who work to keep costs low, the store was still able to send a substantial amount of funds to Mennonite Central Committee Manitoba in support of its global relief efforts.

“MCC Manitoba got \$425,000 this year, even though we had only bud-

geted for \$375,000,” Penner noted. “They use some of it for some projects here in Manitoba but most of it goes on to MCC Canada, who help around the world.”

The Christian agency works with local churches in numerous countries to provide shelter, food, and other support to people in need.

Locally, the store distributed another \$30,000 to a variety of local projects and causes, including sponsoring flights for Ukrainian refugees. They were able to help bring 39 people, both kids and adults, to the area.

When it comes to local giving, the store tries to find projects “that help people,” Penner explained.

So when they were approached by representatives from Sixteen13 Ministry about supporting their work in bringing Ukrainian families fleeing the war with Russia here, the board pulled together \$10,000 to help.

“A lot of us are Mennonite on the board and so this is so close to us,” Penner said, referring to the Mennonite heritage of finding safe haven in Canada themselves.

## A FEW TRYING YEARS

The past couple years of pandemic restrictions have been trying ones for everyone, Penner observed, but



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Winkler's MCC Thrift Shop board chair Dave Penner said the past year was a solid one for the store, which meant they were able to send \$425,000 to MCC Manitoba in support of global relief efforts and also give back \$30,000 to local projects.

staff and volunteers rallied to make it through.

“It was a real struggle,” he said, sharing the store was closed for a total of 11 weeks in 2020 and struggled with limited occupancy through 2021. “But regardless, we still did very well.”

Penner attributes the store's success not only to its management but also the hundreds of volunteers who help keep things running.

“We have anywhere from 250-300 active volunteers right now,” he said. “They're key.”

Key as well is the community at large—both by providing quality donations and choosing to shop at MCC.

“Thank you so much for volunteering, for donating product, and thank

you very much for shopping, because we need all three to make this work,” Penner stressed.

This community support has allowed the store over the last nine years to send nearly \$4.2 million to MCC Manitoba and to grant out \$203,000 to local causes.

Looking to the future, the store plans this coming year to finish renovations on the east and south ends of the building, completing the exterior renewal process they began a few years ago.

The board also approved its budget for the year ahead, with plans to send \$375,000 to MCC Manitoba through the year and an allocation of \$35,000 for local grants.

“THANK YOU SO MUCH FOR VOLUNTEERING, FOR DONATING ... FOR SHOPPING.”

# Pfizer vaccine approved for kids under four

By Voice staff

Manitoba Health advises that a Pfizer infant vaccine was recently recommended for use in children aged six months to four years old.

This vaccine is being distributed to clinics, pharmacies, and vaccine sites across Manitoba and should be available as early as this week.

The Pfizer infant vaccine is a three-dose series. Each dose should be given at least eight weeks apart.

Most parents and caregivers who make a first vaccine appointment for a child in this age group should expect the Pfizer infant vaccine will be offered.

It is recommended that, whenever possible, children receive the same vaccine for each dose. The remaining provincial stock of the Moderna infant vaccine will be used as second

doses for those who received that vaccine as a first dose.

The National Advisory Committee on Immunization also strongly recommends the Moderna infant vaccine

for immunocompromised children.

Appointments can be made online at [protectmb.ca](http://protectmb.ca), by calling the vaccine call centre at (toll-free) 1-844-626-8222, or by contacting medical clinics

and pharmacies directly.

Children must be at least six months of age at the time of their immunization appointment.

## > CLINICAL TEACHING UNIT, FROM PG. 2

The City of Winkler has provided \$1,000 annually to the program since 2014, and the funds have been used to help maintain and furnish the apartments.

Penner noted an average of 65 to 85 medical students and residents rotate through the CTU program, so a good experience while they are here can have an impact.

“All of those people are housed in the Winkler and Morden area,” he said. “And many of our more recent

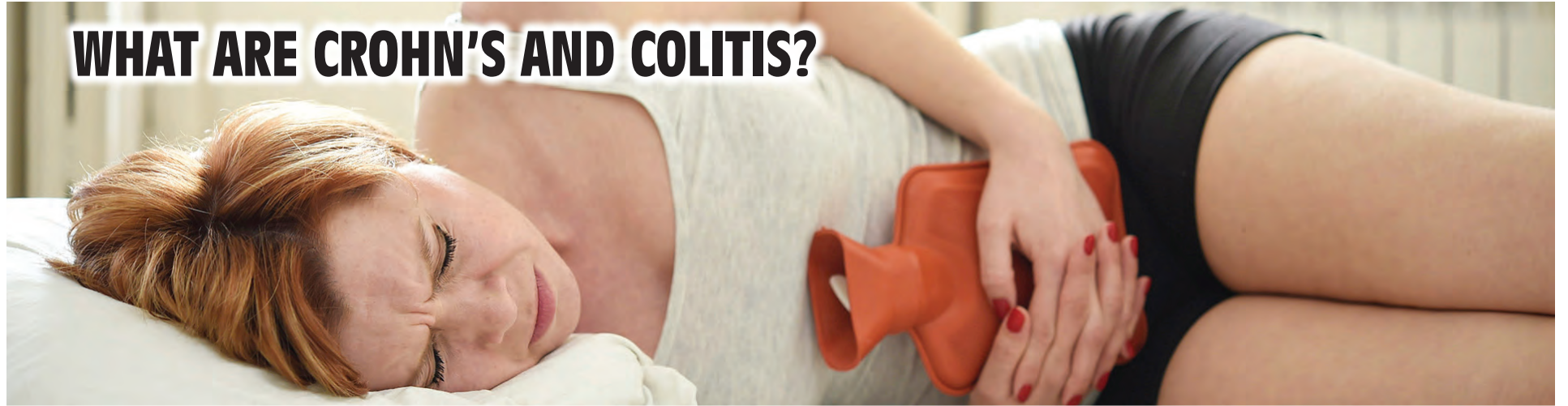
crop of physicians have stayed in these locations in these apartments over those years at one time or another in their training before actually making this area their home. So it's an important part of that whole program.

“I think that experience travels pretty quickly by word of mouth throughout that community, the residents and the med students,” he added. “And I think that experience plays a pretty significant role in re-

cruiting physicians ultimately to the area, whether it's Winkler or Morden.”

Given the ongoing concerns about recruitment and the need for more family doctors, it is vital to do everything possible, Penner stressed.

“That's certainly a concern here right now, and we think that the support of this grant [from the City] helps to maintain those facilities and provide a quality experience for these people when they come out.”



# WHAT ARE CROHN'S AND COLITIS?

## WHAT ARE CROHN'S AND COLITIS?

Inflammatory bowel disease (IBD) describes a group of conditions, the two main forms of which are Crohn's disease and ulcerative colitis. IBD also includes indeterminate colitis.

Crohn's disease and ulcerative colitis are diseases that inflame the lining of the GI (gastrointestinal) tract and disrupt your body's ability to digest food, absorb nutrition, and eliminate waste in a healthy manner. These are lifelong diseases and people can experience acute periods of active symptoms (active disease or flare), and other times when their symptoms are absent (remission).

Signs and symptoms can include abdominal pain and cramping; severe diarrhea; rectal bleeding; blood in stool; weight loss and diminished appetite.

The exact cause of Crohn's disease and ulcerative colitis remains unknown, and as a result, there is no cure for these diseases. Causes and risk factors of Crohn's and colitis include genetics, the environment, and microbiome.

## WHAT IS CROHN'S DISEASE

Crohn's disease is named after the doctor who first described it in 1932 (also known as 'Crohn disease'). Inflammation from Crohn's can strike anywhere in the gastrointestinal (GI) tract, from mouth to anus, but is usually located in the lower part of the small bowel and the upper colon.

Patches of inflammation are spread out between healthy portions of the gut, and can penetrate the intestinal layers from inner to outer lining.

Crohn's can also affect the mesentery, which is the network of tissue that holds the small bowel to the abdomen and contains the main intestinal blood vessels and lymph glands.

Crohn's disease can be controlled with medication and reduce the chance of a disease relapse. In severe cases, surgery of the small or large intestine may be required to manage the disease.

## WHAT IS ULCERATIVE COLITIS

Ulcerative colitis is more localized in nature than Crohn's disease. Typically, the disease affects the colon (large intestine) including the rectum and anus, and only invades (inflames) the inner lining of bowel tissue. It almost always starts at the rectum, extending upwards in a continuous manner through the colon.

Colitis can be controlled with medication and in severe cases can even be treated through the surgical removal of the entire large intestine.

Indeterminate colitis is a term used when it is unclear if the inflammation is due to Crohn's disease or ulcerative colitis.



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